

Prueba 1
22/11/2025

Masc., 200m Libre

Absoluto Masculino
Resultados

Clasificación	AN		Tiempo	
1. ALONSO DOMINGUEZ, Manuel	00	C.N. Metropole	1:54.63	38,00
50m: 26.96 26.96 100m: 55.64 28.68 150m: 1:25.26 29.62 200m: 1:54.63 29.37				
2. MANZATTO VACCARO, Nicolas	06	Esna Lanzarote	1:54.77	34,00
50m: 26.85 26.85 100m: 56.14 29.29 150m: 1:25.90 29.76 200m: 1:54.77 28.87				
3. CAPLLONCH DE UÑA, Ismael	07	R.C. Naut. Tenerife	1:55.50	31,00
50m: 26.93 26.93 100m: 55.83 28.90 200m: 1:55.50 59.67				
4. GONZALEZ NEGRIN, Aquiles	08	C.N. Teneteide	1:56.16	30,00
50m: 26.84 26.84 100m: 55.83 28.99 200m: 1:56.16 1:00.33				
5. GONZALEZ NEGRIN, Ares	12	C.N. Teneteide	1:56.31	29,00
50m: 27.22 27.22 100m: 56.41 29.19 200m: 1:56.31 59.90				
6. COLODRERO MUÑOZ, Ivan	09	Esna Lanzarote	1:56.60	28,00
50m: 27.40 27.40 100m: 56.62 29.22 150m: 1:26.64 30.02 200m: 1:56.60 29.96				
7. RAMOS DELGADO, Gabriel	05	C.N. Martianez Coral Hotels	2:00.03	27,00
50m: 27.74 27.74 100m: 57.20 29.46 200m: 2:00.03 1:02.83				
8. RAMIREZ MORALES, Sergio C.	03	Cn.Salinas Sta.Lucia	2:00.23	25,50
50m: 27.80 27.80 100m: 57.21 29.41 150m: 1:28.38 31.17 200m: 2:00.23 31.85				
QUILES PEÑATE, Jose Antonio	09	C.N. Metropole	2:00.23	25,50
50m: 27.33 27.33 100m: 57.03 29.70 150m: 1:28.56 31.53 200m: 2:00.23 31.67				
10. GONZALEZ ALONSO, Airam	95	A.D. Santa Cruz	2:01.07	24,00
50m: 27.47 27.47 100m: 57.31 29.84 200m: 2:01.07 1:03.76				
11. GUILLEN PEÑA, Victor	02	C.P.Santa Mª De Guia	2:01.37	23,00
50m: 28.18 28.18 100m: 58.38 30.20 150m: 1:29.69 31.31 200m: 2:01.37 31.68				
12. QUIJADA PEREZ, Saul Alejandro	10	C.D. N. Bentacu-Laguna	2:01.60	22,00
50m: 27.05 27.05 100m: 57.19 30.14 200m: 2:01.60 1:04.41				
13. CHAVARREN CORUJO, Asier	98	C.N. Aguacan	2:01.98	21,00
50m: 27.59 27.59 100m: 57.83 30.24 150m: 1:29.79 31.96 200m: 2:01.98 32.19				
14. AMATI, Nicolo	10	C.N. Los Cristianos	2:02.20	20,00
50m: 27.86 27.86 100m: 58.76 30.90 200m: 2:02.20 1:03.44				
15. HOLZENDORF DIONIS, Thomas	97	C.N. Martianez Coral Hotels	2:02.86	19,00
50m: 27.52 27.52 100m: 58.10 30.58 200m: 2:02.86 1:04.76				
16. DUPUY ESTEVEZ, Lucas	11	C.D. N. Bentacu-Laguna	2:02.90	18,00
50m: 27.94 27.94 100m: 58.77 30.83 200m: 2:02.90 1:04.13				
17. MAÑOJIL CABRERA, Sergio	05	C.N. Aguacan	2:02.98	17,00
50m: 26.75 26.75 100m: 56.21 29.46 150m: 1:28.97 32.76 200m: 2:02.98 34.01				
18. GUADALUPE NEGRIN, Jorge Ramses	03	A.D. Santa Cruz	2:03.53	16,00
50m: 27.72 27.72 100m: 57.92 30.20 200m: 2:03.53 1:05.61				
19. SANCHEZ FERNANDEZ, Gregory	09	C.N. Los Cristianos	2:04.14	15,00
50m: 27.59 27.59 100m: 58.41 30.82 200m: 2:04.14 1:05.73				
20. TOBAL FEBLES, Gabriel	10	C.D. Herbania	2:04.88	14,00
50m: 28.66 28.66 100m: 1:00.21 31.55 150m: 1:33.21 33.00 200m: 2:04.88 31.67				
21. ESTEVEZ GALVEZ, Carlos	08	C.B. Dominicas Vistabella	2:05.17	13,00
50m: 28.50 28.50 100m: 59.27 30.77 200m: 2:05.17 1:05.90				
22. ALAMO ESPINO, Joaquin	09	Club Deportivo Agaeterun	2:06.59	12,00
50m: 29.02 29.02 100m: 1:00.62 31.60 150m: 1:34.05 33.43 200m: 2:06.59 32.54				
23. ESTRELLA PADRON, Javier	01	R.C. Naut. Tenerife	2:06.66	11,00
50m: 27.70 27.70 100m: 58.54 30.84 200m: 2:06.66 1:08.12				

Prueba 1, Masc., 200m Libre, Absoluto Masculino

Clasificación	AN	Tiempo
24. ESTRADA GARCIA, Borja	11	C.D. Nonadamos 2:11.21 10,00
50m: 30.05 30.05 100m: 1:03.68 33.63 150m: 1:38.62 34.94 200m: 2:11.21 32.59		
25. DIAZ ALAMO, Matias	11	Club Deportivo Agaeterun 2:11.56 9,00
50m: 30.97 30.97 100m: 1:04.58 33.61 150m: 1:38.79 34.21 200m: 2:11.56 32.77		
26. GARCIA GALAN, Javier	06	C.B. Dominicas Vistabella 2:13.60 8,00
50m: 28.62 28.62 100m: 1:00.89 32.27 200m: 2:13.60 1:12.71		
27. MATEO HERNANDEZ, Alexis	10	C.N. Valleverde 2:14.89 7,00
50m: 30.69 30.69 100m: 1:04.70 34.01 150m: 1:40.18 35.48 200m: 2:14.89 34.71		
28. HERNANDEZ ROCIO, Francisco Javier	10	C.N. Valleverde 2:21.50 6,00
50m: 30.87 30.87 100m: 1:05.12 34.25 150m: 1:43.24 38.12 200m: 2:21.50 38.26		
29. DIAZ VERDE, David	07	Cn.Salinas Sta.Lucia 2:21.83 5,00
50m: 33.01 33.01 100m: 1:09.84 36.83 150m: 1:46.82 36.98 200m: 2:21.83 35.01		
30. HERNANDEZ SANTANA, Erik	11	C.N. Carucagua 2:26.21 4,00
50m: 33.22 33.22 100m: 1:10.91 37.69 150m: 1:49.88 38.97 200m: 2:26.21 36.33		
31. RODRIGUEZ DE LA SIERRA GARCIA, 08or		C.N. Reales 2:29.22 3,00
50m: 32.25 32.25 100m: 1:10.12 37.87 200m: 2:29.22 1:19.10		
32. HERNANDEZ CURBELO, Unai	10	C.D. Nonadamos 2:34.02 2,00
50m: 35.72 35.72 100m: 1:15.09 39.37 150m: 1:55.40 40.31 200m: 2:34.02 38.62		
33. CARRERO SERRANO, Gabriel Jhosue	13	C.D. Herbania 2:35.13 1,00
50m: 36.13 36.13 100m: 1:16.05 39.92 150m: 1:56.84 40.79 200m: 2:35.13 38.29		
34. CARRETERO LLARENA, Yeron	10	C.N. Villa De Agüimes 2016 2:36.19 -
50m: 34.28 34.28 100m: 1:13.64 39.36 150m: 1:55.93 42.29 200m: 2:36.19 40.26		
35. QUINTANA BENITEZ, Luis	11	C.N. Carucagua 2:36.41 -
50m: 35.50 35.50 100m: 1:14.49 38.99 150m: 1:56.38 41.89 200m: 2:36.41 40.03		
36. MARTIN MARTIN, Ayoze	09	C.N. Reales 2:42.35 -
50m: 36.39 36.39 100m: 1:16.53 40.14 200m: 2:42.35 1:25.82		
37. TACORONTE PEREZ, Francisco	12	C.P.Santa Mª De Guia 2:52.31 -
50m: 37.23 37.23 100m: 1:20.11 42.88 150m: 2:05.81 45.70 200m: 2:52.31 46.50		
DSQ RODRIGUEZ SANTANA, Mario	13	C.N. Villa De Agüimes 2016 -
NP DOS REIS SANTANA, Alejandro	04	C.N. Aguacan -
NP HERRERA TORRES, Carlos	04	C.N. Metropole -
NP TAVIO MEDINA, Emilio Jose	02	A.D. Santa Cruz -
Baja CABRERA WINTER, Alvaro	01	C.N..Faynagua C. Telde -

Prueba 2
22/11/2025

Fem., 400m Estilos

Absoluto Femenino
Resultados

Clasificación	AN	Tiempo
1. DENBY, Kennedy Hope	05	C.N. Las Palmas 4:59.66 38,00
50m: 31.67 31.67 150m: 1:45.50 38.52 250m: 3:06.79 43.07 350m: 4:26.11 34.98		
100m: 1:06.98 35.31 200m: 2:23.72 38.22 300m: 3:51.13 44.34 400m: 4:59.66 33.55		
2. HERNANDEZ MARTIN, Nerea	03	C.N. Las Palmas 5:04.14 34,00
50m: 31.65 31.65 150m: 1:45.97 38.02 250m: 3:06.38 43.46 350m: 4:27.69 36.89		
100m: 1:07.95 36.30 200m: 2:22.92 36.95 300m: 3:50.80 44.42 400m: 5:04.14 36.45		
3. BASILI, Veronica	08	C.N. Teneteide 5:09.96 31,00
50m: 31.71 31.71 200m: 2:28.20 1:18.92 400m: 5:09.96 1:13.14		
100m: 1:09.28 37.57 300m: 3:56.82 1:28.62		
4. WOOD MESA, Maria	12	C.N. Metropole 5:11.70 30,00
50m: 33.15 33.15 150m: 1:52.41 41.33 250m: 3:15.42 43.50 350m: 4:36.54 37.24		
100m: 1:11.08 37.93 200m: 2:31.92 39.51 300m: 3:59.30 43.88 400m: 5:11.70 35.16		

Prueba 2, Fem., 400m Estilos, Absoluto Femenino

Clasificación	AN								Tiempo			
5.	HERNANDEZ MARTIN, Carla				08	C.N. Teneteide				5:23.23	29,00	
	50m:	32.51	32.51	200m:	2:31.68	1:21.79	400m:	5:23.23	1:02.00			
	100m:	1:09.89	37.38	300m:	4:21.23	1:49.55						
6.	DUQUE BROUARD, Elena				10	C.B. Dominicas Vistabella				5:25.02	28,00	
	50m:	34.74	34.74	200m:	2:35.77	1:24.67	400m:	5:25.02	1:14.76			
	100m:	1:11.10	36.36	300m:	4:10.26	1:34.49						
7.	MOURE GAO, Natalia				11	C.N. Los Cristianos				5:29.50	27,00	
	50m:	36.85	36.85	200m:	2:39.85	1:21.73	400m:	5:29.50	1:14.64			
	100m:	1:18.12	41.27	300m:	4:14.86	1:35.01						
8.	JOVER RODRIGUEZ, Ana				11	C.N. Metropole				5:33.63	26,00	
	50m:	35.26	35.26	150m:	2:01.45	43.95	250m:	3:29.96	45.98	350m:	4:57.59	39.65
	100m:	1:17.50	42.24	200m:	2:43.98	42.53	300m:	4:17.94	47.98	400m:	5:33.63	36.04
9.	SARMIENTO NARANJO, Carla				09	C.N. Villa De Agüimes 2016				5:35.57	25,00	
	50m:	35.02	35.02	150m:	1:59.30	43.50	250m:	3:29.83	47.70	350m:	4:58.54	39.65
	100m:	1:15.80	40.78	200m:	2:42.13	42.83	300m:	4:18.89	49.06	400m:	5:35.57	37.03
10.	SCARPA, Barbara				08	C.N. Martianez Coral Hotels				5:38.32	24,00	
	50m:	33.57	33.57	200m:	2:41.73	1:27.28	400m:	5:38.32	1:17.09			
	100m:	1:14.45	40.88	300m:	4:21.23	1:39.50						
11.	BONILLA BORDON, Ines				06	C.N. Aguacan				5:41.36	23,00	
	50m:	34.62	34.62	150m:	1:58.84	43.85	250m:	3:30.60	49.77	350m:	5:01.44	41.01
	100m:	1:14.99	40.37	200m:	2:40.83	41.99	300m:	4:20.43	49.83	400m:	5:41.36	39.92
12.	DIAZ DE LOSADA BUJAN, Silvia				12	R.C. Naut. Tenerife				5:42.57	22,00	
	50m:	37.54	37.54	200m:	2:45.48	1:25.41	400m:	5:42.57	1:18.30			
	100m:	1:20.07	42.53	300m:	4:24.27	1:38.79						
13.	IZAGUIRRE NESSI, Kassandra Isabel				08	C.D. N. Bentacu-Laguna				5:42.73	21,00	
	50m:	35.55	35.55	200m:	2:45.06	1:29.72	400m:	5:42.73	1:22.23			
	100m:	1:15.34	39.79	300m:	4:20.50	1:35.44						
14.	ALAMO MATOS, Ariadna				09	C.N. Carucagua				5:46.19	20,00	
	50m:	36.86	36.86	150m:	2:02.16	42.81	250m:	3:37.31	52.41	350m:	5:08.91	38.96
	100m:	1:19.35	42.49	200m:	2:44.90	42.74	300m:	4:29.95	52.64	400m:	5:46.19	37.28
15.	SUAREZ MACIAS, Gabriela				09	C.N. Aguacan				5:46.52	19,00	
	50m:	34.68	34.68	150m:	2:01.14	45.33	250m:	3:36.48	51.36	350m:	5:08.49	40.28
	100m:	1:15.81	41.13	200m:	2:45.12	43.98	300m:	4:28.21	51.73	400m:	5:46.52	38.03
16.	PIÑERO STEGENSEK, Elisa				08	C.B. Dominicas Vistabella				5:48.96	18,00	
	50m:	36.41	36.41	200m:	2:48.43	1:28.18	400m:	5:48.96	1:22.77			
	100m:	1:20.25	43.84	300m:	4:26.19	1:37.76						
17.	PEREZ MUÑOZ, Claudia				08	Esna Lanzarote				5:50.90	17,00	
	50m:	36.06	36.06	150m:	2:05.01	46.57	250m:	3:39.41	49.41	350m:	5:13.50	42.94
	100m:	1:18.44	42.38	200m:	2:50.00	44.99	300m:	4:30.56	51.15	400m:	5:50.90	37.40
18.	SAIZ PEREZ, Mar				08	C.N. Los Cristianos				5:51.38	16,00	
	50m:	37.28	37.28	200m:	2:53.51	1:31.30	400m:	5:51.38	1:18.50			
	100m:	1:22.21	44.93	300m:	4:32.88	1:39.37						
19.	ANGULO FALCON, Cristina				06	C.N. Martianez Coral Hotels				5:51.59	15,00	
	50m:	36.67	36.67	200m:	2:49.05	1:29.65	400m:	5:51.59	1:18.22			
	100m:	1:19.40	42.73	300m:	4:33.37	1:44.32						
20.	FALCON AFONSO, Ines				13	C.N. Carucagua				5:56.23	14,00	
	50m:	36.04	36.04	150m:	2:04.62	44.50	250m:	3:42.06	54.71	350m:	5:18.88	40.34
	100m:	1:20.12	44.08	200m:	2:47.35	42.73	300m:	4:38.54	56.48	400m:	5:56.23	37.35
21.	PEREZ CERVILLA, Carla				09	C.D. Nonadamos				6:04.87	13,00	
	50m:	40.52	40.52	150m:	2:13.32	45.61	250m:	3:49.78	52.16	350m:	5:25.81	42.12
	100m:	1:27.71	47.19	200m:	2:57.62	44.30	300m:	4:43.69	53.91	400m:	6:04.87	39.06
22.	CEDRES ESPINOSA, Martina				09	Esna Lanzarote				6:15.71	12,00	
	50m:	38.36	38.36	150m:	2:14.88	48.48	250m:	3:55.20	53.27	350m:	5:33.31	42.68
	100m:	1:26.40	48.04	200m:	3:01.93	47.05	300m:	4:50.63	55.43	400m:	6:15.71	42.40

Prueba 2, Fem., 400m Estilos, Absoluto Femenino

Clasificación	AN	Tiempo
23. PEREZ CERVILLA, Alba	12 C.D. Nonadamos	6:24.86 11,00
50m: 41.81 41.81 150m: 2:20.12 48.35 250m: 4:03.36 54.56 350m: 5:42.79 44.20		
100m: 1:31.77 49.96 200m: 3:08.80 48.68 300m: 4:58.59 55.23 400m: 6:24.86 42.07		
24. TOBAL FEBLES, Helena	13 C.D. Herbania	6:26.56 10,00
50m: 40.27 40.27 150m: 2:17.19 49.01 250m: 4:03.91 57.61 350m: 5:46.05 42.96		
100m: 1:28.18 47.91 200m: 3:06.30 49.11 300m: 5:03.09 59.18 400m: 6:26.56 40.51		
25. JIMENEZ PINEDA, Leyre	12 Cn.Salinas Sta.Lucia	6:28.66 9,00
50m: 42.92 42.92 150m: 2:28.25 51.15 250m: 4:07.20 49.50 350m: 5:46.82 46.42		
100m: 1:37.10 54.18 200m: 3:17.70 49.45 300m: 5:00.40 53.20 400m: 6:28.66 41.84		
26. MARTIN DUARTE, Sofia	09 C.D. N. Bentacu-Laguna	6:30.41 8,00
50m: 40.54 40.54 200m: 3:09.63 1:39.37 400m: 6:30.41 1:30.27		
100m: 1:30.26 49.72 300m: 5:00.14 1:50.51		
27. NARANJO NOVAL, Lucia	10 C.D. Herbania	6:34.32 7,00
50m: 41.79 41.79 150m: 2:21.22 46.68 250m: 4:05.15 57.09 350m: 5:51.49 46.63		
100m: 1:34.54 52.75 200m: 3:08.06 46.84 300m: 5:04.86 59.71 400m: 6:34.32 42.83		
28. NAVARRO PARRILLA, Aisha	11 C.N. Valleverde	7:06.41 6,00
50m: 42.00 42.00 200m: 3:22.85 1:48.26 400m: 7:06.41 1:39.52		
100m: 1:34.59 52.59 300m: 5:26.89 2:04.04		
DSQ PEREZ SUAREZ, Laura	01 C.N..Faynagua C. Telde	-
<i>DNI - Desc Nado Irregular</i>		
NP BATISTA RIOS, Marta	11 C.N. Metropole	-
NP ROJAS SOCAS, Ester	10 C.D. N. Bentacu-Laguna	-
Baja GIL ALAMO, Samirah	13 Club Deportivo Agaeterun	-
Baja MARTEL TORRES, Carmen	13 Cn.Salinas Sta.Lucia	-
Baja DORTA BERNAL, Alba	10 A.D. Santa Cruz	-
Baja BABIKOVA, Marianna	11 A.D. Santa Cruz	-

Prueba 3
22/11/2025

Masc., 50m Espalda

Absoluto Masculino
Resultados

Clasificación	AN	Tiempo
1. DIAZ GONZALEZ, Pablo	03 A.D. Santa Cruz	27.54 36,00
RIVEROL HERNANDEZ, Miguel Alonso	08 C.N. Teneteide	27.54 36,00
3. BELAMENDIA COTORRUELO, Gerald	07 C.N. Teneteide	27.92 31,00
4. MARTIN SUAREZ, Alejandro	00 C.N. Aguacan	28.38 30,00
5. VILLANUEVA JODKO, Aleksander	08 Cn.Salinas Sta.Lucia	28.63 29,00
6. SALUTREGUI GOMEZ, Nicolas	01 C.N. Aguacan	28.89 28,00
7. TALLO PEREZ, Bruno	10 R.C. Naut. Tenerife	29.14 27,00
8. MARTIN GARCIA, Mario	04 C.N. Martianez Coral Hotels	29.24 26,00
9. ARANDA GALLEGO, Jose Juan	75 Esna Lanzarote	29.54 25,00
10. MORENO ALVAREZ, Alexis	08 C.B. Dominicas Vistabella	29.57 24,00
11. ALEMAN LOPEZ, Hugo	09 C.N. Metropole	29.62 23,00
12. CARRERO SERRANO, Marcos Daniel	09 C.D. Herbania	29.70 22,00
13. RIPPA, Francisco	00 A.D. Santa Cruz	29.72 21,00
14. BARRETO DE VERA, Erik Andreas	94 C.B. Dominicas Vistabella	29.78 20,00
15. DAVARA MENDEZ, Fernando	72 R.C. Naut. Tenerife	29.87 19,00
16. GARCIA CARRETERO, Nicolas	09 C.N. Metropole	30.30 18,00
17. RIOS ROMERO, Joaquin	04 C.D. Nonadamos	30.31 17,00
18. RAMIREZ MORALES, Sergio C.	03 Cn.Salinas Sta.Lucia	30.98 16,00
19. MONZON HENRIQUEZ, Hugo	10 Club Deportivo Agaeterun	31.01 15,00
20. GUTIERREZ MORENO, Lucas Del Carr	11 Club Deportivo Agaeterun	31.94 14,00
21. CAMPANALUNGA MORALES, Enzo	08 C.N..Faynagua C. Telde	31.99 13,00

Prueba 3, Masc., 50m Espalda, Absoluto Masculino

Clasificación	AN		Tiempo
22. PONCE PADRON, Ignacio	08	C.N. Carucagua	32.16 12,00
23. GONZALEZ GONZALEZ, Diego	08	C.D. N. Bentacu-Laguna	32.24 11,00
24. SOSA LA CAMERA, Daniel Nauzet	10	C.N. Valleverde	32.93 10,00
25. RODRIGUEZ PULIDO, Daniel	89	C.N. Valleverde	32.96 9,00
26. CUERVO MARIN, Aday	10	C.D. N. Bentacu-Laguna	33.54 8,00
27. QUINTANA BENITEZ, Marcos	09	C.N. Carucagua	33.64 7,00
28. ZAMBRANO DIAZ, Santiago Enrique	09	C.N. Los Cristianos	33.86 6,00
29. DASCULTU, Vlad Gabriel	12	Esna Lanzarote	35.06 5,00
30. YANES PEÑA, Alejandro	10	C.N. Reales	35.28 4,00
31. SANTANA ACUÑA, Gorka	09	C.D. Nonadamos	35.52 3,00
32. CABALLERO RODRIGUEZ, Joel	09	C.N. Los Cristianos	35.97 2,00
33. ALVAREZ MESA, Diego	13	C.N. Martianeze Coral Hotels	37.57 1,00
34. PADRON GARCIA, Mauro	13	C.P.Santa Mª De Guia	38.61 -
35. CAMPANALUNGA MORALES, Fabio	10	C.N..Faynagua C. Telde	38.88 -
36. MATO VAZQUEZ, Rodrigo	13	C.D. Herbania	40.65 -
37. MARTIN MARTIN, Ayoze	09	C.N. Reales	40.82 -
NP HERNANDEZ CURBELO, Unai	10	C.D. Nonadamos	-
NP VANHOUCKE, Louka	02	C.N. Metropole	-
NP LAGO CARABALLO, Saul	98	Cn.Salinas Sta.Lucia	-
NP PORRERO MARTIN, Jorge	07	C.N. Teneteide	-
Baja SANTANA VALENTIN, Hector	08	C.N. Villa De Agüimes 2016	-

Prueba 4
22/11/2025

Fem., 50m Espalda

Absoluto Femenino
Resultados

Clasificación	AN		Tiempo
1. RODRIGUEZ RIVERO, Paula	02	C.N. Las Palmas	29.68 38,00
2. CABALLERO MARTIN, Patricia	12	C.N. Metropole	30.87 34,00
3. SANTANA DRAGO, Leire	07	C.N. Las Palmas	31.34 31,00
4. QUINTILLA MODREGO, Laia	88	Club Deportivo Agaeterun	31.56 30,00
5. FERNANDEZ ANDRES, Lola	11	Cn.Salinas Sta.Lucia	31.74 29,00
6. HERNANDEZ CASTRILLO, Yessica	00	C.N. Aguacan	31.87 28,00
7. GUADALUPE NEGRIN, Yumalai	08	C.N. Teneteide	31.90 27,00
8. MORENO ARMAS, Ainara	07	C.N. Teneteide	31.94 26,00
9. VICTORES DOMINGUEZ, Maria Carla	08	C.N. Los Cristianos	32.25 25,00
10. BATISTA RIOS, Marta	11	C.N. Metropole	32.33 24,00
11. VALIDO SANTANA, Andrea	01	C.N. Aguacan	32.67 23,00
12. ORTEGA GUTIERREZ, Eugenia	11	C.B. Dominicas Vistabella	32.95 22,00
13. HERNANDEZ SANCHEZ, Lara	02	A.D. Santa Cruz	33.48 21,00
14. UHEROVA DIAZ-MASA, Carmen	12	C.D. N. Bentacu-Laguna	33.70 20,00
15. RIJO MARTIN, Sara	08	Esna Lanzarote	33.97 19,00
16. DI BERNARDO, Lucrecia	13	Cn.Salinas Sta.Lucia	35.06 18,00
17. CASTRO ADRIAN, Michelle	02	A.D. Santa Cruz	35.18 17,00
18. LAVANDERA ALTESOR, Josefina	10	C.N. Los Cristianos	35.33 16,00
19. RODRIGUEZ FERRERA, Diana	12	C.D. N. Bentacu-Laguna	35.38 15,00
20. DUBOIS RIVERO, Lara	10	C.N. Villa De Agüimes 2016	35.47 14,00
21. DIAZ PEREZ, Ainara	09	C.N. Martianeze Coral Hotels	35.75 13,00
22. GIMENEZ CASTILLA, Maria	07	C.N..Faynagua C. Telde	35.91 12,00
23. NUEZ CABRERA, Alba	09	C.N. Carucagua	36.15 11,00
24. ALAMO HERRERA, Julia	07	Club Deportivo Agaeterun	36.21 10,00
25. GONZALEZ GUILLEN, Daniela	07	C.N. Martianeze Coral Hotels	36.46 9,00
26. NAVARRO LUZARDO, Aranzazu	08	C.N. Carucagua	37.14 8,00
27. TABARES HERNANDEZ, Daniela	09	C.N. Valleverde	37.66 7,00

Prueba 4, Fem., 50m Espalda, Absoluto Femenino

Clasificación	AN		Tiempo
28. GARCIA PEREZ, Paola	06	C.P.Santa Mª De Guia	38.28 6,00
29. PEREZ LUIS, Lucia	08	C.D. Herbania	39.08 5,00
30. CONTESSI, Alice	12	C.N. Villa De Agüimes 2016	40.26 4,00
31. CEDRES ESPINOSA, Valeria	09	Esna Lanzarote	40.92 3,00
32. LOPEZ CELAYE, Emma Abril	12	C.D. Nonadamos	41.07 2,00
33. HERNANDEZ RODRIGUEZ, Mabel	11	C.N. Reales	41.50 1,00
34. NASSEREDDINE MESA, Nara	11	C.B. Dominicas Vistabella	41.91 -
35. CONEJO GRIMON, Martina	11	C.D. Nonadamos	43.00 -
36. CARRASCOSA SANTAMARIA, Sara	08	C.N..Faynagua C. Telde	43.63 -
37. VARELA MESA, Ines	08	R.C. Naut. Tenerife	44.33 -
38. FERNANDEZ IBRAHIM, Maria Cristina	08	C.D. Herbania	44.54 -
39. SANTANA RODRIGUEZ, Laura	11	C.N. Valleverde	45.03 -
40. REDONDO CORREA, Claudia	07	R.C. Naut. Tenerife	45.08 -
41. CABRERA HERNANDEZ, Eva	14	C.N. Reales	48.93 -
NP BERNARD BERNARD, Escarlata	89	C.N. Metropole	-
Baja FLEITAS DIAZ, Maria Edelmira	11	C.P.Santa Mª De Guia	-

Prueba 5
22/11/2025

Masc., 200m Mariposa

Absoluto Masculino
Resultados

Clasificación	AN		Tiempo
1. GONZALEZ NEGRIN, Aquiles	08	C.N. Teneteide	2:12.11 38,00
50m: 30.14 30.14 100m: 1:04.41		34.27 200m: 2:12.11 1:07.70	
2. ACOSTA ARMAS, Agoney	07	C.N. Metropole	2:14.04 34,00
50m: 30.27 30.27 100m: 1:04.05		33.78 150m: 1:38.74 34.69 200m: 2:14.04 35.30	
3. PERALES SILVA, Francisco	09	C.N. Los Cristianos	2:14.28 31,00
50m: 30.70 30.70 100m: 1:04.42		33.72 200m: 2:14.28 1:09.86	
4. DUQUE BROUARD, Daniel	08	C.B. Dominicas Vistabella	2:14.35 30,00
50m: 31.33 31.33 100m: 1:05.19		33.86 200m: 2:14.35 1:09.16	
5. TUYA TAVIO, Javier	09	C.N. Metropole	2:16.22 29,00
50m: 30.83 30.83 100m: 1:05.06		34.23 150m: 1:40.29 35.23 200m: 2:16.22 35.93	
6. PEREZ KANDRATOVICH, Lenin Raul	08	C.N. Los Cristianos	2:16.82 28,00
50m: 30.83 30.83 100m: 1:05.68		34.85 200m: 2:16.82 1:11.14	
7. NAVARRO ALONSO, Mark	12	C.N. Teneteide	2:16.84 27,00
50m: 30.93 30.93 100m: 1:03.75		32.82 200m: 2:16.84 1:13.09	
8. KEY RAMIREZ, Octavio Jose	10	C.D. N. Bentacu-Laguna	2:16.96 26,00
50m: 29.21 29.21 100m: 1:04.43		35.22 200m: 2:16.96 1:12.53	
9. PRIETO RODRIGUEZ, Daniel	00	A.D. Santa Cruz	2:19.65 25,00
50m: 28.80 28.80 100m: 1:03.87		35.07 200m: 2:19.65 1:15.78	
10. VIERA VIERA, Acoran	03	C.D. Nonadamos	2:19.87 24,00
50m: 31.24 31.24 100m: 1:06.01		34.77 150m: 1:42.38 36.37 200m: 2:19.87 37.49	
11. ESPIRITU ONOZA, Zivon Owen	11	C.D. N. Bentacu-Laguna	2:21.72 23,00
50m: 32.45 32.45 100m: 1:08.14		35.69 200m: 2:21.72 1:13.58	
12. OUBIÑA CORVALAN, Marcos A	05	Cn.Salinas Sta.Lucia	2:23.89 22,00
50m: 32.42 32.42 100m: 1:08.55		36.13 150m: 1:45.16 36.61 200m: 2:23.89 38.73	
13. RAMOS DELGADO, Ricardo	07	C.N. Martianez Coral Hotels	2:24.65 21,00
50m: 31.67 31.67 100m: 1:07.90		36.23 200m: 2:24.65 1:16.75	
14. AVERO RODRIGUEZ, Angel	11	C.D. Herbania	2:29.24 20,00
50m: 33.58 33.58 100m: 1:10.77		37.19 150m: 1:48.74 37.97 200m: 2:29.24 40.50	

Prueba 5, Masc., 200m Mariposa, Absoluto Masculino

Clasificación	AN	Tiempo
15. LUGO SANCHEZ, Lucas	09	C.B. Dominicas Vistabella 2:31.99 19,00
50m: 33.39 33.39 100m: 1:11.41 38.02 200m: 2:31.99 1:20.58		
16. SUAREZ BAEZ, Eloy	09	Cn.Salinas Sta.Lucia 2:32.03 18,00
50m: 33.64 33.64 100m: 1:11.95 38.31 150m: 1:51.94 39.99 200m: 2:32.03 40.09		
17. SUROV ROMANOV, Georgii	11	A.D. Santa Cruz 2:34.94 17,00
50m: 33.51 33.51 100m: 1:13.24 39.73 200m: 2:34.94 1:21.70		
18. MATEOS SEGURA, Pablo	10	Club Deportivo Agaeterun 2:35.17 16,00
50m: 33.73 33.73 100m: 1:12.68 38.95 150m: 1:53.67 40.99 200m: 2:35.17 41.50		
19. SANTANA VALIDO, Alan	05	C.N. Aguacan 2:40.96 15,00
50m: 33.40 33.40 100m: 1:12.20 38.80 150m: 1:55.09 42.89 200m: 2:40.96 45.87		
20. DAMIANI, Giorgio	12	Club Deportivo Agaeterun 2:43.68 14,00
50m: 32.38 32.38 100m: 1:13.16 40.78 150m: 1:58.35 45.19 200m: 2:43.68 45.33		
21. PARDO, Alessandro Francesco	13	C.N. Villa De Agüimes 2016 2:46.21 13,00
50m: 34.77 34.77 100m: 1:15.68 40.91 150m: 2:00.75 45.07 200m: 2:46.21 45.46		
22. POLADASHVILI, Andria	11	C.N. Carucagua 2:47.13 12,00
50m: 34.53 34.53 100m: 1:15.53 41.00 150m: 2:01.02 45.49 200m: 2:47.13 46.11		
23. SANCHEZ RODRIGUEZ, Adrian	12	C.D. Nonadamos 2:48.68 11,00
50m: 36.70 36.70 100m: 1:18.35 41.65 150m: 2:02.74 44.39 200m: 2:48.68 45.94		
24. NUEZ CRUZ, Gadiel	09	C.N. Aguacan 2:54.72 10,00
50m: 36.00 36.00 100m: 1:18.01 42.01 150m: 2:03.57 45.56 200m: 2:54.72 51.15		
25. HERNANDEZ PEREZ, Abian	09	C.N. Valleverde 2:58.03 9,00
50m: 34.96 34.96 100m: 1:19.10 44.14 150m: 2:08.19 49.09 200m: 2:58.03 49.84		
26. GONZALEZ PATO, Asier	13	Esna Lanzarote 3:08.63 8,00
50m: 36.13 36.13 100m: 1:24.21 48.08 150m: 2:16.33 52.12 200m: 3:08.63 52.30		
27. GONZALEZ RODRIGUEZ, Javier	06	C.P.Santa Mª De Guía 3:17.84 7,00
50m: 37.73 37.73 100m: 1:23.39 45.66 150m: 2:17.26 53.87 200m: 3:17.84 1:00.58		
28. CARBALLO DE ARA, Jorel	11	C.N. Reales 3:20.36 6,00
50m: 40.52 40.52 100m: 1:31.26 50.74 200m: 3:20.36 1:49.10		
29. MEDINA MARIN, Nicolas	12	R.C. Naut. Tenerife 3:33.02 5,00
50m: 43.76 43.76 100m: 1:36.49 52.73 200m: 3:33.02 1:56.53		
DSQ SANCHEZ NAVARRO, Ian	08	C.N. Valleverde -
DSQ CARAMES HUERTAS, Oriol	08	C.N..Faynagua C. Telde -
Baja CABRERA WINTER, Alvaro	01	C.N..Faynagua C. Telde -

Prueba 6
22/11/2025

Fem., 200m Mariposa

Absoluto Femenino
Resultados

Clasificación	AN	Tiempo
1. ULIBARRI SANCHEZ, Ines	09	C.N. Las Palmas 2:18.10 38,00
50m: 30.81 30.81 100m: 1:05.94 35.13 150m: 1:41.64 35.70 200m: 2:18.10 36.46		
2. PORRERO MARTIN, Lucia	08	C.N. Teneteide 2:19.82 34,00
50m: 32.10 32.10 100m: 1:08.36 36.26 200m: 2:19.82 1:11.46		
3. FUENTES MONTES, Amaya	08	C.N. Las Palmas 2:23.84 31,00
50m: 32.32 32.32 100m: 1:08.57 36.25 150m: 1:46.24 37.67 200m: 2:23.84 37.60		
4. LABRADOR CASTILLA, Paula Daopin	05	C.N. Teneteide 2:29.49 30,00
50m: 31.93 31.93 100m: 1:08.13 36.20 200m: 2:29.49 1:21.36		
5. SARMIENTO OJEDA, Andrea	12	C.N. Aguacan 2:38.19 29,00
50m: 34.37 34.37 100m: 1:14.62 40.25 150m: 1:56.59 41.97 200m: 2:38.19 41.60		

Prueba 6, Fem., 200m Mariposa, Absoluto Femenino

Clasificación	AN				Tiempo			
6.	HERNANDEZ ALMENARA, Nerea	07	C.D. N. Bentacu-Laguna		2:40.41	28,00		
	50m: 33.75 33.75	100m: 1:14.15	40.40 200m: 2:40.41	1:26.26				
7.	RODRIGUEZ COLMENARES, Bella Sof09		C.N. Los Cristianos		2:42.65	27,00		
	50m: 35.62 35.62	100m: 1:15.30	39.68 200m: 2:42.65	1:27.35				
8.	LELAJ, Mirela Flora	11	C.N. Metropole		2:43.41	26,00		
	50m: 35.73 35.73	100m: 1:16.74	41.01 150m: 1:59.57	42.83 200m: 2:43.41	43.84			
9.	MARTIN MELIAN, Raquel	99	Esna Lanzarote		2:43.82	25,00		
	50m: 38.80 38.80	100m: 1:20.70	41.90 150m: 2:03.18	42.48 200m: 2:43.82	40.64			
10.	LOPEZ SOSA, Carla	09	Cn.Salinas Sta.Lucia		2:44.43	24,00		
	50m: 36.37 36.37	100m: 1:18.36	41.99 150m: 2:01.82	43.46 200m: 2:44.43	42.61			
11.	PEREZ SUAREZ, Laura	01	C.N..Faynagua C. Telde		2:51.20	23,00		
	50m: 35.97 35.97	100m: 1:17.61	41.64 150m: 2:02.50	44.89 200m: 2:51.20	48.70			
12.	PUIG CURBELO, Bella	14	C.D. N. Bentacu-Laguna		2:51.43	22,00		
	50m: 35.43 35.43	100m: 1:19.76	44.33 200m: 2:51.43	1:31.67				
13.	CABALLERO RUIZ, Elena	11	C.N. Metropole		2:54.23	21,00		
	50m: 33.67 33.67	100m: 1:13.45	39.78 150m: 2:00.77	47.32 200m: 2:54.23	53.46			
14.	DIAZ ALVAREZ, Valeria	12	C.N. Martianez Coral Hotels		2:57.32	20,00		
	50m: 38.93 38.93	100m: 1:20.88	41.95 200m: 2:57.32	1:36.44				
15.	DI BERNARDO, Virginia	11	Cn.Salinas Sta.Lucia		2:57.53	19,00		
	50m: 38.10 38.10	100m: 1:23.87	45.77 150m: 2:10.81	46.94 200m: 2:57.53	46.72			
16.	MORENO DOMINGUEZ, Paola	07	C.N. Carucagua		2:57.68	18,00		
	50m: 38.89 38.89	100m: 1:23.36	44.47 150m: 2:10.91	47.55 200m: 2:57.68	46.77			
17.	FERNANDEZ AGUIRRE, Lola	12	A.D. Santa Cruz		2:58.21	17,00		
	50m: 38.00 38.00	100m: 1:21.47	43.47 200m: 2:58.21	1:36.74				
18.	ALAMO SANTOS, Rocio	11	Club Deportivo Agaeterun		2:58.78	16,00		
	50m: 39.94 39.94	100m: 1:26.31	46.37 150m: 2:13.66	47.35 200m: 2:58.78	45.12			
19.	HERRERA FIGUEIRAS, Tania	13	Esna Lanzarote		2:58.97	15,00		
	50m: 39.30 39.30	100m: 1:25.92	46.62 150m: 2:14.54	48.62 200m: 2:58.97	44.43			
20.	MERCADO RODRIGUEZ, Lia	12	C.D. Nonadamos		3:00.73	14,00		
	50m: 39.56 39.56	100m: 1:25.12	45.56 150m: 2:13.01	47.89 200m: 3:00.73	47.72			
21.	PERERA SOSA, Zayra	12	C.N. Aguacan		3:03.90	13,00		
	50m: 38.06 38.06	100m: 1:24.63	46.57 150m: 2:14.36	49.73 200m: 3:03.90	49.54			
22.	PEREZ CERVILLA, Carla	09	C.D. Nonadamos		3:06.95	12,00		
	50m: 41.68 41.68	100m: 1:29.87	48.19 150m: 2:19.35	49.48 200m: 3:06.95	47.60			
23.	SOSA HERNANDEZ, Michelle Dayana	08	C.N. Martianez Coral Hotels		3:08.57	11,00		
	50m: 39.01 39.01	100m: 1:23.33	44.32 200m: 3:08.57	1:45.24				
24.	PERALES SILVA, Leire	13	C.N. Los Cristianos		3:09.02	10,00		
	50m: 40.13 40.13	100m: 1:28.49	48.36 200m: 3:09.02	1:40.53				
25.	FAJARDO SANCHEZ, Valeria	11	C.D. Herbania		3:18.39	9,00		
	50m: 42.09 42.09	100m: 1:32.86	50.77 150m: 2:25.94	53.08 200m: 3:18.39	52.45			
26.	ENSELL ULE, Leire	13	C.B. Dominicas Vistabella		3:26.58	8,00		
	50m: 41.80 41.80	100m: 1:32.19	50.39 200m: 3:26.58	1:54.39				
DSQ	ESTEVEZ RAMOS, Claudia	13	C.P.Santa Mª De Guia			-		
	DND - Desc no realiar toda la distancia							
NP	GONZALEZ GONZALEZ, Janeth	10	C.N. Aguacan			-		
Baja	GIL ALAMO, Samirah	13	Club Deportivo Agaeterun			-		
Baja	FALCON DOMINGUEZ, Elisa	12	A.D. Santa Cruz			-		
Baja	GONZALEZ RODRIGUEZ, Leyre Maria	10	C.B. Dominicas Vistabella			-		

Prueba 7
22/11/2025

Masc., 100m Braza

Absoluto Masculino
Resultados

Clasificación	AN				Tiempo	
1. KHILKO, Sergiy	86	R.C. Naut. Tenerife	1:04.19	33.56	1:04.19	38,00
50m: 30.63 30.63	100m:					
2. SANCHEZ MEDINA, Ian	06	C.N. Metropole	1:04.26	34.24	1:04.26	34,00
50m: 30.02 30.02	100m:					
3. RAVELO SUAREZ, Antonio Jesus	09	C.B. Dominicas Vistabella	1:05.03	34.18	1:05.03	31,00
50m: 30.85 30.85	100m:					
4. LEON JULIA, Marco	09	C.N. Metropole	1:05.84	34.59	1:05.84	30,00
50m: 31.25 31.25	100m:					
5. SEGARRA SANMARTIN, Jorge	99	C.N. Teneteide	1:07.02	35.48	1:07.02	29,00
50m: 31.54 31.54	100m:					
6. CERPA CABALLERO, Jonay Salvador	99	C.N. Aguacan	1:07.33	35.46	1:07.33	28,00
50m: 31.87 31.87	100m:					
7. AFONSO SUAREZ, Ivan	96	C.N. Los Cristianos	1:07.42	35.44	1:07.42	27,00
50m: 31.98 31.98	100m:					
8. AFANASEV, Vadim	03	A.D. Santa Cruz	1:07.83	34.96	1:07.83	26,00
50m: 32.87 32.87	100m:					
9. VEGA RODRIGUEZ, Javier	08	C.B. Dominicas Vistabella	1:08.22	35.53	1:08.22	25,00
50m: 32.69 32.69	100m:					
10. ALVAREZ VALENCIA, Nestor	00	Esna Lanzarote	1:08.94	36.37	1:08.94	24,00
50m: 32.57 32.57	100m:					
11. RODRIGUEZ MARTIN, Eric	98	C.N. Teneteide	1:09.22	36.47	1:09.22	23,00
50m: 32.75 32.75	100m:					
12. RIOS ROMERO, Joaquin	04	C.D. Nonadamos	1:09.82	37.11	1:09.82	22,00
50m: 32.71 32.71	100m:					
13. GORRIN ROBERTS, Alec	11	C.N. Los Cristianos	1:10.84	37.37	1:10.84	21,00
50m: 33.47 33.47	100m:					
14. GONZALEZ BAIK, Angel Nuri	04	C.D. N. Bentacu-Laguna	1:10.89	36.67	1:10.89	20,00
50m: 34.22 34.22	100m:					
15. CERES, Inti	05	A.D. Santa Cruz	1:10.90	37.18	1:10.90	19,00
50m: 33.72 33.72	100m:					
16. GONZALEZ POU, Daniel	01	C.N. Aguacan	1:11.32	38.22	1:11.32	18,00
50m: 33.10 33.10	100m:					
17. BEDOYA OTERO, Omar	81	C.N. Valleverde	1:12.25	38.71	1:12.25	17,00
50m: 33.54 33.54	100m:					
18. MERINO FAJARDO, Eduardo	09	C.D. Nonadamos	1:13.39	39.40	1:13.39	16,00
50m: 33.99 33.99	100m:					
19. BETANCORT RODRIGUEZ, Javier	03	Esna Lanzarote	1:14.63	38.68	1:14.63	15,00
50m: 35.95 35.95	100m:					
20. CABRERA MAROTO, Jose	11	C.N. Carucagua	1:16.37	40.62	1:16.37	14,00
50m: 35.75 35.75	100m:					
21. GARCIA DE LA ROSA, Darien	11	C.D. N. Bentacu-Laguna	1:16.92	40.49	1:16.92	13,00
50m: 36.43 36.43	100m:					
22. CARDONA RAMIREZ, Jose Miguel	12	Cn.Salinas Sta.Lucia	1:18.34	41.87	1:18.34	12,00
50m: 36.47 36.47	100m:					
23. BENITEZ SUAREZ, Jorge	09	Club Deportivo Agaeterun	1:19.27	42.28	1:19.27	11,00
50m: 36.99 36.99	100m:					

Prueba 7, Masc., 100m Braza, Absoluto Masculino

Clasificación	AN				Tiempo	
24. RODRIGUEZ NAVARRO, Hugo	09	R.C. Naut. Tenerife			1:19.73	10,00
50m: 36.20 36.20	100m: 1:19.73	43.53				
25. ALAMO HERRERA, Jorge	11	Club Deportivo Agaeterun			1:20.90	9,00
50m: 38.60 38.60	100m: 1:20.90	42.30				
26. DUARTE RIVADO, Raul	90	C.N. Valleverde			1:21.41	8,00
50m: 37.59 37.59	100m: 1:21.41	43.82				
27. RIVERO MEDINA, Joel	05	Cn.Salinas Sta.Lucia			1:22.73	7,00
50m: 37.95 37.95	100m: 1:22.73	44.78				
28. VAN KERKHOF REGUERO, Jesper	09	C.N..Faynagua C. Telde			1:22.92	6,00
50m: 39.43 39.43	100m: 1:22.92	43.49				
29. RUANO ZERPA, Fabio	10	C.N..Faynagua C. Telde			1:27.24	5,00
50m: 41.54 41.54	100m: 1:27.24	45.70				
30. GUILLEN MORENO, Omar	12	C.P.Santa Mª De Guia			1:28.91	4,00
50m: 40.61 40.61	100m: 1:28.91	48.30				
31. MORERA VEGA, Aitor	11	C.N. Carucagua			1:29.71	3,00
50m: 41.07 41.07	100m: 1:29.71	48.64				
32. YANES PEÑA, Alejandro	10	C.N. Reales			1:29.95	2,00
50m: 43.73 43.73	100m: 1:29.95	46.22				
33. HERRERA AYMAR, Sergio	13	C.P.Santa Mª De Guia			1:33.16	1,00
50m: 43.62 43.62	100m: 1:33.16	49.54				
34. SUAREZ ORTEGA, Aaron	13	C.N. Villa De Agüimes 2016			1:37.69	-
50m: 45.53 45.53	100m: 1:37.69	52.16				
35. ALVAREZ GONZALEZ, Hugo	12	C.D. Herbania			1:39.88	-
50m: 46.01 46.01	100m: 1:39.88	53.87				
36. TRICCA, Alexander	13	C.D. Herbania			1:51.92	-
50m: 51.14 51.14	100m: 1:51.92	1:00.78				
NP GUADALUPE NEGRIN, Jorge Ramses	03	A.D. Santa Cruz				-
Baja BELLO HERNANDEZ, Jaime	10	C.N. Martianez Coral Hotels				-

Prueba 8
22/11/2025

Fem., 100m Braza

Absoluto Femenino
Resultados

Clasificación	AN				Tiempo	
1. CERPA CABALLERO, Xiomara Ma	01	C.N. Aguacan			1:15.98	38,00
50m: 35.58 35.58	100m: 1:15.98	40.40				
2. BASILI, Eleonora	06	C.N. Teneteide			1:16.14	34,00
50m: 36.25 36.25	100m: 1:16.14	39.89				
3. DENBY, Kennedy Hope	05	C.N. Las Palmas			1:16.31	31,00
50m: 36.46 36.46	100m: 1:16.31	39.85				
4. FERNANDEZ VIEIRA, Carolina	08	C.N. Teneteide			1:16.84	30,00
50m: 36.56 36.56	100m: 1:16.84	40.28				
5. HERNANDEZ MARTIN, Nerea	03	C.N. Las Palmas			1:17.66	29,00
50m: 37.11 37.11	100m: 1:17.66	40.55				
6. ARIAS FREIRE, Sophia Alejandra	10	Cn.Salinas Sta.Lucia			1:18.48	28,00
50m: 36.69 36.69	100m: 1:18.48	41.79				
7. QUIROS FERNANDEZ, Eva	12	C.N. Metropole			1:19.63	27,00
50m: 37.36 37.36	100m: 1:19.63	42.27				

Prueba 8, Fem., 100m Braza, Absoluto Femenino

Clasificación	AN					Tiempo	
8.	CALVICHE FERNANDEZ, Nazaret	87	A.D. Santa Cruz			1:19.90	26,00
	50m: 39.34 39.34 100m:	1:19.90	40.56				
9.	GONZALEZ QUINTANA, Valeria	08	C.B. Dominicas Vistabella			1:20.57	25,00
	50m: 37.38 37.38 100m:	1:20.57	43.19				
10.	MENDEZ RAMIREZ, Zoe	12	Cn.Salinas Sta.Lucia			1:21.59	24,00
	50m: 38.62 38.62 100m:	1:21.59	42.97				
11.	FRANCOS PINEDA, Carlota	05	C.N. Martianez Coral Hotels			1:21.64	23,00
	50m: 38.34 38.34 100m:	1:21.64	43.30				
12.	GLENESK FLORES, Lucia	08	C.D. Herbania			1:21.92	22,00
	50m: 38.27 38.27 100m:	1:21.92	43.65				
13.	GODOY FALCON, Ma Daniela	06	C.P.Santa Mª De Guia			1:21.98	21,00
	50m: 38.79 38.79 100m:	1:21.98	43.19				
14.	DIAZ PEREZ, Leyla	13	C.N. Martianez Coral Hotels			1:22.42	20,00
	50m: 39.74 39.74 100m:	1:22.42	42.68				
15.	CABRERA SUAREZ, Julia	09	A.D. Santa Cruz			1:22.48	19,00
	50m: 39.14 39.14 100m:	1:22.48	43.34				
16.	CALZADILLA SOCAS, Silvia	12	C.D. N. Bentacu-Laguna			1:23.10	18,00
	50m: 39.29 39.29 100m:	1:23.10	43.81				
17.	SANTANA RAMIREZ, Carmen	07	C.N. Metropole			1:23.17	17,00
	50m: 39.54 39.54 100m:	1:23.17	43.63				
18.	MORALES GONZALEZ, Aroa	08	C.N. Aguacan			1:24.54	16,00
	50m: 39.56 39.56 100m:	1:24.54	44.98				
19.	GONZALEZ GONZALEZ, Aitana	10	C.D. Nonadamos			1:25.12	15,00
	50m: 40.35 40.35 100m:	1:25.12	44.77				
20.	MENDOZA GARCIA, Alba	11	C.D. N. Bentacu-Laguna			1:25.66	14,00
	50m: 39.92 39.92 100m:	1:25.66	45.74				
21.	FERRERA VILAR, Nayade	12	C.D. Nonadamos			1:27.82	13,00
	50m: 40.91 40.91 100m:	1:27.82	46.91				
22.	BRAUN, Zoe	11	Esna Lanzarote			1:28.71	12,00
	50m: 41.38 41.38 100m:	1:28.71	47.33				
23.	CAMACHO TOLEDO, Aitana	14	Esna Lanzarote			1:28.80	11,00
	50m: 41.70 41.70 100m:	1:28.80	47.10				
24.	GIMENEZ CASTILLA, Maria	07	C.N..Faynagua C. Telde			1:29.74	10,00
	50m: 43.18 43.18 100m:	1:29.74	46.56				
25.	LIMA MUJICA, Nicole Adriana	10	C.B. Dominicas Vistabella			1:31.91	9,00
	50m: 43.19 43.19 100m:	1:31.91	48.72				
26.	GONZALEZ ALONSO, Silvia	12	R.C. Naut. Tenerife			1:33.78	8,00
	50m: 44.23 44.23 100m:	1:33.78	49.55				
27.	ORTEGA QUINTANA, Elena	11	C.N. Carucagua			1:34.04	7,00
	50m: 44.26 44.26 100m:	1:34.04	49.78				
28.	DIETRICH, Katerina	08	C.N. Reales			1:36.17	6,00
	50m: 45.79 45.79 100m:	1:36.17	50.38				
29.	JIMENEZ BENITEZ, Irene	13	Club Deportivo Agaeterun			1:37.22	5,00
	50m: 46.80 46.80 100m:	1:37.22	50.42				
30.	PEREZ VIDAL, Beatriz	11	C.N. Los Cristianos			1:37.67	4,00
	50m: 45.27 45.27 100m:	1:37.67	52.40				
31.	HIMPENS, Fien	14	C.N. Los Cristianos			1:39.37	3,00
	50m: 45.66 45.66 100m:	1:39.37	53.71				

Prueba 8, Fem., 100m Braza, Absoluto Femenino

Clasificación	AN	Tiempo
32. SANTANA RODRIGUEZ, Laura	11 C.N. Valleverde	1:43.18 2,00
50m: 49.67 49.67 100m: 1:43.18	53.51	
33. CABRERA HERNANDEZ, Eva	14 C.N. Reales	1:43.65 1,00
50m: 50.17 50.17 100m: 1:43.65	53.48	
34. CARRASCOSA SANTAMARIA, Sara	08 C.N..Faynagua C. Telde	1:45.30 -
50m: 48.82 48.82 100m: 1:45.30	56.48	
35. SANTANA RIO, Leire	12 Club Deportivo Agaeterun	1:45.38 -
50m: 50.80 50.80 100m: 1:45.38	54.58	
36. RUIZ DIAZ, Julia	10 C.N. Carucagua	1:52.02 -
50m: 51.30 51.30 100m: 1:52.02	1:00.72	
37. FOX HERNANDEZ, Cloe	12 R.C. Naut. Tenerife	1:54.70 -
50m: 53.27 53.27 100m: 1:54.70	1:01.43	
NP MEDINA HERNANDEZ, Jade	10 C.N. Las Palmas	-

Prueba 9
22/11/2025

Masc., 1500m Libre

Absoluto Masculino
Resultados

Clasificación	AN	Tiempo
1. COCERA CORDON, Yare	05 C.N. Metropole	16:25.08 76,00
50m: 28.92 28.92 450m: 4:43.92 32.58 850m: 9:09.36 33.43 1250m: 13:39.34 34.03		
100m: 59.91 30.99 500m: 5:16.84 32.92 900m: 9:42.17 32.81 1300m: 14:13.49 34.15		
150m: 1:31.20 31.29 550m: 5:49.72 32.88 950m: 10:15.56 33.39 1350m: 14:47.89 34.40		
200m: 2:03.03 31.83 600m: 6:22.63 32.91 1000m: 10:49.35 33.79 1400m: 15:22.23 34.34		
250m: 2:34.88 31.85 650m: 6:56.15 33.52 1050m: 11:23.26 33.91 1450m: 15:56.51 34.28		
300m: 3:06.63 31.75 700m: 7:28.99 32.84 1100m: 11:57.53 34.27 1500m: 16:25.08 28.57		
350m: 3:38.99 32.36 750m: 8:02.57 33.58 1150m: 12:31.54 34.01		
400m: 4:11.34 32.35 800m: 8:35.93 33.36 1200m: 13:05.31 33.77		
2. RODRIGUEZ DIAZ, Javier	08 C.N. Teneteide	16:34.80 68,00
50m: 29.92 29.92 400m: 4:20.88 1:06.82 800m: 8:49.92 1:07.43 1200m: 13:17.69 1:06.62		
100m: 1:02.12 32.20 500m: 5:28.04 1:07.16 900m: 9:57.27 1:07.35 1300m: 14:24.14 1:06.45		
200m: 2:07.68 1:05.56 600m: 6:35.48 1:07.44 1000m: 11:04.28 1:07.01 1400m: 15:31.10 1:06.96		
300m: 3:14.06 1:06.38 700m: 7:42.49 1:07.01 1100m: 12:11.07 1:06.79 1500m: 16:34.80 1:03.70		
3. GONZALEZ NEGRIN, Ares	12 C.N. Teneteide	16:42.19 -
50m: 30.52 30.52 400m: 4:24.21 1:07.08 800m: 8:53.15 1:07.13 1200m: 13:21.85 1:06.76		
100m: 1:03.16 32.64 500m: 5:31.34 1:07.13 900m: 1:00.04 1300m: 14:30.04 1:08.19		
200m: 2:10.00 1:06.84 600m: 6:38.51 1:07.17 1000m: 11:08.25 10:08.21 1400m: 15:38.07 1:08.03		
300m: 3:17.13 1:07.13 700m: 7:46.02 1:07.51 1100m: 12:15.09 1:06.84 1500m: 16:42.19 1:04.12		
4. GOMEZ RODRIGUEZ, Daniel	09 C.N. Aguacan	16:44.07 62,00
50m: 28.64 28.64 450m: 4:51.19 33.63 850m: 9:22.01 33.76 1250m: 13:55.83 34.22		
100m: 1:00.10 31.46 500m: 5:25.10 33.91 900m: 9:56.11 34.10 1300m: 14:30.41 34.58		
150m: 1:31.70 31.60 550m: 5:59.09 33.99 950m: 10:30.21 34.10 1350m: 15:04.77 34.36		
200m: 2:03.98 32.28 600m: 6:33.04 33.95 1000m: 11:04.56 34.35 1400m: 15:39.31 34.54		
250m: 2:37.23 33.25 650m: 7:06.48 33.44 1050m: 11:38.62 34.06 1450m: 16:13.38 34.07		
300m: 3:10.59 33.36 700m: 7:40.31 33.83 1100m: 12:13.23 34.61 1500m: 16:44.07 30.69		
350m: 3:43.85 33.26 750m: 8:14.46 34.15 1150m: 12:47.22 33.99		
400m: 4:17.56 33.71 800m: 8:48.25 33.79 1200m: 13:21.61 34.39		
5. SANTANA SARMIENTO, Miguel	83 C.N..Faynagua C. Telde	17:01.52 60,00
50m: 32.56 32.56 450m: 5:05.09 34.06 850m: 9:37.38 34.28 1250m: 14:13.04 34.67		
100m: 1:06.96 34.40 500m: 5:38.80 33.71 900m: 10:11.82 34.44 1300m: 14:47.69 34.65		
150m: 1:41.22 34.26 550m: 6:12.92 34.12 950m: 10:46.18 34.36 1350m: 15:22.31 34.62		
200m: 2:15.50 34.28 600m: 6:46.87 33.95 1000m: 11:20.73 34.55 1400m: 15:56.79 34.48		
250m: 2:49.63 34.13 650m: 7:20.83 33.96 1050m: 11:55.07 34.34 1450m: 16:30.38 33.59		
300m: 3:23.39 33.76 700m: 7:54.86 34.03 1100m: 12:29.37 34.30 1500m: 17:01.52 31.14		
350m: 3:57.29 33.90 750m: 8:28.98 34.12 1150m: 13:03.73 34.36		
400m: 4:31.03 33.74 800m: 9:03.10 34.12 1200m: 13:38.37 34.64		

Prueba 9, Masc., 1500m Libre, Absoluto Masculino

Clasificación

AN

Tiempo

6. SANTANA RAMIREZ, Adrian	08	Cn.Salinas Sta.Lucia	17:44.72	58,00
50m: 29.01 29.01	450m: 5:06.62 35.72	850m: 9:58.78 36.52	1250m: 14:48.53 35.68	
100m: 1:00.97 31.96	500m: 5:42.76 36.14	900m: 10:35.43 36.65	1300m: 15:24.43 35.90	
150m: 1:35.07 34.10	550m: 6:19.29 36.53	950m: 11:12.02 36.59	1350m: 16:00.57 36.14	
200m: 2:09.45 34.38	600m: 6:55.95 36.66	1000m: 11:48.26 36.24	1400m: 16:35.76 35.19	
250m: 2:44.54 35.09	650m: 7:32.26 36.31	1050m: 12:23.96 35.70	1450m: 17:11.22 35.46	
300m: 3:19.54 35.00	700m: 8:09.02 36.76	1100m: 13:00.02 36.06	1500m: 17:44.72 33.50	
350m: 3:55.28 35.74	750m: 8:45.44 36.42	1150m: 13:36.48 36.46		
400m: 4:30.90 35.62	800m: 9:22.26 36.82	1200m: 14:12.85 36.37		
7. IZAGUIRRE NESSI, Anthony Xavier	11	C.D. N. Bentacu-Laguna	17:44.82	56,00
50m: 30.27 30.27	400m: 4:30.48 1:10.64	800m: 9:17.38 1:11.90	1200m: 14:07.98 1:13.00	
100m: 1:03.02 32.75	500m: 5:41.97 1:11.49	900m: 10:29.92 1:12.54	1300m: 15:21.44 1:13.46	
200m: 2:10.53 1:07.51	600m: 6:53.64 1:11.67	1000m: 11:41.53 1:11.61	1400m: 16:34.39 1:12.95	
300m: 3:19.84 1:09.31	700m: 8:05.48 1:11.84	1100m: 12:54.98 1:13.45	1500m: 17:44.82 1:10.43	
8. MORALES RODRIGUEZ, Sergio	73	A.D. Santa Cruz	18:01.08	54,00
50m: 32.31 32.31	400m: 4:42.06 36.05	800m: 9:31.98 1:12.77	1200m: 14:26.01 1:12.79	
100m: 1:07.38 35.07	500m: 5:54.34 1:12.28	900m: 10:48.59 1:16.61	1300m: 15:38.69 1:12.68	
200m: 2:53.74 1:46.36	600m: 7:06.83 1:12.49	1000m: 12:00.61 1:12.02	1400m: 16:50.88 1:12.19	
300m: 4:06.01 1:12.27	700m: 8:19.21 1:12.38	1100m: 13:13.22 1:12.61	1500m: 18:01.08 1:10.20	
9. HENRIQUEZ HERNANDEZ, Rafael	87	C.N. Aguacan	18:09.98	-
50m: 33.03 33.03	450m: 5:17.45 35.99	850m: 10:09.85 36.90	1250m: 15:07.55 37.16	
100m: 1:08.00 34.97	500m: 5:53.34 35.89	900m: 10:47.02 37.17	1300m: 15:44.68 37.13	
150m: 1:43.17 35.17	550m: 6:30.02 36.68	950m: 11:23.92 36.90	1350m: 16:21.62 36.94	
200m: 2:18.62 35.45	600m: 7:06.45 36.43	1000m: 12:01.36 37.44	1400m: 16:59.06 37.44	
250m: 2:54.20 35.58	650m: 7:42.94 36.49	1050m: 12:38.56 37.20	1450m: 17:35.32 36.26	
300m: 3:29.78 35.58	700m: 8:19.67 36.73	1100m: 13:15.88 37.32	1500m: 18:09.98 34.66	
350m: 4:05.53 35.75	750m: 8:56.39 36.72	1150m: 13:53.23 37.35		
400m: 4:41.46 35.93	800m: 9:32.95 36.56	1200m: 14:30.39 37.16		
10. ALAMO ESPINO, Joaquin	09	Club Deportivo Agaeterun	18:14.28	52,00
50m: 31.60 31.60	450m: 5:22.00 37.31	850m: 10:17.10 36.70	1250m: 15:14.87 37.08	
100m: 1:06.13 34.53	500m: 5:58.82 36.82	900m: 10:54.38 37.28	1300m: 15:52.06 37.19	
150m: 1:41.80 35.67	550m: 6:35.38 36.56	950m: 11:31.80 37.42	1350m: 16:28.23 36.17	
200m: 2:17.68 35.88	600m: 7:12.01 36.63	1000m: 12:09.12 37.32	1400m: 17:04.94 36.71	
250m: 2:53.88 36.20	650m: 7:48.90 36.89	1050m: 12:45.67 36.55	1450m: 17:41.57 36.63	
300m: 3:30.42 36.54	700m: 8:25.97 37.07	1100m: 13:23.32 37.65	1500m: 18:14.28 32.71	
350m: 4:07.41 36.99	750m: 9:03.18 37.21	1150m: 14:00.38 37.06		
400m: 4:44.69 37.28	800m: 9:40.40 37.22	1200m: 14:37.79 37.41		
11. CEDRES YANES, Eduardo	09	R.C. Naut. Tenerife	18:16.87	50,00
50m: 30.64 30.64	400m: 4:43.41 1:13.98	800m: 9:41.79 1:15.39	1200m: 14:38.80 1:14.18	
100m: 1:04.43 33.79	500m: 5:58.36 1:14.95	900m: 10:55.88 1:14.09	1300m: 15:53.11 1:14.31	
200m: 2:15.65 1:11.22	600m: 7:12.04 1:13.68	1000m: 12:10.49 1:14.61	1400m: 17:06.94 1:13.83	
300m: 3:29.43 1:13.78	700m: 8:26.40 1:14.36	1100m: 13:24.62 1:14.13	1500m: 18:16.87 1:09.93	
12. GONZALEZ SUAREZ, Ivan	92	C.N. Martianez Coral Hotels	18:28.26	48,00
50m: 32.49 32.49	400m: 4:51.08 1:14.63	800m: 9:49.76 1:14.43	1200m: 14:47.56 1:14.50	
100m: 1:08.61 36.12	500m: 6:05.58 1:14.50	900m: 11:04.21 1:14.45	1300m: 16:01.76 1:14.20	
200m: 2:22.29 1:13.68	600m: 7:20.46 1:14.88	1000m: 12:18.74 1:14.53	1400m: 17:15.29 1:13.53	
300m: 3:36.45 1:14.16	700m: 8:35.33 1:14.87	1100m: 13:33.06 1:14.32	1500m: 18:28.26 1:12.97	
13. FDEZ DIAZ, Santiago	06	Esna Lanzarote	18:41.24	46,00
50m: 32.05 32.05	450m: 5:26.71 37.60	850m: 10:28.12 38.19	1250m: 15:33.44 38.72	
100m: 1:07.12 35.07	500m: 6:04.39 37.68	900m: 11:06.04 37.92	1300m: 16:12.06 38.62	
150m: 1:43.13 36.01	550m: 6:41.96 37.57	950m: 11:44.07 38.03	1350m: 16:50.42 38.36	
200m: 2:19.89 36.76	600m: 7:19.50 37.54	1000m: 12:21.94 37.87	1400m: 17:28.79 38.37	
250m: 2:57.11 37.22	650m: 7:57.01 37.51	1050m: 12:59.73 37.79	1450m: 18:07.26 38.47	
300m: 3:34.39 37.28	700m: 8:34.52 37.51	1100m: 13:38.39 38.66	1500m: 18:41.24 33.98	
350m: 4:11.77 37.38	750m: 9:12.45 37.93	1150m: 14:16.64 38.25		
400m: 4:49.11 37.34	800m: 9:49.93 37.48	1200m: 14:54.72 38.08		

Prueba 9, Masc., 1500m Libre, Absoluto Masculino

Clasificación	AN				Tiempo			
14. DIAZ ALAMO, Matias	11				Club Deportivo Agaeterun			
					18:43.72			
50m:	32.72	32.72	450m:	5:33.45	38.20	850m:	10:40.93	38.21
100m:	1:09.22	36.50	500m:	6:11.57	38.12	900m:	11:18.55	37.62
150m:	1:46.62	37.40	550m:	6:49.53	37.96	950m:	11:56.53	37.98
200m:	2:24.15	37.53	600m:	7:28.02	38.49	1000m:	12:34.21	37.68
250m:	3:01.60	37.45	650m:	8:07.26	39.24	1050m:	13:12.16	37.95
300m:	3:39.23	37.63	700m:	8:45.97	38.71	1100m:	13:49.77	37.61
350m:	4:17.34	38.11	750m:	9:24.10	38.13	1150m:	14:27.83	38.06
400m:	4:55.25	37.91	800m:	10:02.72	38.62	1200m:	15:05.54	37.71
15. CABALLERO RODRIGUEZ, Joel	09				C.N. Los Cristianos			
					18:51.95		44,00	
50m:	31.21	31.21	400m:	4:53.00	1:17.27	800m:	10:00.45	1:16.91
100m:	1:05.40	34.19	500m:	6:09.79	1:16.79	900m:	11:17.08	1:16.63
200m:	2:19.08	1:13.68	600m:	7:26.68	1:16.89	1000m:	12:33.66	1:16.58
300m:	3:35.73	1:16.65	700m:	8:43.54	1:16.86	1100m:	13:49.74	1:16.08
1500m:							18:51.95	1:13.29
16. PEREZ CERVILLA, Daniel	07				C.D. Nonadamos			
					19:05.52		42,00	
50m:	34.17	34.17	450m:	5:34.96	38.07	850m:	10:41.28	38.78
100m:	1:09.86	35.69	500m:	6:12.66	37.70	900m:	11:20.06	38.78
150m:	1:47.38	37.52	550m:	6:50.98	38.32	950m:	11:59.32	39.26
200m:	2:25.03	37.65	600m:	7:29.16	38.18	1000m:	12:38.49	39.17
250m:	3:03.09	38.06	650m:	8:07.64	38.48	1050m:	13:17.14	38.65
300m:	3:40.91	37.82	700m:	8:45.74	38.10	1100m:	13:56.71	39.57
350m:	4:18.90	37.99	750m:	9:23.98	38.24	1150m:	14:35.86	39.15
400m:	4:56.89	37.99	800m:	10:02.50	38.52	1200m:	15:15.38	39.52
17. GIL RODRIGUEZ, Himar	11				C.N. Carucagua			
					19:23.76		40,00	
50m:	32.67	32.67	450m:	5:35.25	39.12	850m:	10:50.24	39.95
100m:	1:09.04	36.37	500m:	6:14.65	39.40	900m:	11:30.29	40.05
150m:	1:46.47	37.43	550m:	6:54.21	39.56	950m:	12:10.14	39.85
200m:	2:23.89	37.42	600m:	7:33.87	39.66	1000m:	12:50.19	40.05
250m:	3:01.52	37.63	650m:	8:13.32	39.45	1050m:	13:30.50	40.31
300m:	3:39.48	37.96	700m:	8:51.23	37.91	1100m:	14:10.30	39.80
350m:	4:17.88	38.40	750m:	9:31.27	40.04	1150m:	14:50.92	40.62
400m:	4:56.13	38.25	800m:	10:10.29	39.02	1200m:	15:30.54	39.62
18. GARCIA GALAN, Javier	06				C.B. Dominicas Vistabella			
					20:10.63		38,00	
50m:	30.90	30.90	400m:	5:11.33	1:20.55	800m:	10:38.68	1:23.15
100m:	1:12.03	41.13	500m:	6:32.24	1:20.91	900m:	12:01.47	1:22.79
200m:	2:30.70	1:18.67	600m:	7:53.02	1:20.78	1000m:	13:23.41	1:21.94
300m:	3:50.78	1:20.08	700m:	9:15.53	1:22.51	1100m:	14:45.62	1:22.21
1500m:							20:10.63	1:19.00
19. MACHIN CABRERA, Roberto	93				C.N. Valleverde			
					20:59.64		36,00	
50m:	35.42	35.42	450m:	6:00.84	41.54	850m:	11:39.21	42.77
100m:	1:14.11	38.69	500m:	6:42.65	41.81	900m:	12:22.02	42.81
150m:	1:54.23	40.12	550m:	7:24.44	41.79	950m:	13:04.59	42.57
200m:	2:34.71	40.48	600m:	8:06.82	42.38	1000m:	13:47.32	42.73
250m:	3:16.01	41.30	650m:	8:48.37	41.55	1050m:	14:30.92	43.60
300m:	3:57.63	41.62	700m:	9:31.22	42.85	1100m:	15:14.05	43.13
350m:	4:38.23	40.60	750m:	10:13.61	42.39	1150m:	15:57.20	43.15
400m:	5:19.30	41.07	800m:	10:56.44	42.83	1200m:	16:40.55	43.35
20. MICO FERNANDEZ, Pedro	11				C.D. Herbania			
					21:46.09		34,00	
50m:	37.02	37.02	450m:	6:21.84	44.32	850m:	12:16.83	44.17
100m:	1:17.71	40.69	500m:	7:06.07	44.23	900m:	13:00.91	44.08
150m:	1:59.55	41.84	550m:	7:50.52	44.45	950m:	13:45.67	44.76
200m:	2:42.46	42.91	600m:	8:35.12	44.60	1000m:	14:30.78	45.11
250m:	3:25.41	42.95	650m:	9:19.66	44.54	1050m:	15:14.63	43.85
300m:	4:08.56	43.15	700m:	10:04.02	44.36	1100m:	15:57.90	43.27
350m:	4:53.64	45.08	750m:	10:48.32	44.30	1150m:	16:41.74	43.84
400m:	5:37.52	43.88	800m:	11:32.66	44.34	1200m:	17:25.86	44.12
NP MARRERO DELGADO, Eduardo Albert	99				C.N. Los Cristianos			

Prueba 10
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Fem., 4 x 200m Libre

Absoluto Femenino
Resultados

Clasificación

							Tiempo
1.	C.N. Las Palmas 1		C.N. Las Palmas				8:24.55 76,00
	NANNUCCI, Bianca	08	27.90	29.58	30.18	30.14	1:57.80
	ULIBARRI SANCHEZ, Ines	09	0.00	30.02	33.13	33.66	2:09.66
	BELLO CODINA, Julia	08	0.00	29.87	33.50	34.56	2:11.77
	DENBY, Kennedy Hope	05	0.00	28.95	31.62	32.33	2:05.32
2.	C.N. Teneteide 1		C.N. Teneteide				8:42.57 68,00
	BASILI, Veronica	08	30.48	32.38			2:08.35
	PORRERO MARTIN, Lucia	08					2:08.93
	BASILI, Eleonora	06					2:14.53
	GUADALUPE NEGRIN, Yumalai	08					2:10.76
3.	C.N. Metropole 1		C.N. Metropole				8:53.80 62,00
	PEREZ RAMOS, Alba	10	30.49	32.85	35.31	36.10	2:14.75
	BENITEZ BRITO, Ana	10	0.00	29.98	34.05	36.09	2:15.17
	PISA, Maria Sofia	11	0.00	31.34	34.68	34.26	2:13.71
	AGUIAR ESPINO, Olivia	09	0.00	29.57	32.59	33.87	2:10.17
4.	C.N. Aguacan 1		C.N. Aguacan				9:06.61 60,00
	DE CASTRO URQUIOLA, Helena	04	31.45	33.64	34.83	34.96	2:14.88
	SUAREZ MACIAS, Gabriela	09	0.00	31.48	35.84	36.67	2:20.38
	HERNANDEZ CASTRILLO, Yessica	00	0.00	31.18	33.84	34.93	2:15.44
	SARMIENTO OJEDA, Andrea	12	0.00	30.82	34.60	35.81	2:15.91
5.	C.N. Martianez Coral Hotels 1		C.N. Martianez Coral Hotels				9:16.12 58,00
	SOSA HERNANDEZ, Andrea Esther	04	31.80	33.16			2:15.15
	SCARPA, Barbara	08					2:18.72
	DIAZ ALVAREZ, Valeria	12					2:26.35
	WOLGESCHAFFEN FERNANDEZ, Sofia	06					2:15.90
6.	Esna Lanzarote 1		Esna Lanzarote				9:21.23 56,00
	RIJO MARTIN, Sara	08	31.73	34.42	35.87	36.02	2:18.04
	MARTIN MELIAN, Raquel	99	0.00	32.90	35.55	35.98	2:20.40
	LORENZO GONZALEZ, Victoria	12	0.00	33.22	35.82	36.37	2:20.49
	PEREZ MUÑOZ, Claudia	08	0.00	31.37	35.38	38.05	2:22.30
7.	C.N. Los Cristianos 1		C.N. Los Cristianos				9:26.75 54,00
	VICTORES DOMINGUEZ, Maria Carla	08	31.78	34.62			2:18.85
	SAIZ PEREZ, Mar	08					2:21.59
	LAVANDERA ALTESOR, Josefina	10					2:26.34
	MOURE GAO, Natalia	11					2:19.97
8.	C.B. Dominicas Vistabella 1		C.B. Dominicas Vistabella				9:30.40 52,00
	DUQUE BROUARD, Elena	10	31.16	33.69			2:13.31
	GONZALEZ RODRIGUEZ, Leyre Maria	10					2:34.92
	PIÑERO STEGENSEK, Elisa	08					2:24.73
	ORTEGA GUTIERREZ, Eugenia	11					2:17.44
9.	Club Deportivo Agaeterun 1		Club Deportivo Agaeterun				9:34.12 50,00
	CABRERA VERASTEGUI, Maria	12	34.75	38.07	39.58	38.46	2:30.86
	QUINTILLA MODREGO, Laia	88	0.00	30.11	33.02	35.16	2:14.06
	ALAMO HERRERA, Julia	07	0.00	32.40	38.13	39.83	2:29.59
	QUINTANA SUAREZ, Miriam	10	0.00	32.60	35.52	36.56	2:19.61
10.	Cn.Salinas Sta.Lucia 1		Cn.Salinas Sta.Lucia				9:35.30 48,00
	LOPEZ SOSA, Carla	09	32.84	35.54	36.94	36.93	2:22.25
	ARIAS FREIRE, Sophia Alejandra	10	0.00	34.04	38.45	39.18	2:29.80
	FERNANDEZ ANDRES, Lola	11	0.00	31.76	36.00	37.41	2:20.83
	DI BERNARDO, Virginia	11	0.00	31.90	36.66	37.86	2:22.42
11.	A.D. Santa Cruz 1		A.D. Santa Cruz				9:45.03 46,00
	CABRERA SUAREZ, Julia	09	33.10	36.97			2:26.21
	CALVICHE FERNANDEZ, Nazaret	87					2:23.21
	HERNANDEZ SANCHEZ, Lara	02					2:24.55
	DIAZ SUAREZ, Mariela	03					2:31.06

Prueba 10, Fem., 4 x 200m Libre, Absoluto Femenino

Clasificación

Tiempo

12.	C.D. Nonadamos 1		C.D. Nonadamos		9:47.09	44,00		
	MARTIN MARTIN, Nerea	11	31.35	34.43	35.39	33.93	2:15.10	
	GONZALEZ GONZALEZ, Aitana	10	0.00	34.52	37.56	40.02	35.97	2:28.07
	MERCADO RODRIGUEZ, Lia	12	0.00	38.08	39.81	39.19	38.37	2:35.45
	GARCIA CERVANTES, Laura	89	0.00	33.65	37.94	38.70	38.18	2:28.47
13.	R.C. Naut. Tenerife 1		R.C. Naut. Tenerife		9:52.45	42,00		
	DIAZ DE LOSADA BUJAN, Silvia	12	32.33	36.26				2:22.54
	DELGADO BARDON, Alicia	07						2:31.88
	IBAÑEZ MARTINEZ, Beatriz	12						2:36.29
	DOBLE AFONSO, Elisa	00						2:21.74
14.	C.D. N. Bentacu-Laguna 1		C.D. N. Bentacu-Laguna		9:57.97	40,00		
	RODRIGUEZ FERRERA, Diana	12	33.91	37.57				2:33.23
	CALZADILLA SOCAS, Silvia	12						2:34.04
	UHEROVA DIAZ-MASA, Carmen	12						2:29.63
	HERNANDEZ ALMENARA, Nerea	07						2:21.07
15.	C.N..Faynagua C. Telde 1		C.N..Faynagua C. Telde		10:03.57	38,00		
	PULIDO MAYOR, Sheila	98	32.14	34.85	35.56	35.90		2:18.45
	GIMENEZ CASTILLA, Maria	07	0.00	33.02	37.41	38.79	38.82	2:28.04
	CARRASCOSA SANTAMARIA, Sara	08	0.00	35.76	41.42	43.45	40.66	2:41.29
	PEREZ SUAREZ, Laura	01	0.00	35.55	39.68	40.90	39.66	2:35.79
16.	C.N. Carucagua 1		C.N. Carucagua		10:03.73	36,00		
	ALAMO MATOS, Ariadna	09	33.15	36.92	37.89	36.91		2:24.87
	NUEZ CABRERA, Alba	09	0.00	35.51	39.45	42.00	40.92	2:37.88
	FALCON AFONSO, Ines	13	0.00	35.34	38.79	39.42	37.64	2:31.19
	MORENO DOMINGUEZ, Paola	07	0.00	36.43	38.98	38.72	35.66	2:29.79
17.	C.D. Herbania 1		C.D. Herbania		10:18.96	34,00		
	TOBAL FEBLES, Helena	13	34.51	38.31	40.43	39.42		2:32.67
	FAJARDO SANCHEZ, Valeria	11	0.00	36.25	41.39	42.77	42.14	2:42.55
	NARANJO NOVAL, Lucia	10	0.00	35.15	37.43	40.77	38.90	2:32.25
	GLENESK FLORES, Lucia	08	0.00	34.10	38.28	39.76	39.35	2:31.49
18.	C.N. Valleverde 1		C.N. Valleverde		10:37.58	32,00		
	PERCANNELLA, Giada	07	34.58	38.70	40.60	40.15		2:34.03
	TABARES HERNANDEZ, Daniela	09	0.00	37.27	41.98	43.78	41.95	2:44.98
	DE MARCO CASTAÑO, Natalia	08	0.00	32.30	35.07	35.72	36.25	2:19.34
	NAVARRO PARRILLA, Aisha	11	0.00	39.74	43.53	45.19	50.77	2:59.23
19.	C.N. Reales 1		C.N. Reales		11:11.66	30,00		
	HERNANDEZ RODRIGUEZ, Mabel	11	0.00	35.82	38.58			2:33.29
	DIETRICH, Katerina	08	0.00					2:56.66
	ROMERO LOPEZ, Leire	10	0.00					2:32.45
	CABRERA HERNANDEZ, Eva	14	0.00					3:09.26

Prueba 11
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Masc., 4 x 100m Libre

Absoluto Masculino
Resultados

Clasificación

Tiempo

1.	C.N. Teneteide 1			C.N. Teneteide			3:29.17	76,00
	MAUDES DOMENECH, Daniel	05	25.62	52.57	GONZALEZ NEGRIN, Aquiles	08		53.30
	RIVEROL HERNANDEZ, Miguel Alor08			51.75	PORRERO MARTIN, Jorge	07		51.55
2.	C.N. Metropole 1			C.N. Metropole			3:29.79	68,00
	ALONSO DOMINGUEZ, Manuel		25.50	52.67	LEON ACOSTA, Hugo	0.00	24.94	52.53
	SANTOS CABRERA, Daniel	0.00	25.46	53.55	VACCARI MARCHETTI, Federico	0.00	24.19	51.04
3.	C.N. Aguacan 1			C.N. Aguacan			3:34.56	62,00
	MAÑOJIL CABRERA, Sergio		25.70	53.11	SALUTREGUI GOMEZ, Nicolas	0.00	25.25	53.93
	CHAVARREN CORUJO, Asier	0.00	26.27	54.13	MARTIN SUAREZ, Alejandro	0.00	25.32	53.39
4.	A.D. Santa Cruz 1			A.D. Santa Cruz			3:35.43	60,00
	GUADALUPE NEGRIN, Jorge Rams03		25.70	54.12	PRIETO RODRIGUEZ, Daniel	00		53.25
	GONZALEZ ALONSO, Airam	95		53.83	RIPPA, Francisco	00		54.23

Prueba 11, Masc., 4 x 100m Libre, Absoluto Masculino

Clasificación

Tiempo

5.	Esna Lanzarote 1				Esna Lanzarote	3:37.46	58,00
	MANZATTO VACCARO, Nicolas	25.12	52.35	BETANCORT RODRIGUEZ, Javier	0.00	26.09	54.74
	COLODRERO MUÑOZ, Ivan	0.00	26.03	ARANDA GALLEG0, Jose Juan	0.00	26.82	56.22
6.	C.N. Martiane3 Coral Hotels 1			C.N. Martiane3 Coral Hotels		3:40.13	56,00
	HOLZENDORF DIONIS, Thomas	97	25.93	RAMOS DELGADO, Ricardo	07		55.41
	RAMOS DELGADO, Gabriel	05		PEREZ GONZALEZ, Fco Javier	90		55.16
7.	C.B. Dominicas Vistabella 1			C.B. Dominicas Vistabella		3:40.62	54,00
	RAVELO SUAREZ, Antonio Jesus	09	25.66	DUQUE BROUARD, Daniel	08		55.38
	ESTEVEZ GALVEZ, Carlos	08		MORENO ALVAREZ, Alexis	08		54.89
8.	R.C. Naut. Tenerife 1			R.C. Naut. Tenerife		3:42.62	52,00
	CAPLLONCH DE UÑA, Ismael	07	25.72	ESTRELLA PADRON, Javier	01		56.11
	DAVARA MENDEZ, Fernando	72		TALLO PEREZ, Bruno	10		57.06
9.	Cn.Salinas Sta.Lucia 1			Cn.Salinas Sta.Lucia		3:44.25	50,00
	VILLANUEVA JODKO, Aleksander	25.58	54.42	RAMIREZ MORALES, Sergio C.	0.00	25.93	55.00
	OUBIÑA CORVALAN, Marcos A	0.00	27.01	SANTANA RAMIREZ, Adrian	0.00	27.55	57.45
10.	C.D. N. Bentacu-Laguna 1			C.D. N. Bentacu-Laguna		3:45.85	48,00
	QUIJADA PEREZ, Saul Alejandro	10	25.66	KEY RAMIREZ, Octavio Jose	10		57.15
	GONZALEZ BAIK, Angel Nuri	04		IZAGUIRRE NESSI, Anthony Xavier	11		57.55
11.	C.N. Los Cristianos 1			C.N. Los Cristianos		3:46.96	46,00
	AMATI, Nicolo	10	26.08	PEREZ KANDRATOVICH, Lenin Rat	08		57.10
	SANCHEZ FERNANDEZ, Gregory	09		AFONSO SUAREZ, Ivan	96		58.69
12.	C.D. Nonadamos 1			C.D. Nonadamos		3:59.23	44,00
	ESTRADA GARCIA, Borja	28.73	1:00.12	PEREZ CERVILLA, Daniel	0.00	30.67	1:01.93
	VIERA VIERA, Acoran	0.00	28.66	RIOS ROMERO, Joaquin	0.00	26.93	56.93
13.	Club Deportivo Agaeterun 1			Club Deportivo Agaeterun		4:04.19	42,00
	ALAMO SANTOS, Alberto Bruno	28.76	59.62	BENITEZ SUAREZ, Jorge	0.00	28.96	1:02.49
	MONZON HENRIQUEZ, Hugo	0.00	29.86	DAMIANI, Giorgio	0.00	30.40	1:02.12
14.	C.D. Herbania 1			C.D. Herbania		4:05.65	40,00
	TOBAL FEBLES, Gabriel	28.55	57.62	AVERO RODRIGUEZ, Angel	0.00	28.46	59.53
	CARRERO SERRANO, Marcos D	0.00	26.96	CARRERO SERRANO, Gabriel Jh	0.00	33.73	1:10.84
15.	C.N. Valleverde 1			C.N. Valleverde		4:06.02	38,00
	BEDOYA OTERO, Omar	29.13	1:00.78	DUARTE RIVADO, Raul	0.00	29.98	1:03.65
	SOSA LA CAMERA, Daniel Nauz	0.00	28.40	RODRIGUEZ PULIDO, Daniel	0.00	27.55	1:01.01
16.	C.N..Faynagua C. Telde 1			C.N..Faynagua C. Telde		4:06.29	36,00
	CARAMES HUERTAS, Oriol	29.11	58.99	VAN KERKHOF REGUERO, Jespe	0.00	30.84	1:04.89
	CAMPANALUNGA MORALES, Er	0.00	28.23	RUANO ZERPA, Fabio	0.00	31.45	1:04.28
17.	C.N. Carucagua 1			C.N. Carucagua		4:10.01	34,00
	PONCE PADRON, Ignacio	28.60	59.52	GIL RODRIGUEZ, Himar	0.00	28.47	1:02.10
	HERNANDEZ GODOY, Juan Gabr	0.00	30.93	QUINTANA BENITEZ, Marcos	0.00	28.87	1:01.31
18.	C.P.Santa Mª De Guia 1			C.P.Santa Mª De Guia		4:32.70	32,00
	GUILLEN PEÑA, Victor	27.49	56.84	PADRON GARCIA, Mauro	0.00	34.76	1:13.04
	GUILLEN MORENO, Omar	0.00	35.95	GONZALEZ RODRIGUEZ, Javier	0.00	30.49	1:05.00
19.	C.N. Reales 1			C.N. Reales		4:40.23	30,00
	RODRIGUEZ DE LA SIERRA GARC	08	1:05.87	CARBALLO DE ARA, Jorel	11		41.43
	YANES PEÑA, Alejandro	10	1:42.61	MARTIN MARTIN, Ayoze	09		1:10.32
20.	C.N. Villa De Agüimes 2016 1			C.N. Villa De Agüimes 2016		4:44.34	28,00
	PARDO, Alessandro Francesco	30.78	1:03.91	SUAREZ ORTEGA, Aaron	0.00	39.01	1:22.20
	RODRIGUEZ SANTANA, Mario	0.00	32.30	CARRETERO LLARENA, Yeron	0.00	32.80	1:11.15

Prueba 12
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Fem., 200m Libre

Absoluto Femenino
Resultados

Clasificación	AN										Tiempo	
1.	NANNUCCI, Bianca	08	C.N. Las Palmas								1:57.67	38,00
	50m: 28.25 28.25	100m: 58.03	29.78	150m: 1:27.98	29.95	200m: 1:57.67	29.69					
2.	AGUIAR ESPINO, Olivia	09	C.N. Metropole								2:10.43	34,00
	50m: 30.89 30.89	100m: 1:03.79	32.90	150m: 1:37.18	33.39	200m: 2:10.43	33.25					
3.	SOSA HERNANDEZ, Andrea Esther	04	C.N. Martianez Coral Hotels								2:12.59	31,00
	50m: 31.41 31.41	100m: 1:04.78	33.37	150m: 1:38.49	33.71	200m: 2:12.59	34.10					
4.	PEREZ RAMOS, Alba	10	C.N. Metropole								2:12.91	30,00
	50m: 31.27 31.27	100m: 1:05.22	33.95	150m: 1:39.71	34.49	200m: 2:12.91	33.20					
5.	BELLO CODINA, Julia	08	C.N. Las Palmas								2:13.11	29,00
	50m: 30.90 30.90	100m: 1:05.40	34.50	150m: 1:39.57	34.17	200m: 2:13.11	33.54					
6.	EXPOSITO AFONSO, Maria	02	C.N. Teneteide								2:13.69	28,00
	50m: 31.83 31.83	100m: 1:05.44	33.61	150m: 1:39.85	34.41	200m: 2:13.69	33.84					
7.	GUADALUPE NEGRIN, Yumalai	08	C.N. Teneteide								2:14.43	27,00
	50m: 31.32 31.32	100m: 1:04.76	33.44	150m: 1:38.58	33.82	200m: 2:14.43	35.85					
8.	DUQUE BROUARD, Elena	10	C.B. Dominicas Vistabella								2:14.51	26,00
	50m: 31.60 31.60	100m: 1:05.11	33.51	150m: 1:39.81	34.70	200m: 2:14.51	34.70					
9.	MARTIN MARTIN, Nerea	11	C.D. Nonadamos								2:14.80	25,00
	50m: 31.27 31.27	100m: 1:05.55	34.28	150m: 1:40.62	35.07	200m: 2:14.80	34.18					
10.	DE MARCO CASTAÑO, Natalia	08	C.N. Valleverde								2:14.89	24,00
	50m: 32.09 32.09	100m: 1:06.11	34.02	200m: 2:14.89	1:08.78							
11.	DE CASTRO URQUIOLA, Helena	04	C.N. Aguacan								2:14.91	23,00
	50m: 31.58 31.58	100m: 1:05.74	34.16	150m: 1:40.46	34.72	200m: 2:14.91	34.45					
12.	RIJO MARTIN, Sara	08	Esna Lanzarote								2:16.40	22,00
	50m: 31.58 31.58	100m: 1:05.81	34.23	150m: 1:41.83	36.02	200m: 2:16.40	34.57					
13.	SARMIENTO OJEDA, Andrea	12	C.N. Aguacan								2:18.68	21,00
	50m: 31.90 31.90	100m: 1:06.81	34.91	150m: 1:43.23	36.42	200m: 2:18.68	35.45					
14.	ORTEGA GUTIERREZ, Eugenia	11	C.B. Dominicas Vistabella								2:19.31	20,00
	50m: 31.86 31.86	100m: 1:06.45	34.59	150m: 1:42.63	36.18	200m: 2:19.31	36.68					
15.	PEREZ MUÑOZ, Claudia	08	Esna Lanzarote								2:19.69	19,00
	50m: 32.28 32.28	100m: 1:07.39	35.11	150m: 1:44.18	36.79	200m: 2:19.69	35.51					
16.	LOPEZ SOSA, Carla	09	Cn.Salinas Sta.Lucia								2:19.71	18,00
	50m: 32.55 32.55	100m: 1:08.29	35.74	150m: 1:44.62	36.33	200m: 2:19.71	35.09					
17.	QUINTANA SUAREZ, Miriam	10	Club Deportivo Agaeterun								2:20.54	17,00
	50m: 33.62 33.62	100m: 1:08.96	35.34	150m: 1:44.78	35.82	200m: 2:20.54	35.76					
18.	DOBLE AFONSO, Elisa	00	R.C. Naut. Tenerife								2:20.60	16,00
	50m: 31.72 31.72	100m: 1:06.65	34.93	150m: 1:43.43	36.78	200m: 2:20.60	37.17					
19.	ALAMO MATOS, Ariadna	09	C.N. Carucagua								2:23.27	15,00
	50m: 32.73 32.73	100m: 1:08.53	35.80	150m: 1:46.21	37.68	200m: 2:23.27	37.06					
20.	SAIZ PEREZ, Mar	08	C.N. Los Cristianos								2:24.74	14,00
	50m: 33.16 33.16	100m: 1:09.33	36.17	150m: 1:46.41	37.08	200m: 2:24.74	38.33					
21.	DIAZ SUAREZ, Mariela	03	A.D. Santa Cruz								2:28.29	13,00
	50m: 34.19 34.19	100m: 1:11.17	36.98	150m: 1:49.71	38.54	200m: 2:28.29	38.58					
22.	PERCANNELLA, Giada	07	C.N. Valleverde								2:28.37	12,00
	50m: 34.18 34.18	100m: 1:11.72	37.54	200m: 2:28.37	1:16.65							
23.	PUIG CURBELO, Bella	14	C.D. N. Bentacu-Laguna								2:29.68	11,00
	50m: 33.49 33.49	100m: 1:11.70	38.21	150m: 1:51.07	39.37	200m: 2:29.68	38.61					

Prueba 12, Fem., 200m Libre, Absoluto Femenino

Clasificación	AN		Tiempo	
24. CALZADILLA SOCAS, Rebeca	08	C.D. N. Bentacu-Laguna	2:30.46	10,00
50m: 33.65 33.65 100m: 1:11.43		37.78 150m: 1:50.92 39.49	200m: 2:30.46	39.54
25. TOBAL FEBLES, Helena	13	C.D. Herbania	2:31.11	9,00
50m: 34.99 34.99 100m: 1:13.26		38.27 150m: 1:52.73 39.47	200m: 2:31.11	38.38
26. MARTIN GOYA, Aurea	11	C.N. Martianez Coral Hotels	2:33.66	8,00
50m: 34.45 34.45 100m: 1:12.38		37.93 150m: 1:52.71 40.33	200m: 2:33.66	40.95
27. DELGADO BARDON, Alicia	07	R.C. Naut. Tenerife	2:33.71	7,00
50m: 34.71 34.71 100m: 1:13.22		38.51 150m: 1:53.81 40.59	200m: 2:33.71	39.90
28. CABRERA VERASTEGUI, Maria	12	Club Deportivo Agaeterun	2:34.11	6,00
50m: 36.17 36.17 100m: 1:15.48		39.31 150m: 1:55.51 40.03	200m: 2:34.11	38.60
29. PERALES SILVA, Leire	13	C.N. Los Cristianos	2:35.57	5,00
50m: 35.89 35.89 100m: 1:15.97		40.08 150m: 1:56.64 40.67	200m: 2:35.57	38.93
30. GONZALEZ RAMIREZ, Marta	09	C.N..Faynagua C. Telde	2:38.51	4,00
50m: 36.62 36.62 100m: 1:17.22		40.60 150m: 1:58.45 41.23	200m: 2:38.51	40.06
31. CARRASCOA SANTAMARIA, Sara	08	C.N..Faynagua C. Telde	2:40.43	3,00
50m: 38.04 38.04 100m: 1:19.53		41.49 150m: 2:01.72 42.19	200m: 2:40.43	38.71
32. LOPEZ CELAYE, Emma Abril	12	C.D. Nonadamos	2:40.67	2,00
50m: 37.42 37.42 100m: 1:18.32		40.90 150m: 2:00.16 41.84	200m: 2:40.67	40.51
33. PEREZ RIVERO, Emma	07	Cn.Salinas Sta.Lucia	2:43.63	1,00
50m: 38.37 38.37 100m: 1:20.02		41.65 150m: 2:02.65 42.63	200m: 2:43.63	40.98
34. QUINTANA PEREZ, Alma	09	C.N. Carucagua	2:45.56	-
50m: 35.31 35.31 100m: 1:16.54		41.23 200m: 2:45.56 1:29.02		
35. FERNANDEZ IBRAHIM, Maria Cristina	08	C.D. Herbania	2:53.38	-
50m: 40.67 40.67 100m: 1:24.27		43.60 150m: 2:09.63 45.36	200m: 2:53.38	43.75
36. FALCON DOMINGUEZ, Elisa	12	A.D. Santa Cruz	3:01.81	-
50m: 38.58 38.58 100m: 1:24.47		45.89 150m: 2:15.17 50.70	200m: 3:01.81	46.64
37. PEREZ MARTIN, Claudia	11	C.N. Reales	3:03.11	-
50m: 40.23 40.23 100m: 1:27.31		47.08 150m: 2:15.76 48.45	200m: 3:03.11	47.35
38. PEREZ MARTIN, Paula	09	C.N. Reales	3:07.08	-
50m: 42.08 42.08 100m: 1:30.01		47.93 150m: 2:19.11 49.10	200m: 3:07.08	47.97
NP CABELLO HENRIQUEZ, Astrid	08	C.N. Carucagua		-
NP DURAN ORTIZ, Selena	03	C.N. Metropole		-
NP CABRERA SUAREZ, Julia	09	A.D. Santa Cruz		-

Prueba 13
22/11/2025

Masc., 400m Estilos

Absoluto Masculino
Resultados

Clasificación	AN		Tiempo	
1. COCERA CORDON, Yare	05	C.N. Metropole	4:42.17	38,00
50m: 28.92 28.92 150m: 1:38.30		36.66 250m: 2:56.71 42.20	350m: 4:11.22	32.45
100m: 1:01.64 32.72 200m: 2:14.51		36.21 300m: 3:38.77 42.06	400m: 4:42.17	30.95
2. SANTOS CABRERA, Daniel	09	C.N. Metropole	4:46.65	34,00
50m: 29.68 29.68 150m: 1:41.77		37.13 250m: 2:58.53 38.85	350m: 4:14.48	34.05
100m: 1:04.64 34.96 200m: 2:19.68		37.91 300m: 3:40.43 41.90	400m: 4:46.65	32.17
3. RAMOS DELGADO, Ricardo	07	C.N. Martianez Coral Hotels	4:48.10	31,00
50m: 30.56 30.56 150m: 1:40.95		35.59 250m: 2:59.63 43.75	350m: 4:17.31	33.06
100m: 1:05.36 34.80 200m: 2:15.88		34.93 300m: 3:44.25 44.62	400m: 4:48.10	30.79
4. CAPLLONCH DE UÑA, Ismael	07	R.C. Naut. Tenerife	4:48.45	30,00
50m: 29.74 29.74 150m: 1:44.49		40.77 250m: 3:06.11 41.17	350m: 4:19.14	31.19
100m: 1:03.72 33.98 200m: 2:24.94		40.45 300m: 3:47.95 41.84	400m: 4:48.45	29.31

Prueba 13, Masc., 400m Estilos, Absoluto Masculino

Clasificación	AN				Tiempo			
5. COLODRERO MUÑOZ, Ivan	09	Esna Lanzarote	4:49.68	29,00				
50m: 31.61 31.61	150m: 1:44.12	37.26 250m: 3:03.99	43.44	350m: 4:19.32	32.09			
100m: 1:06.86 35.25	200m: 2:20.55	36.43 300m: 3:47.23	43.24	400m: 4:49.68	30.36			
6. SANCHEZ FERNANDEZ, Gregory	09	C.N. Los Cristianos	4:50.68	28,00				
50m: 30.41 30.41	150m: 1:44.78	38.36 250m: 3:01.54	39.32	350m: 4:17.34	34.97			
100m: 1:06.42 36.01	200m: 2:22.22	37.44 300m: 3:42.37	40.83	400m: 4:50.68	33.34			
7. RAMOS DELGADO, Gabriel	05	C.N. Martianez Coral Hotels	4:51.00	27,00				
50m: 32.09 32.09	150m: 1:48.28	38.05 250m: 3:07.68	42.19	350m: 4:21.44	32.09			
100m: 1:10.23 38.14	200m: 2:25.49	37.21 300m: 3:49.35	41.67	400m: 4:51.00	29.56			
8. GUILLEN PEÑA, Victor	02	C.P.Santa Mª De Guia	4:51.61	26,00				
50m: 31.40 31.40	150m: 1:45.36	37.76 250m: 3:04.80	42.75	350m: 4:19.99	32.58			
100m: 1:07.60 36.20	200m: 2:22.05	36.69 300m: 3:47.41	42.61	400m: 4:51.61	31.62			
9. IZAGUIRRE NESSI, Anthony Xavier	11	C.D. N. Bentacu-Laguna	4:59.03	25,00				
50m: 30.07 30.07	150m: 1:46.29	40.20 250m: 3:08.55	42.72	350m: 4:27.10	34.82			
100m: 1:06.09 36.02	200m: 2:25.83	39.54 300m: 3:52.28	43.73	400m: 4:59.03	31.93			
10. DUQUE BROUARD, Daniel	08	C.B. Dominicas Vistabella	4:59.60	24,00				
50m: 30.82 30.82	150m: 1:42.09	36.93 250m: 3:04.87	45.03	350m: 4:24.43	34.31			
100m: 1:05.16 34.34	200m: 2:19.84	37.75 300m: 3:50.12	45.25	400m: 4:59.60	35.17			
11. RODRIGUEZ DIAZ, Javier	08	C.N. Teneteide	5:00.77	23,00				
50m: 29.91 29.91	150m: 1:43.26	38.63 250m: 3:07.29	45.81	350m: 4:27.24	35.02			
100m: 1:04.63 34.72	200m: 2:21.48	38.22 300m: 3:52.22	44.93	400m: 5:00.77	33.53			
12. NAVARRO ALONSO, Mark	12	C.N. Teneteide	5:02.59	22,00				
50m: 29.57 29.57	150m: 1:42.47	38.39 250m: 3:06.10	47.01	350m: 4:28.68	36.15			
100m: 1:04.08 34.51	200m: 2:19.09	36.62 300m: 3:52.53	46.43	400m: 5:02.59	33.91			
13. LECUONA GIL-ROLDAN, Raul	86	A.D. Santa Cruz	5:04.71	21,00				
50m: 32.58 32.58	150m: 1:47.07	37.90 250m: 3:09.65	45.21	350m: 4:29.70	35.14			
100m: 1:09.17 36.59	200m: 2:24.44	37.37 300m: 3:54.56	44.91	400m: 5:04.71	35.01			
14. BETANCORT RODRIGUEZ, Javier	03	Esna Lanzarote	5:05.10	20,00				
50m: 31.73 31.73	150m: 1:46.62	39.09 250m: 3:09.34	44.24	350m: 4:31.26	36.41			
100m: 1:07.53 35.80	200m: 2:25.10	38.48 300m: 3:54.85	45.51	400m: 5:05.10	33.84			
15. DUPUY ESTEVEZ, Lucas	11	C.D. N. Bentacu-Laguna	5:06.76	19,00				
50m: 31.36 31.36	150m: 1:53.73	43.55 250m: 3:16.59	41.38	350m: 4:33.87	32.85			
100m: 1:10.18 38.82	200m: 2:35.21	41.48 300m: 4:01.02	44.43	400m: 5:06.76	32.89			
16. VIERA VIERA, Acoran	03	C.D. Nonadamos	5:09.35	18,00				
50m: 30.84 30.84	150m: 1:47.08	40.14 250m: 3:12.97	46.45	350m: 4:34.87	35.17			
100m: 1:06.94 36.10	200m: 2:26.52	39.44 300m: 3:59.70	46.73	400m: 5:09.35	34.48			
17. CARAMES HUERTAS, Oriol	08	C.N..Faynagua C. Telde	5:10.07	17,00				
50m: 34.04 34.04	150m: 1:54.53	41.69 250m: 3:16.12	42.29	350m: 4:35.38	36.40			
100m: 1:12.84 38.80	200m: 2:33.83	39.30 300m: 3:58.98	42.86	400m: 5:10.07	34.69			
18. SANTANA SARMIENTO, Miguel	83	C.N..Faynagua C. Telde	5:13.10	16,00				
50m: 34.52 34.52	150m: 1:54.23	40.94 250m: 3:19.82	45.18	350m: 4:40.88	35.07			
100m: 1:13.29 38.77	200m: 2:34.64	40.41 300m: 4:05.81	45.99	400m: 5:13.10	32.22			
19. OUBIÑA CORVALAN, Marcos A	05	Cn.Salinas Sta.Lucia	5:15.82	15,00				
50m: 33.30 33.30	150m: 1:53.87	41.70 250m: 3:19.89	45.75	350m: 4:41.53	35.98			
100m: 1:12.17 38.87	200m: 2:34.14	40.27 300m: 4:05.55	45.66	400m: 5:15.82	34.29			
20. SUROV ROMANOV, Georgii	11	A.D. Santa Cruz	5:19.36	14,00				
50m: 31.37 31.37	150m: 1:52.82	43.37 250m: 3:20.74	45.12	350m: 4:43.73	36.18			
100m: 1:09.45 38.08	200m: 2:35.62	42.80 300m: 4:07.55	46.81	400m: 5:19.36	35.63			
21. AVERO RODRIGUEZ, Angel	11	C.D. Herbania	5:22.67	13,00				
50m: 34.16 34.16	150m: 1:54.25	42.40 250m: 3:22.68	47.56	350m: 4:46.87	36.25			
100m: 1:11.85 37.69	200m: 2:35.12	40.87 300m: 4:10.62	47.94	400m: 5:22.67	35.80			
22. MATEOS SEGURA, Pablo	10	Club Deportivo Agaeterun	5:22.88	12,00				
50m: 33.46 33.46	150m: 1:55.70	43.00 250m: 3:21.60	44.73	350m: 4:45.78	38.24			
100m: 1:12.70 39.24	200m: 2:36.87	41.17 300m: 4:07.54	45.94	400m: 5:22.88	37.10			

Prueba 13, Masc., 400m Estilos, Absoluto Masculino

Clasificación	AN	Tiempo
23. VEGA RODRIGUEZ, Javier	08 C.B. Dominicas Vistabella	5:24.34 11,00
50m: 32.27 32.27 150m: 1:57.13 43.10 250m: 3:21.06 41.88 350m: 4:45.40 38.77		
100m: 1:14.03 41.76 200m: 2:39.18 42.05 300m: 4:06.63 45.57 400m: 5:24.34 38.94		
24. SANTANA VALIDO, Alan	05 C.N. Aguacan	5:24.94 10,00
50m: 34.49 34.49 150m: 1:59.99 45.13 250m: 3:26.48 43.34 350m: 4:50.68 39.12		
100m: 1:14.86 40.37 200m: 2:43.14 43.15 300m: 4:11.56 45.08 400m: 5:24.94 34.26		
25. PARDO, Alessandro Francesco	13 C.N. Villa De Agüimes 2016	5:31.74 9,00
50m: 34.62 34.62 150m: 1:59.90 44.24 250m: 3:29.47 47.30 350m: 4:56.09 36.82		
100m: 1:15.66 41.04 200m: 2:42.17 42.27 300m: 4:19.27 49.80 400m: 5:31.74 35.65		
26. MATEO HERNANDEZ, Alexis	10 C.N. Valleverde	5:38.62 7,50
50m: 34.88 34.88 150m: 2:01.57 45.36 250m: 3:34.65 49.33 350m: 5:03.30 39.33		
100m: 1:16.21 41.33 200m: 2:45.32 43.75 300m: 4:23.97 49.32 400m: 5:38.62 35.32		
DIAZ VERDE, David	07 Cn.Salinas Sta.Lucia	5:38.62 7,50
50m: 33.99 33.99 150m: 1:58.57 44.08 250m: 3:30.67 49.28 400m: 5:38.62 1:17.87		
100m: 1:14.49 40.50 200m: 2:41.39 42.82 300m: 4:20.75 50.08		
28. NUEZ CRUZ, Gadiel	09 C.N. Aguacan	5:40.87 6,00
50m: 32.87 32.87 150m: 1:59.30 47.66 250m: 3:29.39 45.38 350m: 4:59.78 42.44		
100m: 1:11.64 38.77 200m: 2:44.01 44.71 300m: 4:17.34 47.95 400m: 5:40.87 41.09		
29. POLADASHVILI, Andria	11 C.N. Carucagua	5:44.46 5,00
50m: 34.40 34.40 150m: 2:01.94 46.30 250m: 3:38.50 51.65 350m: 5:08.13 40.56		
100m: 1:15.64 41.24 200m: 2:46.85 44.91 300m: 4:27.57 49.07 400m: 5:44.46 36.33		
30. DIAZ MERCADO, Teo	12 C.N. Carucagua	6:29.07 4,00
50m: 41.18 41.18 150m: 2:17.90 48.16 250m: 4:02.23 57.56 350m: 5:45.55 44.26		
100m: 1:29.74 48.56 200m: 3:04.67 46.77 300m: 5:01.29 59.06 400m: 6:29.07 43.52		
31. MEDINA MARIN, Nicolas	12 R.C. Naut. Tenerife	6:40.13 3,00
50m: 42.14 42.14 150m: 2:24.10 51.52 300m: 5:13.02 1:58.40		
100m: 1:32.58 50.44 200m: 3:14.62 50.52 400m: 6:40.13 1:27.11		
32. GUEDES ALONSO, Francisco Yeray	80 C.N. Valleverde	6:44.83 2,00
50m: 42.48 42.48 150m: 2:29.61 55.47 250m: 4:20.35 56.40 350m: 6:02.49 45.42		
100m: 1:34.14 51.66 200m: 3:23.95 54.34 300m: 5:17.07 56.72 400m: 6:44.83 42.34		
DSQ PEREZ SARMIENTO, Rodrigo	13 Club Deportivo Agaeterun	-
DSQ PEREZ CERVILLA, Daniel	07 C.D. Nonadamos	-
<i>DVI - Desc Viraje Irregular</i>		
DSQ GORRIN ROBERTS, Alec	11 C.N. Los Cristianos	-
<i>DNI - Desc Nado Irregular</i>		
NP SANCHEZ RODRIGUEZ, Adrian	12 C.D. Nonadamos	-
NP LEON ACOSTA, Hugo	09 C.N. Metropole	-
NP CABRERA WINTER, Alvaro	01 C.N..Faynagua C. Telde	-
NP DAMIANI, Giorgio	12 Club Deportivo Agaeterun	-
NP PRIETO RODRIGUEZ, Daniel	00 A.D. Santa Cruz	-

Prueba 14
22/11/2025

Fem., 50m Mariposa

Absoluto Femenino
Resultados

Clasificación	AN	Tiempo
1. CABALLERO RUIZ, Elena	11 C.N. Metropole	28.97 38,00
2. QUINTILLA MODREGO, Laia	88 Club Deportivo Agaeterun	29.81 34,00
3. LAMBERTO GARCIA, Ana Maria	02 C.N. Teneteide	29.92 31,00
4. SANTANA DRAGO, Leire	07 C.N. Las Palmas	30.55 30,00
5. WOLGESCHAFFEN FERNANDEZ, Sofi	06 C.N. Martianez Coral Hotels	30.59 29,00
6. VICTORES DOMINGUEZ, Maria Carla	08 C.N. Los Cristianos	30.77 28,00
7. ARBELO ESTEVEZ, Patricia	11 C.N. Teneteide	30.82 27,00

Prueba 14, Fem., 50m Mariposa, Absoluto Femenino

Clasificación	AN		Tiempo
8. HERNANDEZ ALMENARA, Nerea	07	C.D. N. Bentacu-Laguna	30.88 26,00
9. RODRIGUEZ COLMENARES, Bella Sof	09	C.N. Los Cristianos	30.93 25,00
10. HERNANDEZ SANCHEZ, Lara	02	A.D. Santa Cruz	30.99 24,00
11. ROMERO BASTERRECHEA, Paula	97	C.N. Aguacan	31.02 22,50
PULIDO MAYOR, Sheila	98	C.N..Faynagua C. Telde	31.02 22,50
13. DI BERNARDO, Virginia	11	Cn.Salinas Sta.Lucia	31.30 21,00
14. PULIDO SOSA, Valeria	10	C.N. Las Palmas	31.59 20,00
15. SUAREZ MACIAS, Gabriela	09	C.N. Aguacan	32.06 19,00
16. SANTANA RAMIREZ, Carmen	07	C.N. Metropole	32.71 18,00
17. DUBOIS RIVERO, Lara	10	C.N. Villa De Agüimes 2016	32.73 17,00
18. SARMIENTO NARANJO, Carla	09	C.N. Villa De Agüimes 2016	33.16 16,00
19. ALAMO HERRERA, Julia	07	Club Deportivo Agaeterun	33.42 15,00
20. CEDRES ESPINOSA, Martina	09	Esna Lanzarote	33.74 14,00
21. PEREZ SUAREZ, Laura	01	C.N..Faynagua C. Telde	33.85 13,00
22. UHEROVA DIAZ-MASA, Carmen	12	C.D. N. Bentacu-Laguna	33.91 12,00
23. MORENO DOMINGUEZ, Paola	07	C.N. Carucagua	33.99 11,00
24. FERNANDEZ AGUIRRE, Lola	12	A.D. Santa Cruz	34.21 10,00
25. DIAZ PEREZ, Ainara	09	C.N. Martianez Coral Hotels	34.55 9,00
26. GARCIA CERVANTES, Laura	89	C.D. Nonadamos	35.41 8,00
27. PERCANNELLA, Giada	07	C.N. Valleverde	35.44 7,00
28. LIMA MUJICA, Nicole Adriana	10	C.B. Dominicas Vistabella	35.81 6,00
29. QUINTANA PEREZ, Alma	09	C.N. Carucagua	36.00 5,00
30. IBAÑEZ MARTINEZ, Beatriz	12	R.C. Naut. Tenerife	37.38 4,00
31. GONZALEZ RODRIGUEZ, Leyre Maria	10	C.B. Dominicas Vistabella	37.47 3,00
32. MERCADO RODRIGUEZ, Lia	12	C.D. Nonadamos	38.47 2,00
33. GARCIA PEREZ, Paola	06	C.P.Santa Mª De Guia	39.39 1,00
34. MARTEL TORRES, Carmen	13	Cn.Salinas Sta.Lucia	40.48 -
35. VARELA MESA, Ines	08	R.C. Naut. Tenerife	42.03 -
36. FERNANDEZ GUILLEN, Valentina	14	Esna Lanzarote	43.17 -
37. RODRIGUEZ MARRERO, Leiva	09	C.N. Valleverde	47.64 -
38. PEREZ MARTIN, Paula	09	C.N. Reales	50.11 -
39. PEREZ MARTIN, Claudia	11	C.N. Reales	50.26 -
NP BERNARD BERNARD, Escarlata	89	C.N. Metropole	-
NP QUESADA GARCIA, Yanel	04	Cn.Salinas Sta.Lucia	-
NP NUÑEZ CATALAN, Maria	96	C.B. Dominicas Vistabella	-

Prueba 15
22/11/2025

Masc., 50m Mariposa

Absoluto Masculino
Resultados

Clasificación	AN		Tiempo
1. VACCARI MARCHETTI, Federico	07	C.N. Metropole	25.54 38,00
2. MAUDES DOMENECH, Daniel	05	C.N. Teneteide	25.72 34,00
3. MAÑOJIL CABRERA, Sergio	05	C.N. Aguacan	25.93 31,00
4. RIVEROL HERNANDEZ, Miguel Alonso	08	C.N. Teneteide	26.40 30,00
5. QUIJADA PEREZ, Saul Alejandro	10	C.D. N. Bentacu-Laguna	26.57 29,00
6. PEREZ KANDRATOVICH, Lenin Raul	08	C.N. Los Cristianos	26.95 28,00
7. CHAVARREN CORUJO, Asier	98	C.N. Aguacan	27.06 27,00
8. MERINO MONTES DE OCA, Alvaro	01	A.D. Santa Cruz	27.11 26,00
9. GONZALEZ BAIK, Angel Nuri	04	C.D. N. Bentacu-Laguna	27.29 25,00
10. CARRERO SERRANO, Marcos Daniel	09	C.D. Herbania	27.51 24,00
11. GARCIA LOPEZ, Javier	99	A.D. Santa Cruz	27.66 23,00
12. HENRIQUEZ QUEVEDO, Jorge	11	C.N. Metropole	27.87 22,00
13. PERALES SILVA, Francisco	09	C.N. Los Cristianos	28.01 21,00

Prueba 15, Masc., 50m Mariposa, Absoluto Masculino

Clasificación	AN		Tiempo
14. ALAMO SANTOS, Alberto Bruno	07	Club Deportivo Agaeterun	28.85 20,00
15. ARANDA GALLEG0, Jose Juan	75	Esna Lanzarote	28.91 19,00
16. LAGO CARABALLO, Saul	98	Cn.Salinas Sta.Lucia	29.07 18,00
17. MUÑOZ DEL CASTILLO ARÁNEGA, Alfonso	09	C.B. Dominicas Vistabella	29.19 17,00
18. NASSEREDDINE MESA, Nash	09	C.B. Dominicas Vistabella	29.86 16,00
19. OUBIÑA CORVALAN, Marcos A	05	Cn.Salinas Sta.Lucia	30.20 15,00
20. SOSA LA CAMERA, Daniel Nauzet	10	C.N. Valleverde	30.38 14,00
21. GIL RODRIGUEZ, Himar	11	C.N. Carucagua	31.01 13,00
22. ANDERSSSEN MIRANDA, Knut	10	C.D. Nonadamos	31.13 12,00
23. HERNANDEZ ROCIO, Francisco Javier	10	C.N. Valleverde	31.23 11,00
24. HERNANDEZ GODOY, Juan Gabriel	08	C.N. Carucagua	33.29 10,00
25. SANCHEZ RODRIGUEZ, Adrian	12	C.D. Nonadamos	33.68 9,00
26. MICO FERNANDEZ, Pedro	11	C.D. Herbania	33.79 8,00
27. CARRETERO LLARENA, Yeron	10	C.N. Villa De Agüimes 2016	33.81 7,00
28. VIDARTE BOROWIECKI, Eneko	10	R.C. Naut. Tenerife	33.83 6,00
29. GONZALEZ PATO, Asier	13	Esna Lanzarote	34.23 5,00
30. RODRIGUEZ ESTELLE, Guillermo	11	C.N. Martianez Coral Hotels	34.24 4,00
31. PEREZ MARIN, Mateo	09	R.C. Naut. Tenerife	34.35 3,00
32. GONZALEZ RODRIGUEZ, Javier	06	C.P.Santa Mª De Guia	34.44 2,00
33. RUIZ CUBAS, Daniel	11	Club Deportivo Agaeterun	35.69 1,00
34. PADRON GARCIA, Mauro	13	C.P.Santa Mª De Guia	37.66 -
DSQ HOLZENDORF DIONIS, Thomas	97	C.N. Martianez Coral Hotels	-
<i>DNI - Desc Nado Irregular</i>			
NP PEREZ CERVILLA, Daniel	07	C.D. Nonadamos	-
NP VANHOUCKE, Louka	02	C.N. Metropole	-
NP ALAMO HERRERA, Jorge	11	Club Deportivo Agaeterun	-
NP GONZALEZ NEGRIN, Aquiles	08	C.N. Teneteide	-
NP ESTRELLA PADRON, Javier	01	R.C. Naut. Tenerife	-
Baja SANTANA SARMIENTO, Miguel	83	C.N..Faynagua C. Telde	-

Prueba 16
22/11/2025

Fem., 200m Braza

Absoluto Femenino
Resultados

Clasificación	AN		Tiempo
1. HERNANDEZ MARTIN, Nerea	03	C.N. Las Palmas	2:43.89 38,00
50m: 37.57 37.57 100m: 1:18.81		41.24 150m: 2:01.04 42.23 200m: 2:43.89 42.85	
2. WOOD MESA, Maria	12	C.N. Metropole	2:44.17 34,00
50m: 38.07 38.07 100m: 1:19.90		41.83 150m: 2:02.22 42.32 200m: 2:44.17 41.95	
3. CERPA CABALLERO, Xiomara Ma	01	C.N. Aguacan	2:46.84 31,00
50m: 37.29 37.29 100m: 1:19.17		41.88 150m: 2:02.79 43.62 200m: 2:46.84 44.05	
4. FERNANDEZ VIEIRA, Carolina	08	C.N. Teneteide	2:47.63 30,00
50m: 40.56 40.56 100m: 1:23.71		43.15 150m: 2:06.81 43.10 200m: 2:47.63 40.82	
5. BASILI, Eleonora	06	C.N. Teneteide	2:48.72 29,00
50m: 40.05 40.05 100m: 1:23.20		43.15 150m: 2:06.09 42.89 200m: 2:48.72 42.63	
6. ARIAS FREIRE, Sophia Alejandra	10	Cn.Salinas Sta.Lucia	2:48.96 28,00
50m: 38.64 38.64 100m: 1:22.15		43.51 150m: 2:05.54 43.39 200m: 2:48.96 43.42	
7. CALVICHE FERNANDEZ, Nazaret	87	A.D. Santa Cruz	2:51.42 27,00
50m: 41.12 41.12 100m: 1:25.12		44.00 150m: 2:08.74 43.62 200m: 2:51.42 42.68	
8. FUENTES MONTES, Amaya	08	C.N. Las Palmas	2:52.68 26,00
50m: 39.41 39.41 100m: 1:23.33		43.92 150m: 2:08.17 44.84 200m: 2:52.68 44.51	
9. QUIROS FERNANDEZ, Eva	12	C.N. Metropole	2:54.01 25,00
50m: 39.22 39.22 100m: 1:23.46		44.24 150m: 2:08.31 44.85 200m: 2:54.01 45.70	

Prueba 16, Fem., 200m Braza, Absoluto Femenino

Clasificación	AN				Tiempo			
10.	IZAGUIRRE NESSI, Kassandra Isabel	08	C.D. N. Bentacu-Laguna	2:55.44	24,00			
	50m: 39.82 39.82 100m: 1:24.62	44.80 150m: 2:09.53 44.91	200m: 2:55.44 45.91					
11.	FRANCOS PINEDA, Carlota	05	C.N. Martianeze Coral Hotels	2:56.29	23,00			
	50m: 40.97 40.97 100m: 1:26.23	45.26 150m: 2:12.10 45.87	200m: 2:56.29 44.19					
12.	GONZALEZ QUINTANA, Valeria	08	C.B. Dominicas Vistabella	2:57.05	22,00			
	50m: 39.42 39.42 100m: 1:23.54	44.12 150m: 2:09.59 46.05	200m: 2:57.05 47.46					
13.	GLENESK FLORES, Lucia	08	C.D. Herbania	2:57.31	21,00			
	50m: 39.54 39.54 100m: 1:24.65	45.11 150m: 2:11.23 46.58	200m: 2:57.31 46.08					
14.	PIÑERO STEGENSEK, Elisa	08	C.B. Dominicas Vistabella	2:57.88	20,00			
	50m: 39.63 39.63 100m: 1:25.44	45.81 150m: 2:12.78 47.34	200m: 2:57.88 45.10					
15.	GODOY FALCON, Ma Daniela	06	C.P.Santa Mª De Guia	3:00.75	19,00			
	50m: 40.91 40.91 100m: 1:26.64	45.73 150m: 2:14.39 47.75	200m: 3:00.75 46.36					
16.	CABRERA SUAREZ, Julia	09	A.D. Santa Cruz	3:01.28	18,00			
	50m: 41.07 41.07 100m: 1:26.54	45.47 150m: 2:13.49 46.95	200m: 3:01.28 47.79					
17.	MOURE GAO, Natalia	11	C.N. Los Cristianos	3:01.30	17,00			
	50m: 40.45 40.45 100m: 1:26.72	46.27 150m: 2:15.33 48.61	200m: 3:01.30 45.97					
18.	MARTIN MELIAN, Raquel	99	Esna Lanzarote	3:01.51	16,00			
	50m: 43.09 43.09 100m: 1:29.40	46.31 150m: 2:15.53 46.13	200m: 3:01.51 45.98					
19.	MORALES GONZALEZ, Aroa	08	C.N. Aguacan	3:05.86	15,00			
	50m: 41.60 41.60 100m: 1:29.47	47.87 150m: 2:18.57 49.10	200m: 3:05.86 47.29					
20.	GONZALEZ GONZALEZ, Aitana	10	C.D. Nonadamos	3:08.57	14,00			
	50m: 43.78 43.78 100m: 1:32.64	48.86 150m: 2:22.29 49.65	200m: 3:08.57 46.28					
21.	FERRERA VILAR, Nayade	12	C.D. Nonadamos	3:08.73	13,00			
	50m: 43.42 43.42 100m: 1:31.52	48.10 150m: 2:20.97 49.45	200m: 3:08.73 47.76					
22.	DOBLE AFONSO, Elisa	00	R.C. Naut. Tenerife	3:10.68	12,00			
	50m: 41.33 41.33 100m: 1:28.72	47.39 150m: 2:19.13 50.41	200m: 3:10.68 51.55					
23.	CALZADILLA SOCAS, Silvia	12	C.D. N. Bentacu-Laguna	3:11.30	11,00			
	50m: 42.16 42.16 100m: 1:29.86	47.70 150m: 2:21.74 51.88	200m: 3:11.30 49.56					
24.	CAMACHO TOLEDO, Aitana	14	Esna Lanzarote	3:11.55	10,00			
	50m: 43.34 43.34 100m: 1:31.72	48.38 150m: 2:22.44 50.72	200m: 3:11.55 49.11					
25.	GONZALEZ ALONSO, Silvia	12	R.C. Naut. Tenerife	3:21.87	9,00			
	50m: 45.03 45.03 100m: 1:35.81	50.78 150m: 2:30.26 54.45	200m: 3:21.87 51.61					
26.	JIMENEZ BENITEZ, Irene	13	Club Deportivo Agaeterun	3:25.59	8,00			
	50m: 46.68 46.68 100m: 1:40.23	53.55 150m: 2:33.18 52.95	200m: 3:25.59 52.41					
27.	JIMENEZ PINEDA, Leyre	12	Cn.Salinas Sta.Lucia	3:27.97	7,00			
	50m: 46.79 46.79 100m: 1:39.90	53.11 150m: 2:35.04 55.14	200m: 3:27.97 52.93					
28.	ORTEGA QUINTANA, Elena	11	C.N. Carucagua	3:28.74	6,00			
	50m: 45.38 45.38 100m: 1:38.31	52.93 150m: 2:34.33 56.02	200m: 3:28.74 54.41					
29.	HIMPENS, Fien	14	C.N. Los Cristianos	3:34.69	5,00			
	50m: 45.46 45.46 100m: 1:40.70	55.24 150m: 2:37.28 56.58	200m: 3:34.69 57.41					
30.	SANTANA RIO, Leire	12	Club Deportivo Agaeterun	3:39.67	4,00			
	50m: 50.74 50.74 100m: 1:46.92	56.18 150m: 2:43.58 56.66	200m: 3:39.67 56.09					
31.	HERNANDEZ GONZALEZ, Lydia	12	C.N. Reales	3:42.70	3,00			
	50m: 49.19 49.19 100m: 1:45.99	56.80 150m: 2:43.94 57.95	200m: 3:42.70 58.76					
32.	RUIZ DIAZ, Julia	10	C.N. Carucagua	4:02.97	2,00			
	50m: 54.63 54.63 100m: 1:56.33	1:01.70 150m: 3:01.49 1:05.16	200m: 4:02.97 1:01.48					
33.	ALLO LEON, Isora	12	C.N. Reales	4:18.01	1,00			
	50m: 56.54 56.54 100m: 2:03.28	1:06.74 150m: 3:11.46 1:08.18	200m: 4:18.01 1:06.55					

Prueba 16, Fem., 200m Braza, Absoluto Femenino

Clasificación	AN	Tiempo
DSQ DIAZ PEREZ, Leyla <i>DSA - Desc Salida Anticipada</i>	13 C.N. Martianez Coral Hotels	-
NP MENDEZ RAMIREZ, Zoe	12 Cn.Salinas Sta.Lucia	-
NP BABIKOVA, Marianna	11 A.D. Santa Cruz	-

Prueba 17
22/11/2025

Masc., 200m Braza

Absoluto Masculino
Resultados

Clasificación	AN	Tiempo
1. SANCHEZ MEDINA, Ian 50m: 32.93 32.93 100m: 1:09.69	06 C.N. Metropole 36.76 150m: 1:47.34 37.65 200m: 2:23.92 36.58	2:23.92 38,00
2. KHILKO, Sergiy 50m: 32.92 32.92 100m: 1:09.84	86 R.C. Naut. Tenerife 36.92 150m: 1:47.52 37.68 200m: 2:24.68 37.16	2:24.68 34,00
3. CERPA CABALLERO, Jonay Salvador 50m: 33.38 33.38 100m: 1:11.19	99 C.N. Aguacan 37.81 150m: 1:49.71 38.52 200m: 2:27.48 37.77	2:27.48 31,00
4. RAVELO SUAREZ, Antonio Jesus 50m: 34.54 34.54 100m: 1:11.90	09 C.B. Dominicas Vistabella 37.36 150m: 1:49.42 37.52 200m: 2:27.79 38.37	2:27.79 30,00
5. AFONSO SUAREZ, Ivan 50m: 34.49 34.49 100m: 1:10.78	96 C.N. Los Cristianos 36.29 150m: 1:49.41 38.63 200m: 2:27.97 38.56	2:27.97 29,00
6. AFANASEV, Vadim 50m: 33.40 33.40 100m: 1:11.87	03 A.D. Santa Cruz 38.47 150m: 1:50.75 38.88 200m: 2:29.14 38.39	2:29.14 28,00
7. SEGARRA SANMARTIN, Jorge 50m: 34.21 34.21 100m: 1:13.13	99 C.N. Teneteide 38.92 150m: 1:51.72 38.59 200m: 2:31.01 39.29	2:31.01 27,00
8. ALVAREZ VALENCIA, Nestor 50m: 34.88 34.88 100m: 1:13.66	00 Esna Lanzarote 38.78 150m: 1:52.83 39.17 200m: 2:32.30 39.47	2:32.30 26,00
9. RIOS ROMERO, Joaquin 50m: 35.11 35.11 100m: 1:13.74	04 C.D. Nonadamos 38.63 150m: 1:53.51 39.77 200m: 2:34.61 41.10	2:34.61 25,00
10. BORGIS, Rons 50m: 34.83 34.83 100m: 1:15.05	10 C.N. Teneteide 40.22 150m: 1:55.96 40.91 200m: 2:36.87 40.91	2:36.87 24,00
11. ORTEGA GUTIERREZ, Manuel 50m: 35.19 35.19 100m: 1:15.20	08 C.B. Dominicas Vistabella 40.01 150m: 1:57.13 41.93 200m: 2:37.06 39.93	2:37.06 23,00
12. CERES, Inti 50m: 36.29 36.29 100m: 1:16.97	05 A.D. Santa Cruz 40.68 150m: 1:57.17 40.20 200m: 2:37.24 40.07	2:37.24 22,00
13. GONZALEZ POU, Daniel 50m: 35.39 35.39 100m: 1:15.86	01 C.N. Aguacan 40.47 150m: 1:57.58 41.72 200m: 2:40.20 42.62	2:40.20 21,00
14. BEDOYA OTERO, Omar 50m: 36.14 36.14 100m: 1:17.03	81 C.N. Valleverde 40.89 150m: 2:00.19 43.16 200m: 2:45.37 45.18	2:45.37 20,00
15. MERINO FAJARDO, Eduardo 50m: 38.38 38.38 100m: 1:20.98	09 C.D. Nonadamos 42.60 150m: 2:03.98 43.00 200m: 2:47.30 43.32	2:47.30 19,00
16. GONZALEZ SUAREZ, Ivan 50m: 38.50 38.50 100m: 1:22.35	92 C.N. Martianez Coral Hotels 43.85 150m: 2:06.34 43.99 200m: 2:47.81 41.47	2:47.81 18,00
17. QUILES PEÑATE, Jose Antonio 50m: 38.00 38.00 100m: 1:21.28	09 C.N. Metropole 43.28 150m: 2:04.86 43.58 200m: 2:48.29 43.43	2:48.29 17,00
18. CABRERA MAROTO, Jose 50m: 38.56 38.56 100m: 1:22.33	11 C.N. Carucagua 43.77 150m: 2:06.29 43.96 200m: 2:48.96 42.67	2:48.96 16,00
19. GARCIA DE LA ROSA, Darien 50m: 39.23 39.23 100m: 1:21.65	11 C.D. N. Bentacu-Laguna 42.42 150m: 2:07.23 45.58 200m: 2:51.32 44.09	2:51.32 15,00

Prueba 17, Masc., 200m Braza, Absoluto Masculino

Clasificación	AN					Tiempo					
20.	CARDONA RAMIREZ, Jose Miguel	12	Cn.Salinas Sta.Lucia							2:52.53	14,00
	50m: 38.92 38.92 100m: 1:23.40		44.48 150m: 2:08.41 45.01			200m: 2:52.53				44.12	
21.	ALAMO HERRERA, Jorge	11	Club Deportivo Agaeterun							2:54.69	13,00
	50m: 39.40 39.40 100m: 1:23.87		44.47 150m: 2:09.40 45.53			200m: 2:54.69				45.29	
22.	GUTIERREZ MARTIN, Abrahan	10	C.N. Los Cristianos							2:55.60	12,00
	50m: 39.69 39.69 100m: 1:25.28		45.59 150m: 2:10.83 45.55			200m: 2:55.60				44.77	
23.	RODRIGUEZ NAVARRO, Hugo	09	R.C. Naut. Tenerife							2:58.53	11,00
	50m: 39.06 39.06 100m: 1:22.93		43.87 150m: 2:08.88 45.95			200m: 2:58.53				49.65	
24.	DUARTE RIVADO, Raul	90	C.N. Valleverde							3:00.08	10,00
	50m: 41.64 41.64 100m: 1:28.77		47.13 150m: 2:15.38 46.61			200m: 3:00.08				44.70	
25.	FDEZ DIAZ, Santiago	06	Esna Lanzarote							3:01.65	9,00
	50m: 40.89 40.89 100m: 1:27.98		47.09 150m: 2:15.52 47.54			200m: 3:01.65				46.13	
26.	VAN KERKHOF REGUERO, Jesper	09	C.N..Faynagua C. Telde							3:02.57	8,00
	50m: 41.54 41.54 100m: 1:27.83		46.29 150m: 2:15.36 47.53			200m: 3:02.57				47.21	
27.	BRAVO CENTRELLA, Alessandro Migu	09	C.D. N. Bentacu-Laguna							3:03.86	7,00
	50m: 39.35 39.35 100m: 1:25.36		46.01 150m: 2:15.57 50.21			200m: 3:03.86				48.29	
28.	RIVERO MEDINA, Joel	05	Cn.Salinas Sta.Lucia							3:07.54	6,00
	50m: 40.75 40.75 100m: 1:27.39		46.64 150m: 2:16.82 49.43			200m: 3:07.54				50.72	
29.	RUANO ZERPA, Fabio	10	C.N..Faynagua C. Telde							3:11.24	5,00
	50m: 44.07 44.07 100m: 1:33.70		49.63 150m: 2:23.81 50.11			200m: 3:11.24				47.43	
30.	GUILLEN MORENO, Omar	12	C.P.Santa Mª De Guia							3:16.08	4,00
	50m: 43.66 43.66 100m: 1:34.43		50.77 150m: 2:26.76 52.33			200m: 3:16.08				49.32	
31.	HERRERA AYMAR, Sergio	13	C.P.Santa Mª De Guia							3:20.75	3,00
	50m: 44.70 44.70 100m: 1:36.18		51.48 150m: 2:29.34 53.16			200m: 3:20.75				51.41	
32.	MORERA VEGA, Aitor	11	C.N. Carucagua							3:22.98	2,00
	50m: 43.40 43.40 100m: 1:36.05		52.65 150m: 2:32.51 56.46			200m: 3:22.98				50.47	
33.	RODRIGUEZ ESTELLE, Guillermo	11	C.N. Martianez Coral Hotels							3:27.61	1,00
	50m: 44.18 44.18 100m: 1:37.18		53.00 150m: 2:32.99 55.81			200m: 3:27.61				54.62	
34.	SUAREZ ORTEGA, Aaron	13	C.N. Villa De Agüimes 2016							3:30.24	-
	50m: 48.01 48.01 100m: 1:42.79		54.78 150m: 2:37.77 54.98			200m: 3:30.24				52.47	
35.	ALVAREZ GONZALEZ, Hugo	12	C.D. Herbania							3:39.88	-
	50m: 48.14 48.14 100m: 1:44.11		55.97 150m: 2:42.01 57.90			200m: 3:39.88				57.87	
36.	TRICCA, Alexander	13	C.D. Herbania							3:50.55	-
	50m: 50.81 50.81 100m: 1:49.15		58.34 150m: 2:50.63 1:01.48			200m: 3:50.55				59.92	
DSQ	ALLO LEON, Mario	14	C.N. Reales								-
	DVI - Desc Viraje Irregular										
NP	LEON JULIA, Marco	09	C.N. Metropole								-
NP	AMARO HERNANDEZ, Eduardo Asdrub	06	C.N. Teneteide								-

Prueba 18
22/11/2025

Fem., 100m Espalda

Absoluto Femenino
Resultados

Clasificación	AN				Tiempo	
1. RODRIGUEZ RIVERO, Paula	02	C.N. Las Palmas	1:02.40	38,00		
50m: 30.25 30.25	100m:	32.15				
2. PORRERO MARTIN, Lucia	08	C.N. Teneteide	1:06.67	34,00		
50m: 31.73 31.73	100m:	34.94				
3. GONZALEZ GONZALEZ, Janeth	10	C.N. Aguacan	1:06.69	31,00		
50m: 32.17 32.17	100m:	34.52				
4. SANTANA DRAGO, Leire	07	C.N. Las Palmas	1:06.82	30,00		
50m: 32.15 32.15	100m:	34.67				
5. HERNANDEZ CASTRILLO, Yessica	00	C.N. Aguacan	1:07.02	29,00		
50m: 32.71 32.71	100m:	34.31				
6. FERNANDEZ ANDRES, Lola	11	Cn.Salinas Sta.Lucia	1:08.20	28,00		
50m: 33.43 33.43	100m:	34.77				
7. MORENO ARMAS, Ainara	07	C.N. Teneteide	1:09.49	27,00		
50m: 32.49 32.49	100m:	37.00				
8. BATISTA RIOS, Marta	11	C.N. Metropole	1:09.65	26,00		
50m: 33.54 33.54	100m:	36.11				
9. AGUIAR ESPINO, Olivia	09	C.N. Metropole	1:10.79	25,00		
50m: 34.33 34.33	100m:	36.46				
10. DIAZ DE LOSADA BUJAN, Silvia	12	R.C. Naut. Tenerife	1:11.55	24,00		
50m: 33.94 33.94	100m:	37.61				
11. MARTIN MARTIN, Nerea	11	C.D. Nonadamos	1:13.85	23,00		
50m: 35.73 35.73	100m:	38.12				
12. RODRIGUEZ FERRERA, Diana	12	C.D. N. Bentacu-Laguna	1:15.50	22,00		
50m: 36.04 36.04	100m:	39.46				
13. ANGULO FALCON, Cristina	06	C.N. Martianez Coral Hotels	1:16.54	21,00		
50m: 37.05 37.05	100m:	39.49				
14. LAVANDERA ALTESOR, Josefina	10	C.N. Los Cristianos	1:16.64	20,00		
50m: 37.39 37.39	100m:	39.25				
15. CASTRO ADRIAN, Michelle	02	A.D. Santa Cruz	1:17.24	19,00		
50m: 37.64 37.64	100m:	39.60				
16. DI BERNARDO, Lucrecia	13	Cn.Salinas Sta.Lucia	1:17.30	18,00		
50m: 37.24 37.24	100m:	40.06				
17. NUEZ CABRERA, Alba	09	C.N. Carucagua	1:18.04	17,00		
50m: 38.44 38.44	100m:	39.60				
18. UHEROVA DIAZ MASA, Ivana	14	C.D. N. Bentacu-Laguna	1:18.12	16,00		
50m: 38.05 38.05	100m:	40.07				
19. GONZALEZ GUILLLEN, Daniela	07	C.N. Martianez Coral Hotels	1:18.82	15,00		
50m: 38.78 38.78	100m:	40.04				
20. NAVARRO LUZARDO, Aranzazu	08	C.N. Carucagua	1:19.68	14,00		
50m: 39.21 39.21	100m:	40.47				
21. LORENZO GONZALEZ, Victoria	12	Esna Lanzarote	1:20.37	13,00		
50m: 39.56 39.56	100m:	40.81				
22. PEREZ LUIS, Lucia	08	C.D. Herbania	1:22.82	12,00		
50m: 39.63 39.63	100m:	43.19				
23. TABARES HERNANDEZ, Daniela	09	C.N. Valleverde	1:23.50	11,00		
50m: 39.79 39.79	100m:	43.71				

Prueba 18, Fem., 100m Espalda, Absoluto Femenino

Clasificación	AN				Tiempo	
24. FAJARDO SANCHEZ, Valeria	11	C.D. Herbania			1:25.05	10,00
50m: 41.16 41.16	100m: 1:25.05	43.89				
25. ALAMO SANTOS, Rocio	11	Club Deportivo Agaeterun			1:25.13	9,00
50m: 43.37 43.37	100m: 1:25.13	41.76				
26. ESTEVEZ RAMOS, Claudia	13	C.P.Santa Mª De Guia			1:25.15	8,00
50m: 41.52 41.52	100m: 1:25.15	43.63				
27. JORGE GARCIA, Mayka	08	Club Deportivo Agaeterun			1:26.56	7,00
50m: 41.64 41.64	100m: 1:26.56	44.92				
28. CEDRES ESPINOSA, Valeria	09	Esna Lanzarote			1:27.47	6,00
50m: 42.74 42.74	100m: 1:27.47	44.73				
29. CONTESSI, Alice	12	C.N. Villa De Agüimes 2016			1:27.54	5,00
50m: 42.32 42.32	100m: 1:27.54	45.22				
30. ASCANIO ROQUE, Miriam De Los Angeles	03s	A.D. Santa Cruz			1:28.69	4,00
50m: 40.96 40.96	100m: 1:28.69	47.73				
31. DODI, Sophie	14	C.N. Los Cristianos			1:31.30	3,00
50m: 43.66 43.66	100m: 1:31.30	47.64				
32. NAVARRO PARRILLA, Aisha	11	C.N. Valleverde			1:32.80	2,00
50m: 45.04 45.04	100m: 1:32.80	47.76				
33. HERNANDEZ GONZALEZ, Lydia	12	C.N. Reales			1:36.52	1,00
50m: 46.85 46.85	100m: 1:36.52	49.67				
34. REDONDO CORREA, Claudia	07	R.C. Naut. Tenerife			1:39.77	-
50m: 48.09 48.09	100m: 1:39.77	51.68				
35. ALLO LEON, Isora	12	C.N. Reales			1:56.84	-
50m: 55.04 55.04	100m: 1:56.84	1:01.80				
DSQ SANTANA GIL, Valeria	11	C.D. Nonadamos				-
NP CONEJO GRIMON, Martina	11	C.D. Nonadamos				-
NP BERNARD BERNARD, Escarlata	89	C.N. Metropole				-
NP FALCON DOMINGUEZ, Elisa	12	A.D. Santa Cruz				-
Baja FLEITAS DIAZ, Maria Edelmira	11	C.P.Santa Mª De Guia				-

Prueba 19
22/11/2025

Masc., 100m Espalda

Absoluto Masculino
Resultados

Clasificación	AN				Tiempo	
1. PRIETO RODRIGUEZ, Daniel	00	A.D. Santa Cruz			58.86	38,00
50m: 28.57 28.57	100m: 58.86	30.29				
2. MARTIN SUAREZ, Alejandro	00	C.N. Aguacan			1:00.31	34,00
50m: 29.64 29.64	100m: 1:00.31	30.67				
3. BELAMENDIA COTORRUELO, Gerald	07	C.N. Teneteide			1:00.35	31,00
50m: 28.56 28.56	100m: 1:00.35	31.79				
4. PORRERO MARTIN, Jorge	07	C.N. Teneteide			1:00.39	30,00
50m: 29.29 29.29	100m: 1:00.39	31.10				
5. MARTIN GARCIA, Mario	04	C.N. Martianeze Coral Hotels			1:00.61	29,00
50m: 29.27 29.27	100m: 1:00.61	31.34				
6. GARCIA CARRETERO, Nicolas	09	C.N. Metropole			1:01.43	28,00
50m: 30.13 30.13	100m: 1:01.43	31.30				
7. MANZATTO VACCARO, Nicolas	06	Esna Lanzarote			1:01.81	27,00
50m: 29.69 29.69	100m: 1:01.81	32.12				

Prueba 19, Masc., 100m Espalda, Absoluto Masculino

Clasificación	AN				Tiempo	
8. ACOSTA ARMAS, Agoney	07	C.N. Metropole	1:01.86	26,00		
50m: 30.17 30.17	100m:	31.69				
9. VILLANUEVA JODKO, Aleksander	08	Cn.Salinas Sta.Lucia	1:02.53	25,00		
50m: 30.33 30.33	100m:	32.20				
10. TALLO PEREZ, Bruno	10	R.C. Naut. Tenerife	1:02.97	24,00		
50m: 30.61 30.61	100m:	32.36				
11. SALUTREGUI GOMEZ, Nicolas	01	C.N. Aguacan	1:03.00	23,00		
50m: 30.34 30.34	100m:	32.66				
12. DAVARA MENDEZ, Fernando	72	R.C. Naut. Tenerife	1:03.04	22,00		
50m: 30.86 30.86	100m:	32.18				
13. MORENO ALVAREZ, Alexis	08	C.B. Dominicas Vistabella	1:03.28	21,00		
50m: 30.63 30.63	100m:	32.65				
14. TAVIO MEDINA, Emilio Jose	02	A.D. Santa Cruz	1:03.69	20,00		
50m: 30.48 30.48	100m:	33.21				
15. KEY RAMIREZ, Octavio Jose	10	C.D. N. Bentacu-Laguna	1:04.17	19,00		
50m: 30.98 30.98	100m:	33.19				
16. LOPEZ GARCIA, Andreas	98	Cn.Salinas Sta.Lucia	1:04.27	18,00		
50m: 32.23 32.23	100m:	32.04				
17. AMATI, Nicolo	10	C.N. Los Cristianos	1:04.98	17,00		
50m: 31.24 31.24	100m:	33.74				
18. CARRERO SERRANO, Marcos Daniel	09	C.D. Herbania	1:05.14	16,00		
50m: 31.88 31.88	100m:	33.26				
19. ESTEVEZ GALVEZ, Carlos	08	C.B. Dominicas Vistabella	1:05.95	15,00		
50m: 31.02 31.02	100m:	34.93				
20. MONZON HENRIQUEZ, Hugo	10	Club Deportivo Agaeterun	1:06.49	14,00		
50m: 32.31 32.31	100m:	34.18				
21. ESPIRITU ONOZA, Zivon Owen	11	C.D. N. Bentacu-Laguna	1:06.87	13,00		
50m: 32.19 32.19	100m:	34.68				
22. CAMPANALUNGA MORALES, Enzo	08	C.N..Faynagua C. Telde	1:08.77	12,00		
50m: 33.25 33.25	100m:	35.52				
23. GUTIERREZ MORENO, Lucas Del Carr	11	Club Deportivo Agaeterun	1:09.46	11,00		
50m: 33.93 33.93	100m:	35.53				
24. RODRIGUEZ SANTANA, Mario	13	C.N. Villa De Agüimes 2016	1:13.44	10,00		
50m: 36.16 36.16	100m:	37.28				
25. HERNANDEZ SANTANA, Erik	11	C.N. Carucagua	1:13.81	9,00		
50m: 36.26 36.26	100m:	37.55				
26. SANTANA ACUÑA, Gorka	09	C.D. Nonadamos	1:13.93	8,00		
50m: 35.63 35.63	100m:	38.30				
27. RODRIGUEZ PULIDO, Daniel	89	C.N. Valleverde	1:14.17	7,00		
50m: 36.08 36.08	100m:	38.09				
28. DASCULTU, Vlad Gabriel	12	Esna Lanzarote	1:16.64	6,00		
50m: 37.68 37.68	100m:	38.96				
29. CABALLERO RODRIGUEZ, Joel	09	C.N. Los Cristianos	1:17.95	5,00		
50m: 37.81 37.81	100m:	40.14				
30. DUARTE RIVADO, Raul	90	C.N. Valleverde	1:20.16	4,00		
50m: 38.61 38.61	100m:	41.55				
31. CASTAÑEDA QUINTERO, Juan	12	C.N. Martianez Coral Hotels	1:21.36	3,00		
50m: 39.29 39.29	100m:	42.07				

Prueba 19, Masc., 100m Espalda, Absoluto Masculino

Clasificación	AN					Tiempo	
32.	CAMPANALUNGA MORALES, Fabio	10	C.N..Faynagua C. Telde	1:22.51	42.16	2,00	
	50m: 40.35 40.35 100m:						
33.	QUINTANA BENITEZ, Luis	11	C.N. Carucagua	1:22.81	43.25	1,00	
	50m: 39.56 39.56 100m:						
34.	HERNANDEZ CURBELO, Unai	10	C.D. Nonadamos	1:25.71	43.21	-	
	50m: 42.50 42.50 100m:						
35.	MATO VAZQUEZ, Rodrigo	13	C.D. Herbania	1:26.74	44.12	-	
	50m: 42.62 42.62 100m:						
36.	TACORONTE PEREZ, Francisco	12	C.P.Santa Mª De Guia	1:35.35	49.53	-	
	50m: 45.82 45.82 100m:						
37.	ALLO LEON, Mario	14	C.N. Reales	1:53.47	58.24	-	
	50m: 55.23 55.23 100m:						
NP	HERRERA TORRES, Carlos	04	C.N. Metropole			-	
NP	PEREZ MONROY, Javier	09	Cn.Salinas Sta.Lucia			-	
NP	CUERVO MARIN, Aday	10	C.D. N. Bentacu-Laguna			-	
NP	RIVEROL HERNANDEZ, Miguel Alonso	08	C.N. Teneteide			-	
Baja	SANTANA VALENTIN, Hector	08	C.N. Villa De Aqüimes 2016			-	

Prueba 20
22/11/2025

Fem., 1500m Libre

Absoluto Femenino
Resultados

Clasificación	AN										Tiempo	
1.	ULIBARRI SANCHEZ, Ines				09	C.N. Las Palmas				17:47.36	76,00	
	50m:	32.03	32.03	450m:	5:15.07	35.71	850m:	9:59.22	35.61	1250m:	14:46.58	36.05
	100m:	1:06.98	34.95	500m:	5:50.26	35.19	900m:	10:34.87	35.65	1300m:	15:22.84	36.26
	150m:	1:41.84	34.86	550m:	6:25.63	35.37	950m:	11:10.72	35.85	1350m:	15:59.23	36.39
	200m:	2:17.54	35.70	600m:	7:00.84	35.21	1000m:	11:46.53	35.81	1400m:	16:35.70	36.47
	250m:	2:52.91	35.37	650m:	7:36.44	35.60	1050m:	12:22.60	36.07	1450m:	17:11.93	36.23
	300m:	3:28.18	35.27	700m:	8:12.27	35.83	1100m:	12:58.66	36.06	1500m:	17:47.36	35.43
	350m:	4:03.84	35.66	750m:	8:47.96	35.69	1150m:	13:34.78	36.12			
	400m:	4:39.36	35.52	800m:	9:23.61	35.65	1200m:	14:10.53	35.75			
2.	BENITEZ BRITO, Ana				10	C.N. Metropole				18:10.52	68,00	
	50m:	32.17	32.17	450m:	5:21.03	36.58	850m:	10:16.74	37.39	1250m:	15:10.17	37.21
	100m:	1:07.90	35.73	500m:	5:57.69	36.66	900m:	10:53.66	36.92	1300m:	15:47.31	37.14
	150m:	1:43.87	35.97	550m:	6:34.59	36.90	950m:	11:30.34	36.68	1350m:	16:23.99	36.68
	200m:	2:20.01	36.14	600m:	7:11.33	36.74	1000m:	12:06.62	36.28	1400m:	17:00.46	36.47
	250m:	2:55.94	35.93	650m:	7:48.41	37.08	1050m:	12:42.63	36.01	1450m:	17:37.14	36.68
	300m:	3:31.91	35.97	700m:	8:25.28	36.87	1100m:	13:19.08	36.45	1500m:	18:10.52	33.38
	350m:	4:08.02	36.11	750m:	9:02.41	37.13	1150m:	13:55.91	36.83			
	400m:	4:44.45	36.43	800m:	9:39.35	36.94	1200m:	14:32.96	37.05			
3.	MEJIAS INGLOTT, Valeria				08	C.N. Las Palmas				18:11.26	-	
	50m:	32.50	32.50	450m:	5:17.69	36.25	850m:	10:10.41	36.96	1250m:	15:07.56	37.09
	100m:	1:07.30	34.80	500m:	5:54.02	36.33	900m:	10:47.30	36.89	1300m:	15:44.72	37.16
	150m:	1:42.60	35.30	550m:	6:30.27	36.25	950m:	11:24.49	37.19	1350m:	16:21.88	37.16
	200m:	2:18.22	35.62	600m:	7:06.83	36.56	1000m:	12:01.45	36.96	1400m:	16:58.94	37.06
	250m:	2:53.77	35.55	650m:	7:43.49	36.66	1050m:	12:38.86	37.41	1450m:	17:35.53	36.59
	300m:	3:29.53	35.76	700m:	8:20.06	36.57	1100m:	13:16.10	37.24	1500m:	18:11.26	35.73
	350m:	4:05.41	35.88	750m:	8:56.57	36.51	1150m:	13:53.14	37.04			
	400m:	4:41.44	36.03	800m:	9:33.45	36.88	1200m:	14:30.47	37.33			

Prueba 20, Fem., 1500m Libre, Absoluto Femenino

Clasificación	AN				Tiempo			
4. DE MARCO CASTAÑO, Natalia	08	C.N. Valleverde			18:20.98	62,00		
50m: 33.86	33.86	450m: 5:28.03	37.15	850m: 10:22.58	37.28	1250m: 15:18.49	37.06	
100m: 1:10.23	36.37	500m: 6:04.54	36.51	900m: 10:59.72	37.14	1300m: 15:55.26	36.77	
150m: 1:46.97	36.74	550m: 6:41.36	36.82	950m: 11:36.59	36.87	1350m: 16:32.41	37.15	
200m: 2:23.69	36.72	600m: 7:17.89	36.53	1000m: 12:13.88	37.29	1400m: 17:09.47	37.06	
250m: 3:00.64	36.95	650m: 7:54.31	36.42	1050m: 12:50.90	37.02	1450m: 17:46.12	36.65	
300m: 3:37.34	36.70	700m: 8:31.12	36.81	1100m: 13:27.72	36.82	1500m: 18:20.98	34.86	
350m: 4:14.02	36.68	750m: 9:07.92	36.80	1150m: 14:04.88	37.16			
400m: 4:50.88	36.86	800m: 9:45.30	37.38	1200m: 14:41.43	36.55			
5. DE CASTRO URQUIOLA, Helena	04	C.N. Aguacan			18:36.20	60,00		
50m: 33.09	33.09	450m: 5:29.24	37.49	850m: 10:29.87	37.17	1250m: 15:30.57	37.71	
100m: 1:09.09	36.00	500m: 6:06.93	37.69	900m: 11:07.56	37.69	1300m: 16:08.20	37.63	
150m: 1:45.81	36.72	550m: 6:44.40	37.47	950m: 11:44.90	37.34	1350m: 16:45.73	37.53	
200m: 2:22.68	36.87	600m: 7:22.11	37.71	1000m: 12:22.63	37.73	1400m: 17:23.36	37.63	
250m: 2:59.21	36.53	650m: 7:59.66	37.55	1050m: 13:00.10	37.47	1450m: 18:00.46	37.10	
300m: 3:36.69	37.48	700m: 8:37.24	37.58	1100m: 13:37.80	37.70	1500m: 18:36.20	35.74	
350m: 4:14.39	37.70	750m: 9:14.85	37.61	1150m: 14:15.19	37.39			
400m: 4:51.75	37.36	800m: 9:52.70	37.85	1200m: 14:52.86	37.67			
6. BASILI, Eleonora	06	C.N. Teneteide			18:46.28	58,00		
50m: 35.53	35.53	450m: 5:36.08	37.58	850m: 10:39.36	38.09	1250m: 15:41.00	37.58	
100m: 1:11.84	36.31	500m: 6:14.01	37.93	900m: 11:17.86		1300m: 16:18.76	37.76	
150m: 1:49.46	37.62	550m: 6:51.76	37.75	950m: 11:55.73	10:37.87	1350m: 16:57.11	38.35	
200m: 2:26.82	37.36	600m: 7:29.44	37.68	1000m: 12:32.92	37.19	1400m: 17:35.33	38.22	
250m: 3:04.60	37.78	650m: 8:07.28	37.84	1050m: 13:11.11	38.19	1450m: 18:12.45	37.12	
300m: 3:42.26	37.66	700m: 8:45.30	38.02	1100m: 13:48.60	37.49	1500m: 18:46.28	33.83	
350m: 4:20.26	38.00	750m: 9:23.04	37.74	1150m: 14:25.85	37.25			
400m: 4:58.50	38.24	800m: 10:01.27	38.23	1200m: 15:03.42	37.57			
7. SCARPA, Barbara	08	C.N. Martianez Coral Hotels			18:59.54	56,00		
50m: 31.99	31.99	450m: 5:32.41	38.46	850m: 10:40.79	39.10	1250m: 15:47.38	38.26	
100m: 1:07.18	35.19	500m: 6:11.19	38.78	900m: 11:19.96	39.17	1300m: 16:26.27	38.89	
150m: 1:43.95	36.77	550m: 6:49.52	38.33	950m: 11:59.29	39.33	1350m: 17:05.60	39.33	
200m: 2:21.34	37.39	600m: 7:27.88	38.36	1000m: 12:38.44	39.15	1400m: 17:44.59	38.99	
250m: 2:58.77	37.43	650m: 8:07.04	39.16	1050m: 13:16.13	37.69	1450m: 18:23.18	38.59	
300m: 3:36.92	38.15	700m: 8:45.42	38.38	1100m: 13:53.53	37.40	1500m: 18:59.54	36.36	
350m: 4:15.24	38.32	750m: 9:23.64	38.22	1150m: 14:31.04	37.51			
400m: 4:53.95	38.71	800m: 10:01.69	38.05	1200m: 15:09.12	38.08			
8. SUAREZ MACIAS, Gabriela	09	C.N. Aguacan			19:14.05	-		
50m: 33.94	33.94	450m: 5:38.47	38.42	850m: 10:47.02	38.88	1250m: 15:59.41	39.31	
100m: 1:11.53	37.59	500m: 6:16.86	38.39	900m: 11:26.00	38.98	1300m: 16:39.01	39.60	
150m: 1:48.95	37.42	550m: 6:55.47	38.61	950m: 12:04.49	38.49	1350m: 17:18.49	39.48	
200m: 2:26.71	37.76	600m: 7:33.98	38.51	1000m: 12:43.70	39.21	1400m: 17:57.76	39.27	
250m: 3:04.92	38.21	650m: 8:12.39	38.41	1050m: 13:22.61	38.91	1450m: 18:36.46	38.70	
300m: 3:43.09	38.17	700m: 8:50.83	38.44	1100m: 14:01.92	39.31	1500m: 19:14.05	37.59	
350m: 4:21.43	38.34	750m: 9:29.20	38.37	1150m: 14:40.87	38.95			
400m: 5:00.05	38.62	800m: 10:08.14	38.94	1200m: 15:20.10	39.23			
9. HERRERA FIGUEIRAS, Tania	13	Esna Lanzarote			19:24.76	54,00		
50m: 35.36	35.36	450m: 5:45.45	39.25	850m: 11:00.97	39.47	1250m: 16:14.77	39.19	
100m: 1:12.95	37.59	500m: 6:24.63	39.18	900m: 11:40.73	39.76	1300m: 16:53.95	39.18	
150m: 1:51.50	38.55	550m: 7:04.30	39.67	950m: 12:19.55	38.82	1350m: 17:32.12	38.17	
200m: 2:30.24	38.74	600m: 7:43.68	39.38	1000m: 12:58.89	39.34	1400m: 18:11.27	39.15	
250m: 3:09.25	39.01	650m: 8:22.83	39.15	1050m: 13:38.16	39.27	1450m: 18:48.85	37.58	
300m: 3:48.28	39.03	700m: 9:02.31	39.48	1100m: 14:16.76	38.60	1500m: 19:24.76	35.91	
350m: 4:27.47	39.19	750m: 9:41.96	39.65	1150m: 14:56.13	39.37			
400m: 5:06.20	38.73	800m: 10:21.50	39.54	1200m: 15:35.58	39.45			
10. QUINTANA SUAREZ, Miriam	10	Club Deportivo Agaeterun			19:32.97	52,00		
50m: 34.89	34.89	450m: 5:46.08	39.39	850m: 11:02.28	40.15	1250m: 16:19.47	39.51	
100m: 1:12.54	37.65	500m: 6:25.71	39.63	900m: 11:42.09	39.81	1300m: 16:58.76	39.29	
150m: 1:51.05	38.51	550m: 7:04.27	38.56	950m: 12:22.16	40.07	1350m: 17:37.86	39.10	
200m: 2:29.96	38.91	600m: 7:43.57	39.30	1000m: 13:02.13	39.97	1400m: 18:17.28	39.42	
250m: 3:08.99	39.03	650m: 8:22.45	38.88	1050m: 13:41.61	39.48	1450m: 18:56.10	38.82	
300m: 3:48.11	39.12	700m: 9:02.39	39.94	1100m: 14:21.15	39.54	1500m: 19:32.97	36.87	
350m: 4:27.43	39.32	750m: 9:42.25	39.86	1150m: 15:00.25	39.10			
400m: 5:06.69	39.26	800m: 10:22.13	39.88	1200m: 15:39.96	39.71			

Prueba 20, Fem., 1500m Libre, Absoluto Femenino

Clasificación	AN				Tiempo			
11. LOPEZ SOSA, Carla	09				Cn.Salinas Sta.Lucia			
					19:35.97			
50m:	35.47	35.47	450m:	5:52.60	39.86	850m:	11:09.07	39.58
100m:	1:14.38	38.91	500m:	6:32.20	39.60	900m:	11:48.55	39.48
150m:	1:53.99	39.61	550m:	7:11.79	39.59	950m:	12:28.32	39.77
200m:	2:33.64	39.65	600m:	7:51.62	39.83	1000m:	13:07.86	39.54
250m:	3:13.51	39.87	650m:	8:31.37	39.75	1050m:	13:47.33	39.47
300m:	3:53.21	39.70	700m:	9:10.57	39.20	1100m:	14:26.34	39.01
350m:	4:33.16	39.95	750m:	9:49.96	39.39	1150m:	15:05.59	39.25
400m:	5:12.74	39.58	800m:	10:29.49	39.53	1200m:	15:44.98	39.39
12. RODRIGUEZ DIAZ, Maria	11				C.N. Teneteide			
					19:45.17			
50m:	34.30	34.30	450m:	5:46.85	39.71	850m:	11:07.15	40.11
100m:	1:12.08	37.78	500m:	6:26.92	40.07	900m:	11:47.24	40.09
150m:	1:50.49	38.41	550m:	7:06.88	39.96	950m:	12:27.50	40.26
200m:	2:29.06	38.57	600m:	7:46.68	39.80	1000m:	13:07.60	40.10
250m:	3:07.96	38.90	650m:	8:26.82	40.14	1050m:	13:47.48	39.88
300m:	3:47.51	39.55	700m:	9:06.75	39.93	1100m:	14:27.55	40.07
350m:	4:27.34	39.83	750m:	9:47.04	40.29	1150m:	15:07.42	39.87
400m:	5:07.14	39.80	800m:	10:27.04	40.00	1200m:	15:47.28	39.86
13. ROMERO LOPEZ, Leire	10				C.N. Reales			
					20:39.47			
50m:	35.76	35.76	450m:	6:02.24	41.34	850m:	11:35.46	42.43
100m:	1:15.31	39.55	500m:	6:43.22	40.98	900m:	12:17.32	41.86
150m:	1:56.11	40.80	550m:	7:24.33	41.11	950m:	12:59.78	42.46
200m:	2:36.86	40.75	600m:	8:06.36	42.03	1000m:	13:42.04	42.26
250m:	3:17.29	40.43	650m:	8:48.18	41.82	1050m:	14:23.76	41.72
300m:	3:58.78	41.49	700m:	9:29.92	41.74	1100m:	15:05.62	41.86
350m:	4:39.56	40.78	750m:	10:11.08	41.16	1150m:	15:46.94	41.32
400m:	5:20.90	41.34	800m:	10:53.03	41.95	1200m:	16:28.55	41.61
14. FALCON AFONSO, Ines	13				C.N. Carucagua			
					20:54.51			
50m:	36.49	36.49	450m:	6:10.55	42.16	850m:	11:49.92	42.75
100m:	1:18.28	41.79	500m:	6:53.10	42.55	900m:	12:32.88	42.96
150m:	2:00.22	41.94	550m:	7:35.39	42.29	950m:	13:15.12	42.24
200m:	2:41.09	40.87	600m:	8:17.39	42.00	1000m:	13:57.70	42.58
250m:	3:22.86	41.77	650m:	8:59.92	42.53	1050m:	14:39.90	42.20
300m:	4:05.15	42.29	700m:	9:42.55	42.63	1100m:	15:22.25	42.35
350m:	4:46.87	41.72	750m:	10:24.80	42.25	1150m:	16:05.13	42.88
400m:	5:28.39	41.52	800m:	11:07.17	42.37	1200m:	16:47.45	42.32
15. GONZALEZ RAMIREZ, Marta	09				C.N..Faynagua C. Telde			
					20:56.81			
50m:	37.95	37.95	450m:	6:13.85	42.21	850m:	11:53.16	42.45
100m:	1:19.12	41.17	500m:	6:56.27	42.42	900m:	12:35.63	42.47
150m:	2:01.09	41.97	550m:	7:38.50	42.23	950m:	13:17.84	42.21
200m:	2:43.11	42.02	600m:	8:20.78	42.28	1000m:	13:59.80	41.96
250m:	3:25.01	41.90	650m:	9:03.42	42.64	1050m:	14:41.83	42.03
300m:	4:07.15	42.14	700m:	9:45.91	42.49	1100m:	15:23.37	41.54
350m:	4:49.53	42.38	750m:	10:28.41	42.50	1150m:	16:04.57	41.20
400m:	5:31.64	42.11	800m:	11:10.71	42.30	1200m:	16:46.25	41.68
16. PEREZ CERVILLA, Carla	09				C.D. Nonadamos			
					20:58.90			
50m:	37.84	37.84	450m:	6:11.57	41.54	850m:	11:48.14	42.63
100m:	1:19.30	41.46	500m:	6:53.26	41.69	900m:	12:30.28	42.14
150m:	2:01.06	41.76	550m:	7:34.96	41.70	950m:	13:12.77	42.49
200m:	2:43.53	42.47	600m:	8:16.94	41.98	1000m:	13:55.57	42.80
250m:	3:25.35	41.82	650m:	8:58.98	42.04	1050m:	14:38.35	42.78
300m:	4:07.14	41.79	700m:	9:41.22	42.24	1100m:	15:21.20	42.85
350m:	4:48.27	41.13	750m:	10:22.82	41.60	1150m:	16:04.39	43.19
400m:	5:30.03	41.76	800m:	11:05.51	42.69	1200m:	16:47.87	43.48
17. NARANJO NOVAL, Lucia	10				C.D. Herbania			
					20:59.57			
50m:	37.81	37.81	450m:	6:11.36	41.48	850m:	11:49.81	42.67
100m:	1:18.54	40.73	500m:	6:53.24	41.88	900m:	12:32.52	42.71
150m:	1:59.96	41.42	550m:	7:35.44	42.20	950m:	13:15.50	42.98
200m:	2:42.27	42.31	600m:	8:17.63	42.19	1000m:	13:58.07	42.57
250m:	3:23.87	41.60	650m:	9:00.02	42.39	1050m:	14:40.37	42.30
300m:	4:05.94	42.07	700m:	9:42.66	42.64	1100m:	15:22.91	42.54
350m:	4:47.86	41.92	750m:	10:25.01	42.35	1150m:	16:05.51	42.60
400m:	5:29.88	42.02	800m:	11:07.14	42.13	1200m:	16:48.14	42.63

Prueba 20, Fem., 1500m Libre, Absoluto Femenino

Clasificación	AN				Tiempo			
18. CABRERA SUAREZ, Julia	09 A.D. Santa Cruz				21:00.47 38,00			
50m: 37.22 37.22	450m: 6:06.78	42.12	850m: 11:44.85	42.58	1250m: 17:26.53	43.58		
100m: 1:17.90 40.68	500m: 6:48.57	41.79	900m: 12:26.06	41.21	1300m: 18:10.11	43.58		
150m: 1:59.36 41.46	550m: 7:30.84	42.27	950m: 13:08.73	42.67	1350m: 18:53.44	43.33		
200m: 2:39.82 40.46	600m: 8:13.29	42.45	1000m: 13:51.34	42.61	1400m: 19:36.39	42.95		
250m: 3:20.57 40.75	650m: 8:55.48	42.19	1050m: 14:34.07	42.73	1450m: 20:19.68	43.29		
300m: 4:01.76 41.19	700m: 9:37.92	42.44	1100m: 15:16.69	42.62	1500m: 21:00.47	40.79		
350m: 4:43.30 41.54	750m: 10:20.01	42.09	1150m: 15:59.46	42.77				
400m: 5:24.66 41.36	800m: 11:02.27	42.26	1200m: 16:42.95	43.49				
19. GONZALEZ RODRIGUEZ, Leyre Maria	10 C.B. Dominicas Vistabella				21:12.97 36,00			
50m: 36.72 36.72	450m: 6:11.20	42.55	850m: 11:54.75	42.87	1250m: 17:40.91	43.19		
100m: 1:17.09 40.37	500m: 6:53.94	42.74	900m: 12:38.02	43.27	1300m: 18:24.32	43.41		
150m: 1:58.40 41.31	550m: 7:36.73	42.79	950m: 13:21.62	43.60	1350m: 19:06.79	42.47		
200m: 2:40.13 41.73	600m: 8:19.66	42.93	1000m: 14:04.62	43.00	1400m: 19:49.58	42.79		
250m: 3:22.08 41.95	650m: 9:02.49	42.83	1050m: 14:47.77	43.15	1450m: 20:31.86	42.28		
300m: 4:04.12 42.04	700m: 9:45.62	43.13	1100m: 15:30.86	43.09	1500m: 21:12.97	41.11		
350m: 4:46.08 41.96	750m: 10:28.52	42.90	1150m: 16:14.21	43.35				
400m: 5:28.65 42.57	800m: 11:11.88	43.36	1200m: 16:57.72	43.51				
20. MENDOZA GARCIA, Alba	11 C.D. N. Bentacu-Laguna				22:12.36 34,00			
50m: 37.06 37.06	450m: 6:28.13	44.95	850m: 12:27.59	45.01	1250m: 18:37.71	46.84		
100m: 1:18.83 41.77	500m: 7:12.71	44.58	900m: 13:12.63	45.04	1300m: 19:23.28	45.57		
150m: 2:01.87 43.04	550m: 7:57.55	44.84	950m: 13:59.12	46.49	1350m: 20:05.87	42.59		
200m: 2:45.36 43.49	600m: 8:43.57	46.02	1000m: 14:45.68	46.56	1400m: 20:51.07	45.20		
250m: 3:29.63 44.27	650m: 9:27.51	43.94	1050m: 15:31.51	45.83	1450m: 21:33.85	42.78		
300m: 4:14.14 44.51	700m: 10:12.47	44.96	1100m: 16:17.93	46.42	1500m: 22:12.36	38.51		
350m: 4:59.26 45.12	750m: 10:57.83	45.36	1150m: 17:05.42	47.49				
400m: 5:43.18 43.92	800m: 11:42.58	44.75	1200m: 17:50.87	45.45				
21. CABRERA VERASTEGUI, Maria	12 Club Deportivo Agaeterun				22:13.03 -			
50m: 39.62 39.62	450m: 6:34.88	44.66	850m: 12:32.16	44.92	1250m: 18:31.72	44.68		
100m: 1:23.55 43.93	500m: 7:19.49	44.61	900m: 13:17.06	44.90	1300m: 19:16.40	44.68		
150m: 2:07.34 43.79	550m: 8:04.11	44.62	950m: 14:01.49	44.43	1350m: 20:00.67	44.27		
200m: 2:51.65 44.31	600m: 8:48.12	44.01	1000m: 14:46.82	45.33	1400m: 20:45.34	44.67		
250m: 3:35.99 44.34	650m: 9:32.82	44.70	1050m: 15:31.80	44.98	1450m: 21:29.56	44.22		
300m: 4:20.75 44.76	700m: 10:17.13	44.31	1100m: 16:16.78	44.98	1500m: 22:13.03	43.47		
350m: 5:05.47 44.72	750m: 11:01.93	44.80	1150m: 17:01.67	44.89				
400m: 5:50.22 44.75	800m: 11:47.24	45.31	1200m: 17:47.04	45.37				
22. PEREZ VIDAL, Beatriz	11 C.N. Los Cristianos				22:43.55 32,00			
50m: 36.83 36.83	450m: 6:42.02	46.70	850m: 12:53.40	46.24	1250m: 19:01.67	45.62		
100m: 1:18.67 41.84	500m: 7:28.10	46.08	900m: 13:39.68	46.28	1300m: 19:46.98	45.31		
150m: 2:02.26 43.59	550m: 8:14.83	46.73	950m: 14:25.54	45.86	1350m: 20:32.85	45.87		
200m: 2:47.34 45.08	600m: 9:01.51	46.68	1000m: 15:11.59	46.05	1400m: 21:19.09	46.24		
250m: 3:33.67 46.33	650m: 9:48.31	46.80	1050m: 15:58.01	46.42	1450m: 22:04.57	45.48		
300m: 4:20.32 46.65	700m: 10:34.81	46.50	1100m: 16:43.78	45.77	1500m: 22:43.55	38.98		
350m: 5:08.02 47.70	750m: 11:20.91	46.10	1150m: 17:29.36	45.58				
400m: 5:55.32 47.30	800m: 12:07.16	46.25	1200m: 18:16.05	46.69				
NP GUADALUPE NEGRIN, Yumalai	08 C.N. Teneteide				-			

Prueba 21
22/11/2025

Masc., 4 x 200m Libre

Absoluto Masculino
Resultados

Clasificación

Tiempo

Prueba 21, Masc., 4 x 200m Libre

1.	C.N. Teneteide 1		C.N. Teneteide					7:56.37	76,00
	GONZALEZ NEGRIN, Ares	12		27.24	30.44			2:00.16	
	RIVEROL HERNANDEZ, Miguel Alonso	08						1:57.26	
	PORRERO MARTIN, Jorge	07						1:59.33	
	GONZALEZ NEGRIN, Aquiles	08						1:59.62	
2.	C.N. Metropole 1		C.N. Metropole					7:57.44	68,00
	QUILES PEÑATE, Jose Antonio	09		27.93	30.28	31.50	30.26	1:59.97	
	ALEMAN LOPEZ, Hugo	09	0.00	28.46	30.58	31.86	31.67	2:02.57	
	SANTOS CABRERA, Daniel	09	0.00	26.52	29.60	30.78	30.53	1:57.43	
	COCERA CORDON, Yare	05	0.00	27.31	29.64	29.91	30.61	1:57.47	
3.	C.N. Martianez Coral Hotels 1		C.N. Martianez Coral Hotels					8:03.14	62,00
	RAMOS DELGADO, Gabriel	05		27.59	30.36			1:59.94	
	RAMOS DELGADO, Ricardo	07						2:00.23	
	MARTIN GARCIA, Mario	04						2:01.12	
	HOLZENDORF DIONIS, Thomas	97						2:01.85	
4.	C.N. Aguacan 1		C.N. Aguacan					8:07.41	60,00
	GOMEZ RODRIGUEZ, Daniel	09		27.19	30.07	32.04	31.39	2:00.69	
	CHAVARREN CORUJO, Asier	98	0.00	28.40	30.74	31.37	30.92	2:01.43	
	CERPA CABALLERO, Jonay Salvador	99	0.00	28.14	31.32	31.97	30.86	2:02.29	
	MAÑOJIL CABRERA, Sergio	05	0.00	27.61	30.86	31.66	32.87	2:03.00	
5.	Esna Lanzarote 1		Esna Lanzarote					8:11.99	58,00
	COLODRERO MUÑOZ, Ivan	09		28.00	29.74	29.76	29.89	1:57.39	
	BETANCORT RODRIGUEZ, Javier	03	0.00	28.00	30.66	32.62	32.72	2:04.00	
	FDEZ DIAZ, Santiago	06	0.00	28.54	32.37	35.36	36.64	2:12.91	
	MANZATTO VACCARO, Nicolas	06	0.00	26.08	29.18	30.71	31.72	1:57.69	
6.	C.D. N. Bentacu-Laguna 1		C.D. N. Bentacu-Laguna					8:13.71	56,00
	IZAGUIRRE NESSI, Anthony Xavier	11		28.30	31.49			2:07.93	
	DUPUY ESTEVEZ, Lucas	11						2:02.07	
	QUIJADA PEREZ, Saul Alejandro	10						2:00.70	
	ESPIRITU ONOZA, Zivon Owen	11						2:03.01	
7.	C.B. Dominicas Vistabella 1		C.B. Dominicas Vistabella					8:15.96	54,00
	DUQUE BROUARD, Daniel	08		27.69	30.06			1:59.69	
	ESTEVEZ GALVEZ, Carlos	08						2:06.81	
	MORENO ALVAREZ, Alexis	08						2:04.16	
	RAVELO SUAREZ, Antonio Jesus	09						2:05.30	
8.	A.D. Santa Cruz 1		A.D. Santa Cruz					8:19.15	52,00
	GARCIA LOPEZ, Javier	99		28.42	31.05			2:05.42	
	PRIETO RODRIGUEZ, Daniel	00						1:58.34	
	RIPPA, Francisco	00						2:07.05	
	TAVIO MEDINA, Emilio Jose	02						2:08.34	
9.	Cn.Salinas Sta.Lucia 1		Cn.Salinas Sta.Lucia					8:32.22	50,00
	SANTANA RAMIREZ, Adrian	08		28.50	31.55	32.29	32.47	2:04.81	
	LOPEZ GARCIA, Andreas	98	0.00	30.18	31.77	31.42	32.37	2:05.74	
	LAGO CARABALLO, Saul	98	0.00	33.06	35.52	35.24	34.35	2:18.17	
	VILLANUEVA JODKO, Aleksander	08	0.00	28.68	31.41	32.46	30.95	2:03.50	
10.	R.C. Naut. Tenerife 1		R.C. Naut. Tenerife					8:45.25	48,00
	CEDRES YANES, Eduardo	09		28.51	31.65			2:13.64	
	TALLO PEREZ, Bruno	10						2:10.09	
	ESTRELLA PADRON, Javier	01						2:11.82	
	CAPLLONCH DE UÑA, Ismael	07						2:09.70	
11.	C.D. Nonadamos 1		C.D. Nonadamos					8:47.05	46,00
	PEREZ CERVILLA, Daniel	07		31.66	33.21	34.44	34.13	2:13.44	
	ESTRADA GARCIA, Borja	11	0.00	29.59	33.89	34.66	32.88	2:11.02	
	RIOS ROMERO, Joaquin	04	0.00	28.15	31.75	35.15	35.61	2:10.66	
	VIERA VIERA, Acoran	03	0.00	29.49	33.32	35.17	33.95	2:11.93	
12.	C.N..Faynagua C. Telde 1		C.N..Faynagua C. Telde					8:47.60	44,00
	CARAMES HUERTAS, Oriol	08		31.06	33.80	33.88	32.67	2:11.41	
	SANTANA SARMIENTO, Miguel	83	0.00	30.54	33.25	32.07	30.02	2:05.88	
	CAMPANALUNGA MORALES, Enzo	08	0.00	30.10	32.86	33.67	33.46	2:10.09	
	RUANO ZERPA, Fabio	10	0.00	32.18	35.15	36.69	36.20	2:20.22	

Prueba 21, Masc., 4 x 200m Libre, Absoluto Masculino

Clasificación

Tiempo

13.	Club Deportivo Agaeterun 1			Club Deportivo Agaeterun			8:48.78	42,00
	ALAMO ESPINO, Joaquin	09		29.41	32.47	34.11	32.60	2:08.59
	DIAZ ALAMO, Matias	11	0.00	29.85	33.38	34.40	33.85	2:11.48
	ALAMO SANTOS, Alberto Bruno	07	0.00	30.16	33.32	34.81	34.35	2:12.64
	DAMIANI, Giorgio	12	0.00	31.05	35.75	35.70	33.57	2:16.07
14.	C.D. Herbania 1			C.D. Herbania			9:04.26	40,00
	TOBAL FEBLES, Gabriel	10		29.94	32.35	33.12	31.43	2:06.84
	AVERO RODRIGUEZ, Angel	11	0.00	30.65	33.84	34.85	34.58	2:13.92
	CARRERO SERRANO, Marcos Daniel	09	0.00	29.57	33.14	33.59	32.32	2:08.62
	MICO FERNANDEZ, Pedro	11	0.00	34.33	38.39	41.33	40.83	2:34.88
15.	C.N. Valleverde 1			C.N. Valleverde			9:18.03	38,00
	MATEO HERNANDEZ, Alexis	10		30.75	33.96	35.81	34.63	2:15.15
	HERNANDEZ ROCIO, Francisco Javier	10	0.00	31.17	35.16	36.66	37.01	2:20.00
	HERNANDEZ PEREZ, Abian	09	0.00	32.02	35.01	37.34	35.54	2:19.91
	MACHIN CABRERA, Roberto	93	0.00	32.75	36.19	37.83	36.20	2:22.97
16.	C.N. Carucagua 1			C.N. Carucagua			9:20.06	36,00
	GIL RODRIGUEZ, Himar	11		30.96	35.60	36.32	36.07	2:18.95
	POLADASHVILI, Andria	11	0.00	32.45			36.05	2:22.58
	PONCE PADRON, Ignacio	08	0.00	28.78	33.57	37.06	37.50	2:16.91
	CABRERA MAROTO, Jose	11	+0,28	31.24	35.65	38.21	36.52	2:21.62
17.	C.N. Villa De Agüimes 2016 1			C.N. Villa De Agüimes 2016			10:17.45	34,00
	RODRIGUEZ SANTANA, Mario	13		32.91	37.02	37.60	36.43	2:23.96
	PARDO, Alessandro Francesco	13	0.00	32.10	35.50	36.59	33.66	2:17.85
	CARRETERO LLARENA, Yeron	10	0.00	33.47	40.43	43.99	43.45	2:41.34
	SUAREZ ORTEGA, Aaron	13	0.00	40.45	45.22	45.47	43.16	2:54.30
DSQ	C.N. Los Cristianos 1			C.N. Los Cristianos				-
	<i>DSPA - Desc Posta Anticipada</i>							
	PERALES SILVA, Francisco, AMATI, Nicolo, GORRIN ROBERTS, Alec, SANCHEZ FERNANDEZ, Gregory							

Prueba 22
22/11/2025

Fem., 4 x 100m Libre

Absoluto Femenino
Resultados

Clasificación

Tiempo

1.	C.N. Las Palmas 1			C.N. Las Palmas			3:52.31	76,00
	NANNUCCI, Bianca		27.30	55.50	BELLO CODINA, Julia	0.00	28.62	59.70
	DENBY, Kennedy Hope	0.00	27.92	58.21	RODRIGUEZ RIVERO, Paula	0.00	28.17	58.90
2.	C.N. Teneteide 1			C.N. Teneteide			3:58.73	68,00
	BASILI, Veronica	08	28.34	58.69	HERNANDEZ MARTIN, Carla	08		1:00.86
	GUADALUPE NEGRIN, Yumalai	08		59.61	PORRERO MARTIN, Lucia	08		59.57
3.	C.N. Metropole 1			C.N. Metropole			4:01.73	62,00
	PISA, Maria Sofia		29.79	1:01.58	ZEMIER, Tatiana	0.00	28.70	1:00.08
	PEREZ RAMOS, Alba	0.00	28.16	59.82	AGUIAR ESPINO, Olivia	0.00	28.90	1:00.25
4.	C.N. Aguacan 1			C.N. Aguacan			4:11.31	60,00
	SARMIENTO OJEDA, Andrea		30.26	1:03.22	CERPA CABALLERO, Xiomara M	0.00	29.38	1:01.78
	HERNANDEZ CASTRILLO, Yessi	0.00	29.74	1:02.69	DE CASTRO URQUIOLA, Helena	0.00	30.64	1:03.62
5.	C.N. Martianez Coral Hotels 1			C.N. Martianez Coral Hotels			4:16.23	58,00
	WOLGESCHAFFEN FERNANDEZ, Sofia		29.08	1:01.21	SCARPA, Barbara	08		1:04.70
	DIAZ PEREZ, Ainara	09		1:08.17	SOSA HERNANDEZ, Andrea Esthe	04		1:02.15
6.	C.N. Los Cristianos 1			C.N. Los Cristianos			4:17.46	56,00
	VICTORES DOMINGUEZ, Maria Carl	08	29.10	1:01.70	LAVANDERA ALTESOR, Josefina	10		1:06.92
	MOURE GAO, Natalia	11		1:04.26	SAIZ PEREZ, Mar	08		1:04.58
7.	Esna Lanzarote 1			Esna Lanzarote			4:17.87	54,00
	RIJO MARTIN, Sara		29.77	1:02.40	LORENZO GONZALEZ, Victoria	0.00	33.04	1:07.06
	PEREZ MUÑOZ, Claudia	0.00	30.01	1:03.46	MARTIN MELIAN, Raquel	0.00	31.24	1:04.95

Prueba 22, Fem., 4 x 100m Libre, Absoluto Femenino

Clasificación

Tiempo

8.	C.B. Dominicas Vistabella 1				C.B. Dominicas Vistabella	4:19.64	52,00
	ORTEGA GUTIERREZ, Eugenia 11	30.58	1:04.19	PIÑERO STEGENSEK, Elisa 08			1:07.04
	GONZALEZ QUINTANA, Valeria 08		1:07.01	DUQUE BROUARD, Elena 10			1:01.40
9.	Cn.Salinas Sta.Lucia 1			Cn.Salinas Sta.Lucia	4:23.44	50,00	
	DI BERNARDO, Virginia 30.84	1:04.27	LOPEZ SOSA, Carla 0.00		31.02	1:05.65	
	FERNANDEZ ANDRES, Lola 0.00 30.88	1:05.19	ARIAS FREIRE, Sophia Alejandra 0.00		32.78	1:08.33	
10.	A.D. Santa Cruz 1			A.D. Santa Cruz	4:24.46	48,00	
	HERNANDEZ SANCHEZ, Lara 02 30.99	1:04.27	CABRERA SUAREZ, Julia 09			1:05.88	
	DIAZ SUAREZ, Mariela 03	1:07.72	CALVICHE FERNANDEZ, Nazaret 87			1:06.59	
11.	C.D. Nonadamos 1			C.D. Nonadamos	4:25.05	46,00	
	MARTIN MARTIN, Nerea 30.40	1:02.75	RAMOS SANTANA, Laura Maria 0.00		32.66	1:09.23	
	GONZALEZ GONZALEZ, Aitana 0.00 31.82	1:06.97	GARCIA CERVANTES, Laura 0.00		32.33	1:06.10	
12.	R.C. Naut. Tenerife 1			R.C. Naut. Tenerife	4:26.36	44,00	
	IBAÑEZ MARTINEZ, Beatriz 12 33.46	1:10.54	DOBLE AFONSO, Elisa 00			1:03.85	
	DIAZ DE LOSADA BUJAN, Silvia 12	1:04.12	DELGADO BARDON, Alicia 07			1:07.85	
13.	Club Deportivo Agaeterun 1			Club Deportivo Agaeterun	4:27.99	42,00	
	ALAMO SANTOS, Rocio 34.40	1:10.28	QUINTILLA MODREGO, Laia 0.00		29.31	1:00.20	
	ALAMO HERRERA, Julia 0.00 31.23	1:06.83	JORGE GARCIA, Mayka 0.00		33.54	1:10.68	
14.	C.D. N. Bentacu-Laguna 1			C.D. N. Bentacu-Laguna	4:28.50	40,00	
	UHEROVA DIAZ-MASA, Carmen 12 31.14	1:06.89	PUIG CURBELO, Bella 14			1:09.00	
	UHEROVA DIAZ MASA, Ivana 14	1:07.39	HERNANDEZ ALMENARA, Nerea 07			1:05.22	
15.	C.N..Faynagua C. Telde 1			C.N..Faynagua C. Telde	4:34.64	38,00	
	GIMENEZ CASTILLA, Maria 32.53	1:08.03	PULIDO MAYOR, Sheila 0.00		30.09	1:03.51	
	CABALLERO LOZANO, Sheila 0.00 32.74	1:10.90	PEREZ SUAREZ, Laura 0.00		34.17	1:12.20	
16.	C.N. Carucagua 1			C.N. Carucagua	4:35.25	36,00	
	NUEZ CABRERA, Alba 33.78	1:10.02	FALCON AFONSO, Ines 0.00		34.39	1:11.02	
	ALAMO MATOS, Ariadna 0.00 32.07	1:06.73	MORENO DOMINGUEZ, Paola 0.00		33.34	1:07.48	
17.	C.N. Valleverde 1			C.N. Valleverde	4:43.71	34,00	
	DE MARCO CASTAÑO, Natalia 31.10	1:04.03	PERCANNELLA, Giada 0.00		32.74	1:08.73	
	SANTANA RODRIGUEZ, Laura 0.00	1:21.05	TABARES HERNANDEZ, Daniela 0.00		32.67	1:09.90	
18.	C.D. Herbania 1			C.D. Herbania	4:50.54	32,00	
	TOBAL FEBLES, Helena 34.39	1:11.37	PEREZ LUIS, Lucia 0.00		34.27	1:13.04	
	GLENESK FLORES, Lucia 0.00 33.71	1:11.13	FAJARDO SANCHEZ, Valeria 0.00		35.03	1:15.00	
19.	C.N. Reales 1			C.N. Reales	5:31.99	30,00	
	HERNANDEZ GONZALEZ, Lydia 12 37.85	1:24.39	ROMERO LOPEZ, Leire 10			1:13.91	
	PEREZ MARTIN, Claudia 11	1:25.20	PEREZ MARTIN, Paula 09			1:28.49	

Prueba 23
23/11/2025

Masc., 4 x 50m Libre

Absoluto Masculino
Resultados

Clasificación

Tiempo

1.	C.N. Teneteide 1			C.N. Teneteide	1:34.90	76,00	
	MAUDES DOMENECH, Daniel 05		24.16	RODRIGUEZ MARTIN, Eric 98		24.20	
	RIVEROL HERNANDEZ, Miguel Alor08		23.55	PORRERO MARTIN, Jorge 07		22.99	
2.	C.N. Metropole 1			C.N. Metropole	1:35.30	68,00	
	ALONSO DOMINGUEZ, Manuel 00		24.50	SANCHEZ MEDINA, Ian 06	0.00	24.03	
	LEON ACOSTA, Hugo 09 0.00		24.17	VACCARI MARCHETTI, Federico 07	0.00	22.60	
3.	C.N. Aguacan 1			C.N. Aguacan	1:36.97	62,00	
	MAÑOJIL CABRERA, Sergio 05		24.32	SALUTREGUI GOMEZ, Nicolas 01	0.00	24.02	
	CHAVARREN CORUJO, Asier 98 0.00		24.76	MARTIN SUAREZ, Alejandro 00	0.00	23.87	
4.	A.D. Santa Cruz 1			A.D. Santa Cruz	1:37.72	60,00	
	GONZALEZ ALONSO, Airam 95		24.87	MERINO MONTES DE OCA, Alvaro 01		24.80	
	GUADALUPE NEGRIN, Jorge Rams03		23.92	RIPPA, Francisco 00		24.13	

Prueba 23, Masc., 4 x 50m Libre, Absoluto Masculino

Clasificación

				Tiempo			
5.	Esna Lanzarote 1			Esna Lanzarote		1:38.54	58,00
	COLODRERO MUÑOZ, Ivan	09		25.25	ARANDA GALLEGU, Jose Juan	75	0.00 24.75
	BETANCORT RODRIGUEZ, Javier	03	0.00	25.44	MANZATTO VACCARO, Nicolas	06	0.00 23.10
6.	R.C. Naut. Tenerife 1			R.C. Naut. Tenerife		1:39.04	56,00
	RAMIREZ RODRIGUEZ, Enrique	01		25.75	KHILKO, Sergiy	86	24.88
	ESTRELLA PADRON, Javier	01		24.81	CAPLLONCH DE UÑA, Ismael	07	23.60
7.	C.N. Martianez Coral Hotels 1			C.N. Martianez Coral Hotels		1:39.48	54,00
	HOLZENDORF DIONIS, Thomas	97		25.25	GONZALEZ SUAREZ, Ivan	92	25.81
	RAMOS DELGADO, Gabriel	05		24.77	PEREZ GONZALEZ, Fco Javier	90	23.65
8.	Cn.Salinas Sta.Lucia 1			Cn.Salinas Sta.Lucia		1:39.88	52,00
	VILLANUEVA JODKO, Aleksander	08		24.94	LOPEZ GARCIA, Andreas	98	0.00 25.08
	RAMIREZ MORALES, Sergio C.	03	0.00	24.64	SANTANA RAMIREZ, Adrian	08	0.00 25.22
9.	C.N. Los Cristianos 1			C.N. Los Cristianos		1:41.18	50,00
	AMATI, Nicolo	10		25.16	PEREZ KANDRATOVICH, Lenin	08	24.75
	ZAMBRANO DIAZ, Santiago	09		25.38	SANCHEZ FERNANDEZ, Gregory	09	25.89
10.	C.B. Dominicas Vistabella 1			C.B. Dominicas Vistabella		1:42.15	48,00
	RAVELO SUAREZ, Antonio Jesus	09		24.68	MUÑOZ DEL CASTILLO ARÁNEGA, Alfredo	09	25.67
	ORTEGA GUTIERREZ, Manuel	08		26.36	NASSEREDDINE MESA, Nash	09	25.44
11.	C.D. N. Bentacu-Laguna 1			C.D. N. Bentacu-Laguna		1:44.86	46,00
	QUIJADA PEREZ, Saul Alejandro	10		24.62	IZAGUIRRE NESSI, Anthony Xavier	11	24.54
	DUPUY ESTEVEZ, Lucas	11		27.02	GARCIA DE LA ROSA, Darien	11	28.68
12.	C.N. Valleverde 1			C.N. Valleverde		1:49.28	44,00
	RODRIGUEZ PULIDO, Daniel	89		26.95	BEDOYA OTERO, Omar	81	0.00 27.07
	MATEO HERNANDEZ, Alexis	10	0.00	27.83	SOSA LA CAMERA, Daniel Nauzet	10	0.00 27.43
13.	C.D. Nonadamos 1			C.D. Nonadamos		1:49.99	42,00
	RIOS ROMERO, Joaquin	04		26.43	MERINO FAJARDO, Eduardo	09	0.00 28.25
	ESTRADA GARCIA, Borja	11	0.00	27.76	VIERA VIERA, Acoran	03	0.00 27.55
14.	C.N. Carucagua 1			C.N. Carucagua		1:50.48	40,00
	GIL RODRIGUEZ, Himar	11		27.80	HERNANDEZ GODOY, Juan Gabrie	08	0.00 29.48
	QUINTANA BENITEZ, Marcos	09	0.00	27.34	PONCE PADRON, Ignacio	08	0.00 25.86
15.	Club Deportivo Agaeterun 1			Club Deportivo Agaeterun		1:50.76	38,00
	MONZON HENRIQUEZ, Hugo	10		28.14	BENITEZ SUAREZ, Jorge	09	0.00 28.61
	ALAMO SANTOS, Alberto Bruno	07	0.00	25.89	MATEOS SEGURA, Pablo	10	0.00 28.12
16.	C.D. Herbania 1			C.D. Herbania		1:51.48	36,00
	CARRERO SERRANO, Marcos	09		26.58	AVERO RODRIGUEZ, Angel	11	0.00 27.38
	TOBAL FEBLES, Gabriel	10	0.00	26.47	MICO FERNANDEZ, Pedro	11	-0,12 31.05
17.	C.N..Faynagua C. Telde 1			C.N..Faynagua C. Telde		1:54.89	34,00
	CAMPANALUNGA MORALES, Enzo	08		26.89	RUANO ZERPA, Fabio	10	0.00 29.25
	CAMPANALUNGA MORALES, Fabi	10	0.00	31.72	CARAMES HUERTAS, Oriol	08	0.00 27.03
18.	C.P.Santa Mª De Guia 1			C.P.Santa Mª De Guia		2:01.38	32,00
	GUILLÉN PEÑA, Victor	02		26.68	HERRERA AYMAR, Sergio	13	0.00 36.04
	GONZALEZ RODRIGUEZ, Javier	06	0.00	28.57	DIAZ CRUZ, Cayetano	06	0.00 30.09
19.	C.N. Reales 1			C.N. Reales		2:15.43	30,00
	RODRIGUEZ DE LA SIERRA GARCIA, Aitor	08		28.06	MARTIN MARTIN, Ayoze	09	32.04
	ALLO LEON, Mario	14		43.09	CARBALLO DE ARA, Jorel	11	32.24

Prueba 24
23/11/2025

Fem., 4 x 50m Libre

Absoluto Femenino
Resultados

Clasificación

				Tiempo	
1.	C.N. Las Palmas 1			C.N. Las Palmas	1:49.17 76,00
	,		26.86	,	0.00 28.04
	,	0.00	27.03	,	0.00 27.24
2.	C.N. Teneteide 1			C.N. Teneteide	1:49.96 68,00
	BASILI, Veronica	08	27.55	HERNANDEZ MARTIN, Carla	08 27.86
	PORRERO MARTIN, Lucia	08	27.04	GUADALUPE NEGRIN, Yumalai	08 27.51
3.	C.N. Metropole 1			C.N. Metropole	1:51.23 62,00
	,		27.65	,	0.00 28.08
	,	0.00	27.91	,	0.00 27.59
4.	C.N. Aguacan 1			C.N. Aguacan	1:51.77 60,00
	,		28.45	,	0.00 27.99
	,	0.00	27.60	,	0.00 27.73
5.	C.N. Los Cristianos 1			C.N. Los Cristianos	1:55.33 58,00
	VICTORES DOMINGUEZ, Maria Carl	08	27.59	SAIZ PEREZ, Mar	08 29.87
	MOURE GAO, Natalia	11	28.70	RODRIGUEZ COLMENARES, Bella	09 29.17
6.	Esna Lanzarote 1			Esna Lanzarote	1:57.24 56,00
	,		30.24	,	0.00 30.12
	,	0.00	29.11	,	0.00 27.77
7.	Cn.Salinas Sta.Lucia 1			Cn.Salinas Sta.Lucia	1:58.87 54,00
	,		29.97	,	0.00 29.49
	,	0.00	30.89	,	0.00 28.52
8.	A.D. Santa Cruz 1			A.D. Santa Cruz	1:59.84 52,00
	HERNANDEZ SANCHEZ, Lara	02	29.18	CABRERA SUAREZ, Julia	09 29.57
	DIAZ SUAREZ, Mariela	03	30.36	CASTRO ADRIAN, Michelle	02 30.73
9.	C.D. Nonadamos 1			C.D. Nonadamos	1:59.91 50,00
	MARTIN MARTIN, Nerea	11	29.14	RAMOS SANTANA, Laura Maria	98 0.00 31.69
	GONZALEZ GONZALEZ, Aitana	10	29.77	GARCIA CERVANTES, Laura	89 0.00 29.31
10.	Club Deportivo Agaeterun 1			Club Deportivo Agaeterun	1:59.97 48,00
	CABRERA VERASTEGUI, Maria	12	32.12	QUINTANA SUAREZ, Miriam	10 0.00 30.43
	QUINTILLA MODREGO, Laia	88	27.78	,	0.00 29.64
11.	C.B. Dominicas Vistabella 1			C.B. Dominicas Vistabella	2:00.29 46,00
	ORTEGA GUTIERREZ, Eugenia	11	29.37	LIMA MUJICA, Nicole Adriana	10 30.77
	PIÑERO STEGENSEK, Elisa	08	30.51	GONZALEZ QUINTANA, Valeria	08 29.64
12.	C.D. N. Bentacu-Laguna 1			C.D. N. Bentacu-Laguna	2:00.46 44,00
	RODRIGUEZ FERRERA, Diana	12	30.20	HERNANDEZ ALMENARA, Nerea	07 29.39
	UHEROVA DIAZ-MASA, Carmen	12	29.89	CALZADILLA SOCAS, Rebeca	08 30.98
13.	C.N. Carucagua 1			C.N. Carucagua	2:01.58 42,00
	MORENO DOMINGUEZ, Paola	07	29.82	NUEZ CABRERA, Alba	09 0.00 30.84
	FALCON AFONSO, Ines	13	31.18	ALAMO MATOS, Ariadna	09 0.00 29.74
14.	R.C. Naut. Tenerife 1			R.C. Naut. Tenerife	2:01.91 40,00
	DIAZ DE LOSADA BUJAN, Silvia	12	29.85	IBAÑEZ MARTINEZ, Beatriz	12 31.68
	DOBLE AFONSO, Elisa	00	28.54	GONZALEZ ALONSO, Silvia	12 31.84
15.	C.N..Faynagua C. Telde 1			C.N..Faynagua C. Telde	2:02.59 38,00
	,		30.94	,	0.00 31.36
	,	0.00	31.93	,	0.00 28.36
16.	C.N. Martianez Coral Hotels 1			C.N. Martianez Coral Hotels	2:02.69 36,00
	SOSA HERNANDEZ, Michelle	08	29.94	ALDAY MEILI, Julieta	13 32.76
	DIAZ PEREZ, Leyla	13	30.15	DIAZ PEREZ, Ainara	09 29.84
17.	C.N. Valleverde 1			C.N. Valleverde	2:07.46 34,00
	TABARES HERNANDEZ, Daniela	09	31.18	DE MARCO CASTAÑO, Natalia	08 0.00 29.26
	PERCANNELLA, Giada	07	31.86	GONZALEZ MARRERO, Isabel	Del 04rmen 0.00 35.16

Prueba 24, Fem., 4 x 50m Libre, Absoluto Femenino

Clasificación

Tiempo

18.	C.D. Herbania 1				C.D. Herbania			2:09.06	32,00
	NARANJO NOVAL, Lucia	10		31.33	GLENESK FLORES, Lucia	08	0.00		32.14
	TOBAL FEBLES, Helena	13	0.00	32.47	PEREZ LUIS, Lucia	08	0.00		33.12
19.	C.N. Reales 1				C.N. Reales			2:13.49	30,00
	ROMERO LOPEZ, Leire	10		32.76	HERNANDEZ TOSTE, Keyla	11			34.37
	HERNANDEZ RODRIGUEZ, Mabel	11		32.80	DIETRICH, Katerina	08			33.56

Prueba 25
23/11/2025

Masc., 800m Libre

Absoluto Masculino
Resultados

Clasificación

AN

Tiempo

1.	COCERA CORDON, Yare	05			C.N. Metropole			8:26.74	76,00
	50m: 28.45 28.45	250m: 2:32.92	31.33	450m: 4:40.91	32.08	650m: 6:50.56			32.60
	100m: 59.19 30.74	300m: 3:04.90	31.98	500m: 5:13.25	32.34	700m: 7:22.70			32.14
	150m: 1:30.11 30.92	350m: 3:36.97	32.07	550m: 5:45.46	32.21	750m: 7:55.82			33.12
	200m: 2:01.59 31.48	400m: 4:08.83	31.86	600m: 6:17.96	32.50	800m: 8:26.74			30.92
2.	GONZALEZ NEGRIN, Ares	12			C.N. Teneteide			8:35.73	-
	50m: 29.84 29.84	250m: 2:38.04	31.91	450m: 4:47.97	32.54	650m: 7:00.67			33.34
	100m: 1:01.65 31.81	300m: 3:10.25	32.21	500m: 5:20.83	32.86	700m: 7:33.69			33.02
	150m: 1:33.97 32.32	350m: 3:42.70	32.45	550m: 5:54.13	33.30	750m: 8:05.72			32.03
	200m: 2:06.13 32.16	400m: 4:15.43	32.73	600m: 6:27.33	33.20	800m: 8:35.73			30.01
3.	GOMEZ RODRIGUEZ, Daniel	09			C.N. Aguacan			8:42.61	68,00
	50m: 28.58 28.58	250m: 2:36.90	33.02	450m: 4:50.70	33.68	650m: 7:04.95			33.64
	100m: 59.39 30.81	300m: 3:10.13	33.23	500m: 5:24.28	33.58	700m: 7:38.47			33.52
	150m: 1:31.15 31.76	350m: 3:43.62	33.49	550m: 5:57.70	33.42	750m: 8:11.66			33.19
	200m: 2:03.88 32.73	400m: 4:17.02	33.40	600m: 6:31.31	33.61	800m: 8:42.61			30.95
4.	DUQUE BROUARD, Daniel	08			C.B. Dominicas Vistabella			8:44.55	62,00
	50m: 29.73 29.73	250m: 2:39.59	32.56	450m: 4:50.73	32.99	650m: 7:05.47			34.04
	100m: 1:01.59 31.86	300m: 3:12.38	32.79	500m: 5:23.93	33.20	700m: 7:39.10			33.63
	150m: 1:34.13 32.54	350m: 3:45.12	32.74	550m: 5:57.47	33.54	750m: 8:12.73			33.63
	200m: 2:07.03 32.90	400m: 4:17.74	32.62	600m: 6:31.43	33.96	800m: 8:44.55			31.82
5.	RODRIGUEZ DIAZ, Javier	08			C.N. Teneteide			8:45.41	60,00
	50m: 29.64 29.64	250m: 2:40.06	33.17	450m: 4:53.78	33.70	650m: 7:08.28			33.10
	100m: 1:01.31 31.67	300m: 3:13.43	33.37	500m: 5:27.47	33.69	700m: 7:41.71			33.43
	150m: 1:34.01 32.70	350m: 3:46.26	32.83	550m: 6:01.79	34.32	750m: 8:14.71			33.00
	200m: 2:06.89 32.88	400m: 4:20.08	33.82	600m: 6:35.18	33.39	800m: 8:45.41			30.70
6.	GUILLEN PEÑA, Victor	02			C.P.Santa Mª De Guia			8:53.56	58,00
	50m: 29.70 29.70	250m: 2:42.08	33.86	450m: 4:57.35	33.66	650m: 7:13.55			33.87
	100m: 1:02.22 32.52	300m: 3:15.78	33.70	500m: 5:31.39	34.04	700m: 7:47.59			34.04
	150m: 1:35.03 32.81	350m: 3:49.73	33.95	550m: 6:05.32	33.93	750m: 8:21.16			33.57
	200m: 2:08.22 33.19	400m: 4:23.69	33.96	600m: 6:39.68	34.36	800m: 8:53.56			32.40
7.	SANTANA SARMIENTO, Miguel	83			C.N..Faynagua C. Telde			8:56.93	56,00
	50m: 31.43 31.43	250m: 2:45.56	33.65	450m: 5:01.69	34.09	650m: 7:18.28			34.26
	100m: 1:04.80 33.37	300m: 3:19.49	33.93	500m: 5:35.79	34.10	700m: 7:52.60			34.32
	150m: 1:38.40 33.60	350m: 3:53.61	34.12	550m: 6:10.01	34.22	750m: 8:25.94			33.34
	200m: 2:11.91 33.51	400m: 4:27.60	33.99	600m: 6:44.02	34.01	800m: 8:56.93			30.99
8.	PERALES SILVA, Francisco	09			C.N. Los Cristianos			9:01.75	54,00
	50m: 29.92 29.92	250m: 2:41.26	33.44	450m: 4:56.66	34.01	650m: 7:15.35			34.86
	100m: 1:02.14 32.22	300m: 3:14.72	33.46	500m: 5:30.97	34.31	700m: 7:51.35			36.00
	150m: 1:34.76 32.62	350m: 3:48.65	33.93	550m: 6:05.90	34.93	750m: 8:27.57			36.22
	200m: 2:07.82 33.06	400m: 4:22.65	34.00	600m: 6:40.49	34.59	800m: 9:01.75			34.18
9.	RAMOS DELGADO, Gabriel	05			C.N. Martianez Coral Hotels			9:02.14	52,00
	50m: 29.76 29.76	250m: 2:41.62	33.78	450m: 4:59.16	34.91	650m: 7:19.15			35.36
	100m: 1:01.87 32.11	300m: 3:15.59	33.97	500m: 5:33.97	34.81	700m: 7:54.31			35.16
	150m: 1:34.74 32.87	350m: 3:49.85	34.26	550m: 6:08.72	34.75	750m: 8:29.22			34.91
	200m: 2:07.84 33.10	400m: 4:24.25	34.40	600m: 6:43.79	35.07	800m: 9:02.14			32.92

Prueba 25, Masc., 800m Libre, Absoluto Masculino

Clasificación	AN				Tiempo			
10. ESPIRITU ONOZA, Zivon Owen	11	C.D. N. Bentacu-Laguna			9:03.34	50,00		
50m: 29.77 29.77	250m: 2:43.85	34.24	450m: 5:01.59	34.37	650m: 7:20.32	34.83		
100m: 1:02.49 32.72	300m: 3:18.33	34.48	500m: 5:36.12	34.53	700m: 7:55.29	34.97		
150m: 1:35.76 33.27	350m: 3:52.56	34.23	550m: 6:10.73	34.61	750m: 8:30.14	34.85		
200m: 2:09.61 33.85	400m: 4:27.22	34.66	600m: 6:45.49	34.76	800m: 9:03.34	33.20		
11. SANTANA RAMIREZ, Adrian	08	Cn.Salinas Sta.Lucia			9:14.69	48,00		
50m: 29.67 29.67	250m: 2:46.66	35.20	450m: 5:08.81	35.47	650m: 7:31.70	35.59		
100m: 1:02.47 32.80	300m: 3:22.24	35.58	500m: 5:44.59	35.78	700m: 8:07.18	35.48		
150m: 1:36.62 34.15	350m: 3:57.95	35.71	550m: 6:20.27	35.68	750m: 8:42.04	34.86		
200m: 2:11.46 34.84	400m: 4:33.34	35.39	600m: 6:56.11	35.84	800m: 9:14.69	32.65		
12. TAVIO MEDINA, Emilio Jose	02	A.D. Santa Cruz			9:25.16	46,00		
50m: 30.86 30.86	250m: 2:49.50	35.26	450m: 5:12.44	35.94	650m: 7:37.76	36.47		
100m: 1:04.77 33.91	300m: 3:25.21	35.71	500m: 5:48.39	35.95	700m: 8:14.47	36.71		
150m: 1:39.20 34.43	350m: 4:00.81	35.60	550m: 6:24.64	36.25	750m: 8:50.72	36.25		
200m: 2:14.24 35.04	400m: 4:36.50	35.69	600m: 7:01.29	36.65	800m: 9:25.16	34.44		
13. ALAMO ESPINO, Joaquin	09	Club Deportivo Agaeterun			9:29.47	44,00		
50m: 31.02 31.02	250m: 2:52.58	36.35	450m: 5:18.59	36.13	650m: 7:44.36	36.29		
100m: 1:05.15 34.13	300m: 3:28.87	36.29	500m: 5:54.56	35.97	700m: 8:20.35	35.99		
150m: 1:40.40 35.25	350m: 4:05.53	36.66	550m: 6:31.15	36.59	750m: 8:56.35	36.00		
200m: 2:16.23 35.83	400m: 4:42.46	36.93	600m: 7:08.07	36.92	800m: 9:29.47	33.12		
14. HENRIQUEZ HERNANDEZ, Rafael	87	C.N. Aguacan			9:32.80	-		
50m: 31.76 31.76	250m: 2:50.42	35.34	450m: 5:15.91	36.83	650m: 7:43.74	37.29		
100m: 1:05.53 33.77	300m: 3:26.39	35.97	500m: 5:52.78	36.87	700m: 8:20.65	36.91		
150m: 1:40.01 34.48	350m: 4:02.81	36.42	550m: 6:29.71	36.93	750m: 8:57.32	36.67		
200m: 2:15.08 35.07	400m: 4:39.08	36.27	600m: 7:06.45	36.74	800m: 9:32.80	35.48		
15. CEDRES YANES, Eduardo	09	R.C. Naut. Tenerife			9:33.12	42,00		
50m: 30.23 30.23	250m: 2:51.45	36.30	450m: 5:18.41	37.33	650m: 7:45.53	36.78		
100m: 1:03.76 33.53	300m: 3:27.28	35.83	500m: 5:55.62	37.21	700m: 8:22.56	37.03		
150m: 1:39.09 35.33	350m: 4:04.11	36.83	550m: 6:31.95	36.33	750m: 8:58.27	35.71		
200m: 2:15.15 36.06	400m: 4:41.08	36.97	600m: 7:08.75	36.80	800m: 9:33.12	34.85		
16. DIAZ ALAMO, Matias	11	Club Deportivo Agaeterun			9:41.82	-		
50m: 31.83 31.83	250m: 2:56.08	36.71	450m: 5:26.39	37.60	650m: 7:55.73	37.19		
100m: 1:06.57 34.74	300m: 3:33.16	37.08	500m: 6:03.62	37.23	700m: 8:32.50	36.77		
150m: 1:42.56 35.99	350m: 4:10.75	37.59	550m: 6:41.20	37.58	750m: 9:09.27	36.77		
200m: 2:19.37 36.81	400m: 4:48.79	38.04	600m: 7:18.54	37.34	800m: 9:41.82	32.55		
17. TOBAL FEBLES, Gabriel	10	C.D. Herbania			9:42.39	40,00		
50m: 32.43 32.43	250m: 2:57.22	37.07	450m: 5:28.90	38.13	650m: 7:58.52	37.54		
100m: 1:07.11 34.68	300m: 3:34.84	37.62	500m: 6:06.60	37.70	700m: 8:36.44	37.92		
150m: 1:43.25 36.14	350m: 4:12.36	37.52	550m: 6:43.55	36.95	750m: 9:12.83	36.39		
200m: 2:20.15 36.90	400m: 4:50.77	38.41	600m: 7:20.98	37.43	800m: 9:42.39	29.56		
18. PEREZ CERVILLA, Daniel	07	C.D. Nonadamos			9:52.68	38,00		
50m: 33.40 33.40	250m: 2:58.22	36.30	450m: 5:27.83	37.34	650m: 8:00.21	38.10		
100m: 1:08.35 34.95	300m: 3:35.31	37.09	500m: 6:06.01	38.18	700m: 8:38.37	38.16		
150m: 1:45.10 36.75	350m: 4:12.49	37.18	550m: 6:44.14	38.13	750m: 9:16.59	38.22		
200m: 2:21.92 36.82	400m: 4:50.49	38.00	600m: 7:22.11	37.97	800m: 9:52.68	36.09		
19. FDEZ DIAZ, Santiago	06	Esna Lanzarote			9:56.75	36,00		
50m: 31.74 31.74	250m: 2:56.69	37.27	450m: 5:29.15	38.25	650m: 8:03.00	38.45		
100m: 1:05.95 34.21	300m: 3:34.68	37.99	500m: 6:07.71	38.56	700m: 8:41.66	38.66		
150m: 1:42.33 36.38	350m: 4:12.94	38.26	550m: 6:46.45	38.74	750m: 9:20.10	38.44		
200m: 2:19.42 37.09	400m: 4:50.90	37.96	600m: 7:24.55	38.10	800m: 9:56.75	36.65		
20. HERNANDEZ PEREZ, Abian	09	C.N. Valleverde			10:23.65	34,00		
50m: 32.98 32.98	250m: 3:01.88	37.56	450m: 5:37.52	39.69	650m: 8:21.03	41.40		
100m: 1:09.33 36.35	300m: 3:39.87	37.99	500m: 6:17.98	40.46	700m: 9:02.23	41.20		
150m: 1:46.53 37.20	350m: 4:19.02	39.15	550m: 6:58.91	40.93	750m: 9:42.22	39.99		
200m: 2:24.32 37.79	400m: 4:57.83	38.81	600m: 7:39.63	40.72	800m: 10:23.65	41.43		
21. POLADASHVILI, Andria	11	C.N. Carucagua			10:55.33	32,00		
50m: 34.65 34.65	250m: 3:17.02	41.90	450m: 6:06.64	43.42	650m: 8:55.45	43.20		
100m: 1:14.00 39.35	300m: 3:58.44	41.42	500m: 6:47.46	40.82	700m: 9:36.70	41.25		
150m: 1:53.83 39.83	350m: 4:41.48	43.04	550m: 7:29.97	42.51	750m: 10:18.61	41.91		
200m: 2:35.12 41.29	400m: 5:23.22	41.74	600m: 8:12.25	42.28	800m: 10:55.33	36.72		

Prueba 25, Masc., 800m Libre, Absoluto Masculino

Clasificación	AN	Tiempo
NP MICO FERNANDEZ, Pedro	11 C.D. Herbania	-
NP QUILES PEÑATE, Jose Antonio	09 C.N. Metropole	-

Prueba 26
23/11/2025

Fem., 400m Libre

Absoluto Femenino
Resultados

Clasificación	AN	Tiempo
1. NANNUCCI, Bianca	08 C.N. Las Palmas	4:07.89 38,00
50m: 29.02 29.02 150m: 1:31.24 31.26 250m: 2:33.67 31.25 350m: 3:37.03 31.54		
100m: 59.98 30.96 200m: 2:02.42 31.18 300m: 3:05.49 31.82 400m: 4:07.89 30.86		
2. MEJIAS INGLOTT, Valeria	08 C.N. Las Palmas	4:35.56 34,00
50m: 32.09 32.09 150m: 1:40.90 34.63 250m: 2:51.55 35.53 350m: 4:02.38 35.39		
100m: 1:06.27 34.18 200m: 2:16.02 35.12 300m: 3:26.99 35.44 400m: 4:35.56 33.18		
3. AGUIAR ESPINO, Olivia	09 C.N. Metropole	4:35.65 31,00
50m: 31.69 31.69 150m: 1:40.76 34.98 250m: 2:51.08 35.40 350m: 4:01.67 35.14		
100m: 1:05.78 34.09 200m: 2:15.68 34.92 300m: 3:26.53 35.45 400m: 4:35.65 33.98		
4. SOSA HERNANDEZ, Andrea Esther	04 C.N. Martianez Coral Hotels	4:37.97 30,00
50m: 32.60 32.60 150m: 1:42.33 35.08 250m: 2:53.09 35.04 350m: 4:03.90 35.36		
100m: 1:07.25 34.65 200m: 2:18.05 35.72 300m: 3:28.54 35.45 400m: 4:37.97 34.07		
5. DE MARCO CASTAÑO, Natalia	08 C.N. Valleverde	4:38.02 29,00
50m: 32.73 32.73 150m: 1:42.58 35.13 250m: 2:53.61 35.51 350m: 4:03.48 34.79		
100m: 1:07.45 34.72 200m: 2:18.10 35.52 300m: 3:28.69 35.08 400m: 4:38.02 34.54		
6. EXPOSITO AFONSO, Maria	02 C.N. Teneteide	4:38.21 28,00
50m: 32.63 32.63 150m: 1:42.88 35.27 250m: 2:53.65 35.28 350m: 4:04.35 35.40		
100m: 1:07.61 34.98 200m: 2:18.37 35.49 300m: 3:28.95 35.30 400m: 4:38.21 33.86		
7. BENITEZ BRITO, Ana	10 C.N. Metropole	4:40.43 27,00
50m: 31.49 31.49 150m: 1:41.52 35.45 250m: 2:53.40 36.17 350m: 4:05.69 36.33		
100m: 1:06.07 34.58 200m: 2:17.23 35.71 300m: 3:29.36 35.96 400m: 4:40.43 34.74		
8. SARMIENTO OJEDA, Andrea	12 C.N. Aguacan	4:41.96 26,00
50m: 32.49 32.49 150m: 1:43.36 35.90 250m: 2:54.72 35.78 350m: 4:07.17 36.19		
100m: 1:07.46 34.97 200m: 2:18.94 35.58 300m: 3:30.98 36.26 400m: 4:41.96 34.79		
9. LABRADOR CASTILLA, Paula Daopin	05 C.N. Teneteide	4:43.40 25,00
50m: 31.32 31.32 150m: 1:40.51 35.03 250m: 2:52.97 36.73 350m: 4:07.12 37.02		
100m: 1:05.48 34.16 200m: 2:16.24 35.73 300m: 3:30.10 37.13 400m: 4:43.40 36.28		
10. DUQUE BROUARD, Elena	10 C.B. Dominicas Vistabella	4:46.00 24,00
50m: 32.65 32.65 150m: 1:43.58 35.60 250m: 2:56.20 36.48 350m: 4:10.00 36.97		
100m: 1:07.98 35.33 200m: 2:19.72 36.14 300m: 3:33.03 36.83 400m: 4:46.00 36.00		
11. DE CASTRO URQUIOLA, Helena	04 C.N. Aguacan	4:50.24 23,00
50m: 32.45 32.45 150m: 1:44.05 36.35 250m: 2:57.98 37.36 350m: 4:13.47 37.68		
100m: 1:07.70 35.25 200m: 2:20.62 36.57 300m: 3:35.79 37.81 400m: 4:50.24 36.77		
12. HERRERA FIGUEIRAS, Tania	13 Esna Lanzarote	4:53.26 22,00
50m: 34.18 34.18 150m: 1:49.27 38.18 250m: 3:04.91 37.57 350m: 4:18.61 36.39		
100m: 1:11.09 36.91 200m: 2:27.34 38.07 300m: 3:42.22 37.31 400m: 4:53.26 34.65		
13. SCARPA, Barbara	08 C.N. Martianez Coral Hotels	4:53.52 21,00
50m: 32.84 32.84 150m: 1:45.82 37.35 250m: 3:01.49 38.12 350m: 4:17.98 38.31		
100m: 1:08.47 35.63 200m: 2:23.37 37.55 300m: 3:39.67 38.18 400m: 4:53.52 35.54		
14. CALVICHE FERNANDEZ, Nazaret	87 A.D. Santa Cruz	4:53.74 20,00
50m: 34.37 34.37 150m: 1:48.19 37.48 250m: 3:03.25 37.31 350m: 4:18.04 37.25		
100m: 1:10.71 36.34 200m: 2:25.94 37.75 300m: 3:40.79 37.54 400m: 4:53.74 35.70		
15. QUINTANA SUAREZ, Miriam	10 Club Deportivo Agaeterun	4:54.92 19,00
50m: 33.76 33.76 150m: 1:47.13 37.06 250m: 3:02.83 38.17 350m: 4:18.55 37.51		
100m: 1:10.07 36.31 200m: 2:24.66 37.53 300m: 3:41.04 38.21 400m: 4:54.92 36.37		

Prueba 26, Fem., 400m Libre, Absoluto Femenino

Clasificación	AN	Tiempo
16. MOURE GAO, Natalia	11	C.N. Los Cristianos 4:57.86 18,00
50m: 33.57 33.57 150m: 1:48.09 38.11 250m: 3:04.10 37.85 350m: 4:19.81 37.89		
100m: 1:09.98 36.41 200m: 2:26.25 38.16 300m: 3:41.92 37.82 400m: 4:57.86 38.05		
17. LORENZO GONZALEZ, Victoria	12	Esna Lanzarote 5:02.83 17,00
50m: 34.31 34.31 150m: 1:49.38 38.17 250m: 3:08.30 40.14 350m: 4:26.36 39.08		
100m: 1:11.21 36.90 200m: 2:28.16 38.78 300m: 3:47.28 38.98 400m: 5:02.83 36.47		
18. GODOY FALCON, Ma Daniela	06	C.P.Santa Mª De Guia 5:03.47 16,00
50m: 34.29 34.29 150m: 1:48.72 37.60 250m: 3:06.04 38.39 350m: 4:25.27 39.64		
100m: 1:11.12 36.83 200m: 2:27.65 38.93 300m: 3:45.63 39.59 400m: 5:03.47 38.20		
19. ALAMO MATOS, Ariadna	09	C.N. Carucagua 5:04.02 15,00
50m: 33.76 33.76 150m: 1:49.31 38.30 250m: 3:07.53 39.44 350m: 4:26.89 39.59		
100m: 1:11.01 37.25 200m: 2:28.09 38.78 300m: 3:47.30 39.77 400m: 5:04.02 37.13		
20. CABRERA SUAREZ, Julia	09	A.D. Santa Cruz 5:11.67 14,00
50m: 34.76 34.76 150m: 1:51.78 38.97 250m: 3:10.17 39.62 350m: 4:29.76 40.24		
100m: 1:12.81 38.05 200m: 2:30.55 38.77 300m: 3:49.52 39.35 400m: 5:11.67 41.91		
21. ROMERO LOPEZ, Leire	10	C.N. Reales 5:17.80 13,00
50m: 36.07 36.07 150m: 1:56.53 40.64 250m: 3:17.54 40.79 350m: 4:38.51 39.78		
100m: 1:15.89 39.82 200m: 2:36.75 40.22 300m: 3:58.73 41.19 400m: 5:17.80 39.29		
22. TOBAL FEBLES, Helena	13	C.D. Herbania 5:18.80 12,00
50m: 35.15 35.15 150m: 1:55.01 40.68 250m: 3:17.08 41.38 350m: 4:39.36 41.70		
100m: 1:14.33 39.18 200m: 2:35.70 40.69 300m: 3:57.66 40.58 400m: 5:18.80 39.44		
23. FALCON AFONSO, Ines	13	C.N. Carucagua 5:19.00 11,00
50m: 35.15 35.15 150m: 1:55.73 41.20 250m: 3:17.10 40.48 350m: 4:34.97 37.64		
100m: 1:14.53 39.38 200m: 2:36.62 40.89 300m: 3:57.33 40.23 400m: 5:19.00 44.03		
24. UHEROVA DIAZ MASA, Ivana	14	C.D. N. Bentacu-Laguna 5:20.09 10,00
50m: 35.64 35.64 150m: 1:54.20 39.65 250m: 3:15.33 39.40 350m: 4:38.03 41.02		
100m: 1:14.55 38.91 200m: 2:35.93 41.73 300m: 3:57.01 41.68 400m: 5:20.09 42.06		
25. MERCADO RODRIGUEZ, Lia	12	C.D. Nonadamos 5:22.66 9,00
50m: 38.42 38.42 150m: 1:59.63 40.73 250m: 3:22.19 41.20 350m: 4:43.21 40.22		
100m: 1:18.90 40.48 200m: 2:40.99 41.36 300m: 4:02.99 40.80 400m: 5:22.66 39.45		
26. CALZADILLA SOCAS, Rebeca	08	C.D. N. Bentacu-Laguna 5:24.41 8,00
50m: 35.39 35.39 150m: 1:57.05 40.69 250m: 3:19.40 40.64 350m: 4:43.44 42.12		
100m: 1:16.36 40.97 200m: 2:38.76 41.71 300m: 4:01.32 41.92 400m: 5:24.41 40.97		
27. NASSEREDDINE MESA, Nara	11	C.B. Dominicas Vistabella 5:25.49 7,00
50m: 35.59 35.59 150m: 1:56.12 40.85 250m: 3:20.20 42.50 350m: 4:44.21 41.59		
100m: 1:15.27 39.68 200m: 2:37.70 41.58 300m: 4:02.62 42.42 400m: 5:25.49 41.28		
28. GONZALEZ RAMIREZ, Marta	09	C.N..Faynagua C. Telde 5:26.34 6,00
50m: 35.74 35.74 150m: 1:57.09 41.03 250m: 3:20.56 42.01 350m: 4:44.67 42.06		
100m: 1:16.06 40.32 200m: 2:38.55 41.46 300m: 4:02.61 42.05 400m: 5:26.34 41.67		
29. CABRERA VERASTEGUI, Maria	12	Club Deportivo Agaeterun 5:28.00 5,00
50m: 37.17 37.17 150m: 2:01.08 42.49 250m: 3:24.71 41.06 350m: 4:48.15 42.09		
100m: 1:18.59 41.42 200m: 2:43.65 42.57 300m: 4:06.06 41.35 400m: 5:28.00 39.85		
30. CARRASCOSA SANTAMARIA, Sara	08	C.N..Faynagua C. Telde 5:35.64 4,00
50m: 36.75 36.75 150m: 2:00.19 42.24 250m: 3:26.53 43.36 350m: 4:55.13 44.58		
100m: 1:17.95 41.20 200m: 2:43.17 42.98 300m: 4:10.55 44.02 400m: 5:35.64 40.51		
31. PEREZ VIDAL, Beatriz	11	C.N. Los Cristianos 5:38.44 3,00
50m: 35.54 35.54 150m: 1:56.38 41.82 250m: 3:22.77 44.00 350m: 4:53.98 45.64		
100m: 1:14.56 39.02 200m: 2:38.77 42.39 300m: 4:08.34 45.57 400m: 5:38.44 44.46		
32. IBAÑEZ MARTINEZ, Beatriz	12	R.C. Naut. Tenerife 5:38.89 2,00
50m: 36.28 36.28 150m: 1:59.83 42.55 250m: 3:26.25 43.49 350m: 4:55.17 44.36		
100m: 1:17.28 41.00 200m: 2:42.76 42.93 300m: 4:10.81 44.56 400m: 5:38.89 43.72		
33. FAJARDO SANCHEZ, Valeria	11	C.D. Herbania 5:38.92 1,00
50m: 36.84 36.84 150m: 2:00.92 42.79 250m: 3:28.47 43.98 350m: 4:56.73 44.27		
100m: 1:18.13 41.29 200m: 2:44.49 43.57 300m: 4:12.46 43.99 400m: 5:38.92 42.19		

Prueba 26, Fem., 400m Libre, Absoluto Femenino

Clasificación	AN		Tiempo	
34. LOPEZ CELAYE, Emma Abril	12	C.D. Nonadamos	5:43.93	-
50m: 40.30 40.30 150m: 2:03.90 42.77 250m: 3:30.59 43.64 350m: 5:00.10 44.39				
100m: 1:21.13 40.83 200m: 2:46.95 43.05 300m: 4:15.71 45.12 400m: 5:43.93 43.83				
35. PEREZ RIVERO, Emma	07	Cn.Salinas Sta.Lucia	5:52.57	-
50m: 38.85 38.85 150m: 2:05.70 44.71 250m: 3:36.71 45.90 350m: 5:08.36 45.86				
100m: 1:20.99 42.14 200m: 2:50.81 45.11 300m: 4:22.50 45.79 400m: 5:52.57 44.21				
36. HERNANDEZ TOSTE, Keyla	11	C.N. Reales	6:00.49	-
50m: 38.53 38.53 150m: 2:08.30 45.87 250m: 3:42.84 47.28 350m: 5:18.17 47.87				
100m: 1:22.43 43.90 200m: 2:55.56 47.26 300m: 4:30.30 47.46 400m: 6:00.49 42.32				
NP RUIZ REYES, Raquel	07	C.N. Las Palmas		-
Baja PERCANNELLA, Giada	07	C.N. Valleverde		-
Baja MENDEZ RAMIREZ, Zoe	12	Cn.Salinas Sta.Lucia		-
Baja DELGADO BARDON, Alicia	07	R.C. Naut. Tenerife		-

Prueba 27
23/11/2025

Masc., 100m Estilos

Absoluto Masculino
Resultados

Clasificación	AN		Tiempo	
1. SANCHEZ MEDINA, Ian	06	C.N. Metropole	59.08	38,00
50m: 27.93 27.93 100m: 59.08 31.15				
2. MAÑOJIL CABRERA, Sergio	05	C.N. Aguacan	59.37	34,00
50m: 27.52 27.52 100m: 59.37 31.85				
3. RAVELO SUAREZ, Antonio Jesus	09	C.B. Dominicas Vistabella	1:00.27	31,00
50m: 28.80 28.80 100m: 1:00.27 31.47				
4. RIVEROL HERNANDEZ, Miguel Alonso	08	C.N. Teneteide	1:00.54	30,00
50m: 27.72 27.72 100m: 1:00.54 32.82				
5. SANTOS CABRERA, Daniel	09	C.N. Metropole	1:00.97	29,00
50m: 28.95 28.95 100m: 1:00.97 32.02				
6. GUADALUPE NEGRIN, Jorge Ramses	03	A.D. Santa Cruz	1:01.49	28,00
50m: 28.30 28.30 100m: 1:01.49 33.19				
7. KHILKO, Sergiy	86	R.C. Naut. Tenerife	1:01.58	27,00
50m: 29.21 29.21 100m: 1:01.58 32.37				
8. RODRIGUEZ MARTIN, Eric	98	C.N. Teneteide	1:02.52	26,00
50m: 28.95 28.95 100m: 1:02.52 33.57				
9. GONZALEZ ALONSO, Airam	95	A.D. Santa Cruz	1:03.08	25,00
50m: 28.72 28.72 100m: 1:03.08 34.36				
10. CHAVARREN CORUJO, Asier	98	C.N. Aguacan	1:04.08	24,00
50m: 30.05 30.05 100m: 1:04.08 34.03				
11. ALVAREZ VALENCIA, Nestor	00	Esna Lanzarote	1:04.33	23,00
50m: 29.86 29.86 100m: 1:04.33 34.47				
12. DAVARA MENDEZ, Fernando	72	R.C. Naut. Tenerife	1:04.40	22,00
50m: 29.36 29.36 100m: 1:04.40 35.04				
13. PEREZ KANDRATOVICH, Lenin Raul	08	C.N. Los Cristianos	1:04.46	21,00
50m: 28.98 28.98 100m: 1:04.46 35.48				
14. GONZALEZ BAIK, Angel Nuri	04	C.D. N. Bentacu-Laguna	1:04.81	20,00
50m: 30.22 30.22 100m: 1:04.81 34.59				
15. MARTIN GARCIA, Mario	04	C.N. Martianez Coral Hotels	1:04.91	19,00
50m: 28.48 28.48 100m: 1:04.91 36.43				
16. AFONSO SUAREZ, Ivan	96	C.N. Los Cristianos	1:04.92	18,00
50m: 30.35 30.35 100m: 1:04.92 34.57				

Prueba 27, Masc., 100m Estilos, Absoluto Masculino

Clasificación	AN				Tiempo	
17. ORTEGA GUTIERREZ, Manuel	08	C.B. Dominicas Vistabella	1:06.82	17,00		
50m: 32.12 32.12 100m: 1:06.82		34.70				
18. ALAMO SANTOS, Alberto Bruno	07	Club Deportivo Agaeterun	1:06.96	16,00		
50m: 30.56 30.56 100m: 1:06.96		36.40				
19. ARANDA GALLEG0, Jose Juan	75	Esna Lanzarote	1:08.01	15,00		
50m: 31.27 31.27 100m: 1:08.01		36.74				
20. BEDOYA OTERO, Omar	81	C.N. Valleverde	1:08.57	14,00		
50m: 32.35 32.35 100m: 1:08.57		36.22				
21. DAMIANI, Giorgio	12	Club Deportivo Agaeterun	1:08.91	13,00		
50m: 31.88 31.88 100m: 1:08.91		37.03				
22. FALCON LORENZO, Javier	94	C.N..Faynagua C. Telde	1:09.71	12,00		
50m: 32.04 32.04 100m: 1:09.71		37.67				
23. RODRIGUEZ PULIDO, Daniel	89	C.N. Valleverde	1:09.76	11,00		
50m: 32.50 32.50 100m: 1:09.76		37.26				
24. MERINO FAJARDO, Eduardo	09	C.D. Nonadamos	1:10.64	10,00		
50m: 33.75 33.75 100m: 1:10.64		36.89				
25. PEREZ MONROY, Javier	09	Cn.Salinas Sta.Lucia	1:10.65	9,00		
50m: 32.59 32.59 100m: 1:10.65		38.06				
26. DIAZ VERDE, David	07	Cn.Salinas Sta.Lucia	1:11.96	8,00		
50m: 33.97 33.97 100m: 1:11.96		37.99				
27. PARDO, Alessandro Francesco	13	C.N. Villa De Agüimes 2016	1:13.69	7,00		
50m: 34.48 34.48 100m: 1:13.69		39.21				
28. ANDERSSSEN MIRANDA, Knut	10	C.D. Nonadamos	1:13.92	6,00		
50m: 33.48 33.48 100m: 1:13.92		40.44				
29. GONZALEZ RODRIGUEZ, Javier	06	C.P.Santa Mª De Guia	1:15.07	5,00		
50m: 36.96 36.96 100m: 1:15.07		38.11				
30. GARCIA GONZALEZ DE CHAVES, Luc11		C.D. N. Bentacu-Laguna	1:15.56	4,00		
50m: 33.76 33.76 100m: 1:15.56		41.80				
31. HERNANDEZ GODOY, Juan Gabriel	08	C.N. Carucagua	1:16.21	3,00		
50m: 35.87 35.87 100m: 1:16.21		40.34				
32. DIAZ CRUZ, Cayetano	06	C.P.Santa Mª De Guia	1:16.46	2,00		
50m: 35.66 35.66 100m: 1:16.46		40.80				
33. RUANO ZERPA, Fabio	10	C.N..Faynagua C. Telde	1:18.08	1,00		
50m: 37.30 37.30 100m: 1:18.08		40.78				
34. CARRERO SERRANO, Gabriel Jhosue	13	C.D. Herbania	1:23.56	-		
50m: 39.60 39.60 100m: 1:23.56		43.96				
35. DIAZ MERCADO, Teo	12	C.N. Carucagua	1:29.40	-		
50m: 40.03 40.03 100m: 1:29.40		49.37				
36. TRICCA, Alexander	13	C.D. Herbania	1:31.68	-		
50m: 41.32 41.32 100m: 1:31.68		50.36				
37. SUAREZ ORTEGA, Aaron	13	C.N. Villa De Agüimes 2016	1:34.62	-		
50m: 46.40 46.40 100m: 1:34.62		48.22				
38. ALLO LEON, Mario	14	C.N. Reales	1:53.34	-		
50m: 56.06 56.06 100m: 1:53.34		57.28				
DSQ CARBALLO DE ARA, Jorel	11	C.N. Reales		-		
<i>DVI - Desc Viraje Irregular</i>						
NP NUEZ CRUZ, Gadiel	09	C.N. Aguacan		-		
NP VANHOUCKE, Louka	02	C.N. Metropole		-		
NP DIAZ GONZALEZ, Pablo	03	A.D. Santa Cruz		-		

Prueba 27, Masc., 100m Estilos, Absoluto Masculino

Clasificación	AN	Tiempo
NP RODRIGUEZ NAVARRO, Hugo	09 R.C. Naut. Tenerife	-
Baja BELLO HERNANDEZ, Jaime	10 C.N. Martianez Coral Hotels	-

Prueba 28
23/11/2025

Fem., 100m Estilos

Absoluto Femenino
Resultados

Clasificación	AN	Tiempo
1. DENBY, Kennedy Hope	05 C.N. Las Palmas	1:07.72 38,00
50m: 32.05 32.05 100m: 1:07.72 35.67		
2. RODRIGUEZ RIVERO, Paula	02 C.N. Las Palmas	1:07.98 34,00
50m: 29.93 29.93 100m: 1:07.98 38.05		
3. QUINTILLA MODREGO, Laia	88 Club Deportivo Agaeterun	1:08.75 31,00
50m: 30.95 30.95 100m: 1:08.75 37.80		
4. CERPA CABALLERO, Xiomara Ma	01 C.N. Aguacan	1:10.38 30,00
50m: 33.44 33.44 100m: 1:10.38 36.94		
5. HERNANDEZ MARTIN, Carla	08 C.N. Teneteide	1:11.01 29,00
50m: 32.98 32.98 100m: 1:11.01 38.03		
6. VALIDO SANTANA, Andrea	01 C.N. Aguacan	1:11.21 28,00
50m: 31.60 31.60 100m: 1:11.21 39.61		
7. FERNANDEZ VIEIRA, Carolina	08 C.N. Teneteide	1:11.32 27,00
50m: 33.49 33.49 100m: 1:11.32 37.83		
8. PISA, Maria Sofia	11 C.N. Metropole	1:11.47 26,00
50m: 33.92 33.92 100m: 1:11.47 37.55		
9. AGUIAR ESPINO, Olivia	09 C.N. Metropole	1:11.90 25,00
50m: 33.58 33.58 100m: 1:11.90 38.32		
10. FRANCOS PINEDA, Carlota	05 C.N. Martianez Coral Hotels	1:13.77 24,00
50m: 35.08 35.08 100m: 1:13.77 38.69		
11. IZAGUIRRE NESSI, Kassandra Isabel	08 C.D. N. Bentacu-Laguna	1:14.00 23,00
50m: 34.65 34.65 100m: 1:14.00 39.35		
12. GONZALEZ QUINTANA, Valeria	08 C.B. Dominicas Vistabella	1:14.39 22,00
50m: 34.94 34.94 100m: 1:14.39 39.45		
13. MARTIN MELIAN, Raquel	99 Esna Lanzarote	1:14.74 21,00
50m: 35.12 35.12 100m: 1:14.74 39.62		
14. PIÑERO STEGENSEK, Elisa	08 C.B. Dominicas Vistabella	1:15.70 20,00
50m: 36.16 36.16 100m: 1:15.70 39.54		
15. DOBLE AFONSO, Elisa	00 R.C. Naut. Tenerife	1:15.85 19,00
50m: 34.81 34.81 100m: 1:15.85 41.04		
16. SARMIENTO NARANJO, Carla	09 C.N. Villa De Agüimes 2016	1:16.43 18,00
50m: 35.02 35.02 100m: 1:16.43 41.41		
17. PUIG CURBELO, Bella	14 C.D. N. Bentacu-Laguna	1:17.21 17,00
50m: 34.73 34.73 100m: 1:17.21 42.48		
18. GARCIA CERVANTES, Laura	89 C.D. Nonadamos	1:17.28 16,00
50m: 36.43 36.43 100m: 1:17.28 40.85		
19. GONZALEZ GONZALEZ, Aitana	10 C.D. Nonadamos	1:17.71 15,00
50m: 36.58 36.58 100m: 1:17.71 41.13		
20. DIAZ PEREZ, Leyla	13 C.N. Martianez Coral Hotels	1:21.16 14,00
50m: 39.05 39.05 100m: 1:21.16 42.11		

Prueba 28, Fem., 100m Estilos, Absoluto Femenino

Clasificación					AN			Tiempo
21.	PEREZ SUAREZ, Laura	01	C.N..Faynagua C. Telde	1:22.14	43.25	1:22.14	13,00	
	50m: 38.89 38.89	100m:						
22.	CAMACHO TOLEDO, Aitana	14	Esna Lanzarote	1:23.87	42.61	1:23.87	12,00	
	50m: 41.26 41.26	100m:						
23.	CABALLERO LOZANO, Sheila	07	C.N..Faynagua C. Telde	1:23.94	44.25	1:23.94	11,00	
	50m: 39.69 39.69	100m:						
24.	NUEZ TUMCZAK, Paula	06	A.D. Santa Cruz	1:24.31	44.11	1:24.31	10,00	
	50m: 40.20 40.20	100m:						
25.	PEREZ LUIS, Lucia	08	C.D. Herbania	1:25.00	44.59	1:25.00	9,00	
	50m: 40.41 40.41	100m:						
26.	JIMENEZ PINEDA, Leyre	12	Cn.Salinas Sta.Lucia	1:25.50	43.80	1:25.50	8,00	
	50m: 41.70 41.70	100m:						
27.	JIMENEZ BENITEZ, Irene	13	Club Deportivo Agaeterun	1:25.96	45.20	1:25.96	7,00	
	50m: 40.76 40.76	100m:						
28.	MARTEL TORRES, Carmen	13	Cn.Salinas Sta.Lucia	1:27.56	48.97	1:27.56	6,00	
	50m: 38.59 38.59	100m:						
29.	VARELA MESA, Ines	08	R.C. Naut. Tenerife	1:30.53	49.78	1:30.53	5,00	
	50m: 40.75 40.75	100m:						
30.	ORTEGA QUINTANA, Elena	11	C.N. Carucagua			1:30.67	4,00	
31.	HIMPENS, Fien	14	C.N. Los Cristianos	1:31.14	49.57	1:31.14	3,00	
	50m: 41.57 41.57	100m:						
32.	ASCANIO ROQUE, Marta Maria	06	A.D. Santa Cruz	1:32.58	52.03	1:32.58	2,00	
	50m: 40.55 40.55	100m:						
33.	CABELLO HENRIQUEZ, Astrid	08	C.N. Carucagua	1:34.35	51.48	1:34.35	1,00	
	50m: 42.87 42.87	100m:						
34.	SANTANA RODRIGUEZ, Laura	11	C.N. Valleverde	1:35.30	49.56	1:35.30	-	
	50m: 45.74 45.74	100m:						
35.	GONZALEZ MARRERO, Elena Maria	01	C.N. Valleverde	1:39.41	57.45	1:39.41	-	
	50m: 41.96 41.96	100m:						
DSQ	ALLO LEON, Isora	12	C.N. Reales				-	
	DVI - Desc Viraje Irregular							
DSQ	RODRIGUEZ COLMENARES, Bella Sof	09	C.N. Los Cristianos				-	
	DVI - Desc Viraje Irregular							
NP	ROMERO BASTERRECHEA, Paula	97	C.N. Aguacan				-	
NP	SANTISTEBAN PLAZA, Sofia	09	C.N. Carucagua				-	
NP	FUENTES MONTES, Amaya	08	C.N. Las Palmas				-	
NP	QUESADA GARCIA, Yanel	04	Cn.Salinas Sta.Lucia				-	
NP	CASTRO ADRIAN, Michelle	02	A.D. Santa Cruz				-	
NP	BABIKOVA, Marianna	11	A.D. Santa Cruz				-	
NP	BASILI, Veronica	08	C.N. Teneteide				-	

Prueba 29
23/11/2025

Masc., 200m Espalda

Absoluto Masculino
Resultados

Clasificación	AN		Tiempo
1. RAMOS DELGADO, Ricardo	07	C.N. Martianez Coral Hotels	2:08.00 38,00
50m: 30.80 30.80 100m: 1:03.04		32.24 150m: 1:36.24 33.20	200m: 2:08.00 31.76
2. PRIETO RODRIGUEZ, Daniel	00	A.D. Santa Cruz	2:11.33 34,00
50m: 31.40 31.40 100m: 1:05.16		33.76 150m: 1:38.41 33.25	200m: 2:11.33 32.92
3. TALLO PEREZ, Bruno	10	R.C. Naut. Tenerife	2:12.01 31,00
50m: 30.52 30.52 100m: 1:03.66		33.14 150m: 1:38.33 34.67	200m: 2:12.01 33.68
4. GARCIA CARRETERO, Nicolas	09	C.N. Metropole	2:14.66 30,00
50m: 31.15 31.15 100m: 1:03.86		32.71 150m: 1:38.81 34.95	200m: 2:14.66 35.85
5. TOMEY LATORRE, Julio	06	C.N. Teneteide	2:15.14 29,00
50m: 30.89 30.89 100m: 1:03.50		32.61 150m: 1:38.56 35.06	200m: 2:15.14 36.58
6. MORENO ALVAREZ, Alexis	08	C.B. Dominicas Vistabella	2:17.32 28,00
50m: 32.38 32.38 100m: 1:07.22		34.84 150m: 1:42.69 35.47	200m: 2:17.32 34.63
7. SANCHEZ FERNANDEZ, Gregory	09	C.N. Los Cristianos	2:17.78 27,00
50m: 32.75 32.75 100m: 1:08.14		35.39 150m: 1:43.47 35.33	200m: 2:17.78 34.31
8. BELAMENDIA COTORRUELO, Gerald	07	C.N. Teneteide	2:17.85 26,00
50m: 31.32 31.32 100m: 1:05.91		34.59 150m: 1:41.72 35.81	200m: 2:17.85 36.13
9. COLODRERO MUÑOZ, Ivan	09	Esna Lanzarote	2:17.86 25,00
50m: 32.32 32.32 100m: 1:06.52		34.20 150m: 1:41.98 35.46	200m: 2:17.86 35.88
10. GOMEZ RODRIGUEZ, Daniel	09	C.N. Aguacan	2:18.71 24,00
50m: 32.03 32.03 100m: 1:07.00		34.97 150m: 1:43.78 36.78	200m: 2:18.71 34.93
11. DIAZ PEREZ, Arion	10	C.N. Metropole	2:19.11 23,00
50m: 31.49 31.49 100m: 1:06.96		35.47 150m: 1:43.73 36.77	200m: 2:19.11 35.38
12. RAMIREZ MORALES, Sergio C.	03	Cn.Salinas Sta.Lucia	2:19.91 22,00
50m: 32.45 32.45 100m: 1:06.84		34.39 150m: 1:43.09 36.25	200m: 2:19.91 36.82
13. KEY RAMIREZ, Octavio Jose	10	C.D. N. Bentacu-Laguna	2:19.97 21,00
50m: 32.25 32.25 100m: 1:07.93		35.68 150m: 1:44.47 36.54	200m: 2:19.97 35.50
14. SALUTREGUI GOMEZ, Nicolas	01	C.N. Aguacan	2:20.24 20,00
50m: 32.29 32.29 100m: 1:06.97		34.68 150m: 1:43.57 36.60	200m: 2:20.24 36.67
15. TAVIO MEDINA, Emilio Jose	02	A.D. Santa Cruz	2:21.69 19,00
50m: 33.09 33.09 100m: 1:08.35		35.26 150m: 1:45.15 36.80	200m: 2:21.69 36.54
16. GORRIN ROBERTS, Alec	11	C.N. Los Cristianos	2:21.76 18,00
50m: 31.73 31.73 100m: 1:08.02		36.29 150m: 1:45.45 37.43	200m: 2:21.76 36.31
17. IZAGUIRRE NESSI, Anthony Xavier	11	C.D. N. Bentacu-Laguna	2:25.36 17,00
50m: 33.59 33.59 100m: 1:10.81		37.22 150m: 1:48.97 38.16	200m: 2:25.36 36.39
18. MONZON HENRIQUEZ, Hugo	10	Club Deportivo Agaeterun	2:26.41 16,00
50m: 34.31 34.31 100m: 1:11.11		36.80 150m: 1:49.66 38.55	200m: 2:26.41 36.75
19. SANTANA RAMIREZ, Adrian	08	Cn.Salinas Sta.Lucia	2:26.60 15,00
50m: 33.59 33.59 100m: 1:10.13		36.54 150m: 1:49.23 39.10	200m: 2:26.60 37.37
20. LUGO SANCHEZ, Lucas	09	C.B. Dominicas Vistabella	2:28.03 14,00
50m: 33.78 33.78 100m: 1:11.34		37.56 150m: 1:49.89 38.55	200m: 2:28.03 38.14
21. CAMPANALUNGA MORALES, Enzo	08	C.N..Faynagua C. Telde	2:29.20 13,00
50m: 35.03 35.03 100m: 1:12.38		37.35 150m: 1:51.03 38.65	200m: 2:29.20 38.17
22. GUTIERREZ MORENO, Lucas Del Carr	11	Club Deportivo Agaeterun	2:31.86 12,00
50m: 34.83 34.83 100m: 1:13.20		38.37 150m: 1:53.23 40.03	200m: 2:31.86 38.63
23. DASCULTU, Vlad Gabriel	12	Esna Lanzarote	2:40.48 11,00
50m: 39.71 39.71 100m: 1:20.60		40.89 150m: 2:01.85 41.25	200m: 2:40.48 38.63

Prueba 29, Masc., 200m Espalda, Absoluto Masculino

Clasificación	AN				Tiempo			
24. SANTANA ACUÑA, Gorka	09	C.D. Nonadamos			2:41.99	10,00		
50m: 38.26 38.26	100m: 1:19.33	41.07	150m: 2:01.24	41.91	200m: 2:41.99	40.75		
25. HERNANDEZ SANTANA, Erik	11	C.N. Carucagua			2:42.19	9,00		
50m: 37.65 37.65	100m: 1:18.97	41.32	150m: 2:01.80	42.83	200m: 2:42.19	40.39		
26. DIAZ CRUZ, Cayetano	06	C.P.Santa Mª De Guia			2:42.31	8,00		
50m: 37.91 37.91	100m: 1:18.40	40.49	150m: 2:00.77	42.37	200m: 2:42.31	41.54		
27. PEREZ MARIN, Mateo	09	R.C. Naut. Tenerife			2:43.42	7,00		
50m: 36.55 36.55	100m: 1:16.63	40.08	150m: 2:00.45	43.82	200m: 2:43.42	42.97		
28. DUARTE RIVADO, Raul	90	C.N. Valleverde			2:44.97	6,00		
50m: 38.56 38.56	100m: 1:20.22	41.66	150m: 2:03.33	43.11	200m: 2:44.97	41.64		
29. CAMPANALUNGA MORALES, Fabio	10	C.N..Faynagua C. Telde			2:56.53	5,00		
50m: 41.87 41.87	100m: 1:27.27	45.40	150m: 2:13.42	46.15	200m: 2:56.53	43.11		
30. HERNANDEZ CURBELO, Unai	10	C.D. Nonadamos			2:59.25	4,00		
50m: 42.97 42.97	100m: 1:28.69	45.72	150m: 2:16.56	47.87	200m: 2:59.25	42.69		
31. SANCHEZ NAVARRO, Ian	08	C.N. Valleverde			3:01.31	3,00		
50m: 43.02 43.02	100m: 1:29.03	46.01	150m: 2:16.46	47.43	200m: 3:01.31	44.85		
32. ALVAREZ MESA, Diego	13	C.N. Martianez Coral Hotels			3:03.13	2,00		
50m: 40.08 40.08	100m: 1:27.96	47.88	150m: 2:16.58	48.62	200m: 3:03.13	46.55		
33. MATO VAZQUEZ, Rodrigo	13	C.D. Herbania			3:04.66	1,00		
50m: 45.29 45.29	100m: 1:31.81	46.52	150m: 2:19.68	47.87	200m: 3:04.66	44.98		
34. QUINTANA BENITEZ, Luis	11	C.N. Carucagua			3:06.84	-		
50m: 43.53 43.53	100m: 1:31.25	47.72	150m: 2:19.73	48.48	200m: 3:06.84	47.11		
35. MARTIN MARTIN, Ayoze	09	C.N. Reales			3:18.34	-		
50m: 43.07 43.07	100m: 1:33.86	50.79	150m: 2:25.05	51.19	200m: 3:18.34	53.29		
36. TACORONTE PEREZ, Francisco	12	C.P.Santa Mª De Guia			3:18.58	-		
50m: 47.75 47.75	100m: 1:36.45	48.70	150m: 2:27.33	50.88	200m: 3:18.58	51.25		
37. CARBALLO DE ARA, Jorel	11	C.N. Reales			3:28.04	-		
50m: 50.33 50.33	100m: 1:43.35	53.02	150m: 2:36.53	53.18	200m: 3:28.04	51.51		
NP MARTIN SUAREZ, Alejandro	00	C.N. Aguacan				-		
NP LEON ACOSTA, Hugo	09	C.N. Metropole				-		
NP DAVARA MENDEZ, Fernando	72	R.C. Naut. Tenerife				-		
Baja ALVAREZ GONZALEZ, Hugo	12	C.D. Herbania				-		

Prueba 30
23/11/2025

Fem., 200m Espalda

Absoluto Femenino
Resultados

Clasificación	AN				Tiempo			
1. HERNANDEZ MARTIN, Nerea	03	C.N. Las Palmas			2:19.15	38,00		
50m: 32.02 32.02	100m: 1:06.48	34.46	150m: 1:42.55	36.07	200m: 2:19.15	36.60		
2. PORRERO MARTIN, Lucia	08	C.N. Teneteide			2:24.39	34,00		
50m: 34.40 34.40	100m: 1:11.10	36.70	150m: 1:48.03	36.93	200m: 2:24.39	36.36		
3. SANTANA DRAGO, Leire	07	C.N. Las Palmas			2:24.97	31,00		
50m: 33.29 33.29	100m: 1:09.13	35.84	150m: 1:46.71	37.58	200m: 2:24.97	38.26		
4. HERNANDEZ CASTRILLO, Yessica	00	C.N. Aguacan			2:27.79	30,00		
50m: 33.99 33.99	100m: 1:11.17	37.18	150m: 1:49.70	38.53	200m: 2:27.79	38.09		
5. BATISTA RIOS, Marta	11	C.N. Metropole			2:28.14	29,00		
50m: 33.70 33.70	100m: 1:10.39	36.69	150m: 1:48.95	38.56	200m: 2:28.14	39.19		
6. FERNANDEZ ANDRES, Lola	11	Cn.Salinas Sta.Lucia			2:31.19	28,00		
50m: 34.59 34.59	100m: 1:12.93	38.34	150m: 1:52.56	39.63	200m: 2:31.19	38.63		

Prueba 30, Fem., 200m Espalda, Absoluto Femenino

Clasificación	AN										Tiempo	
7.	HERNANDEZ MARTIN, Carla	08	C.N. Teneteide								2:32.90	27,00
	50m: 35.37 35.37 100m: 1:13.83		38.46 150m: 1:53.55 39.72							200m: 2:32.90		39.35
8.	PAMPIN ALVARADO, Sara	11	C.N. Metropole								2:33.81	26,00
	50m: 35.20 35.20 100m: 1:14.19		38.99 150m: 1:54.37 40.18							200m: 2:33.81		39.44
9.	ORTEGA GUTIERREZ, Eugenia	11	C.B. Dominicas Vistabella								2:34.48	25,00
	50m: 36.15 36.15 100m: 1:15.53		39.38 150m: 1:55.87 40.34							200m: 2:34.48		38.61
10.	DIAZ DE LOSADA BUJAN, Silvia	12	R.C. Naut. Tenerife								2:37.51	24,00
	50m: 36.54 36.54 100m: 1:16.25		39.71 150m: 1:57.69 41.44							200m: 2:37.51		39.82
11.	BONILLA BORDON, Ines	06	C.N. Aguacan								2:37.71	23,00
	50m: 35.95 35.95 100m: 1:15.39		39.44 150m: 1:56.80 41.41							200m: 2:37.71		40.91
12.	SAIZ PEREZ, Mar	08	C.N. Los Cristianos								2:42.19	22,00
	50m: 37.57 37.57 100m: 1:17.85		40.28 150m: 2:00.04 42.19							200m: 2:42.19		42.15
13.	CALZADILLA SOCAS, Silvia	12	C.D. N. Bentacu-Laguna								2:43.62	21,00
	50m: 38.32 38.32 100m: 1:20.15		41.83 150m: 2:02.56 42.41							200m: 2:43.62		41.06
14.	NARANJO NOVAL, Lucia	10	C.D. Herbania								2:46.33	20,00
	50m: 38.30 38.30 100m: 1:21.44		43.14 150m: 2:04.25 42.81							200m: 2:46.33		42.08
15.	RODRIGUEZ FERRERA, Diana	12	C.D. N. Bentacu-Laguna								2:46.37	19,00
	50m: 38.39 38.39 100m: 1:20.33		41.94 150m: 2:04.03 43.70							200m: 2:46.37		42.34
16.	GIMENEZ CASTILLA, Maria	07	C.N..Faynagua C. Telde								2:47.47	18,00
	50m: 40.20 40.20 100m: 1:23.67		43.47 150m: 2:06.36 42.69							200m: 2:47.47		41.11
17.	LAVANDERA ALTESOR, Josefina	10	C.N. Los Cristianos								2:47.94	17,00
	50m: 38.88 38.88 100m: 1:20.55		41.67 150m: 2:03.59 43.04							200m: 2:47.94		44.35
18.	DI BERNARDO, Lucrecia	13	Cn.Salinas Sta.Lucia								2:48.63	16,00
	50m: 39.71 39.71 100m: 1:22.84		43.13 200m: 2:48.63 1:25.79									
19.	GLENESK FLORES, Lucia	08	C.D. Herbania								2:48.93	15,00
	50m: 40.58 40.58 100m: 1:23.21		42.63 200m: 2:48.93 1:25.72									
20.	CEDRES ESPINOSA, Martina	09	Esna Lanzarote								2:49.13	14,00
	50m: 40.98 40.98 100m: 1:24.32		43.34 150m: 2:07.16 42.84							200m: 2:49.13		41.97
21.	GONZALEZ GUILLEN, Daniela	07	C.N. Martianez Coral Hotels								2:50.90	13,00
	50m: 39.48 39.48 100m: 1:22.69		43.21 150m: 2:07.11 44.42							200m: 2:50.90		43.79
22.	CASTRO ADRIAN, Michelle	02	A.D. Santa Cruz								2:51.28	12,00
	50m: 38.69 38.69 100m: 1:21.93		43.24 150m: 2:06.64 44.71							200m: 2:51.28		44.64
23.	NUEZ CABRERA, Alba	09	C.N. Carucagua								2:52.27	11,00
	50m: 40.86 40.86 100m: 1:24.42		43.56 150m: 2:09.70 45.28							200m: 2:52.27		42.57
24.	NAVARRO LUZARDO, Aranzazu	08	C.N. Carucagua								2:52.30	10,00
	50m: 40.60 40.60 100m: 1:24.29		43.69 150m: 2:09.06 44.77							200m: 2:52.30		43.24
25.	HURTADO, Carla	14	C.B. Dominicas Vistabella								2:53.07	9,00
	50m: 39.34 39.34 100m: 1:23.90		44.56 150m: 2:08.87 44.97							200m: 2:53.07		44.20
26.	FERNANDEZ AGUIRRE, Lola	12	A.D. Santa Cruz								2:53.12	8,00
	50m: 40.44 40.44 100m: 1:24.78		44.34 150m: 2:08.89 44.11							200m: 2:53.12		44.23
27.	ALAMO SANTOS, Rocio	11	Club Deportivo Agaeterun								2:59.04	7,00
	50m: 43.75 43.75 100m: 1:29.18		45.43 150m: 2:15.16 45.98							200m: 2:59.04		43.88
28.	SANTANA RIO, Leire	12	Club Deportivo Agaeterun								3:00.51	6,00
	50m: 44.05 44.05 100m: 1:30.08		46.03 150m: 2:16.48 46.40							200m: 3:00.51		44.03
29.	TABARES HERNANDEZ, Daniela	09	C.N. Valleverde								3:01.83	5,00
	50m: 40.65 40.65 100m: 1:26.06		45.41 150m: 2:15.17 49.11							200m: 3:01.83		46.66
30.	ESTEVEZ RAMOS, Claudia	13	C.P.Santa Mª De Guia								3:02.53	4,00
	50m: 43.38 43.38 100m: 1:29.75		46.37 150m: 2:16.51 46.76							200m: 3:02.53		46.02

Prueba 30, Fem., 200m Espalda, Absoluto Femenino

Clasificación	AN	Tiempo
31. CEDRES ESPINOSA, Valeria	09 Esna Lanzarote	3:03.18 3,00
50m: 44.43 44.43 100m: 1:30.80	46.37 150m: 2:17.62 46.82	200m: 3:03.18 45.56
32. DOMINGUEZ CARRILLO, Maria	11 C.N. Martiane Coral Hotels	3:05.41 2,00
50m: 42.32 42.32 100m: 1:27.92	45.60 150m: 2:15.78 47.86	200m: 3:05.41 49.63
33. HERNANDEZ RODRIGUEZ, Mabel	11 C.N. Reales	3:06.81 1,00
50m: 43.03 43.03 100m: 1:30.06	47.03 150m: 2:18.45 48.39	200m: 3:06.81 48.36
34. NAVARRO PARRILLA, Aisha	11 C.N. Valleverde	3:15.12 -
50m: 45.08 45.08 100m: 1:34.77	49.69 150m: 2:25.40 50.63	200m: 3:15.12 49.72
35. CONEJO GRIMON, Martina	11 C.D. Nonadamos	3:15.84 -
50m: 47.38 47.38 100m: 1:37.46	50.08 150m: 2:27.91 50.45	200m: 3:15.84 47.93
36. SANTANA GIL, Valeria	11 C.D. Nonadamos	3:16.75 -
50m: 46.11 46.11 100m: 1:35.31	49.20 150m: 2:26.74 51.43	200m: 3:16.75 50.01
37. REDONDO CORREA, Claudia	07 R.C. Naut. Tenerife	3:30.74 -
50m: 47.52 47.52 100m: 1:41.61	54.09 150m: 2:37.23 55.62	200m: 3:30.74 53.51
DSQ HERNANDEZ TOSTE, Keyla	11 C.N. Reales	-
<i>DVI - Desc Viraje Irregular</i>		
NP DURAN ORTIZ, Selena	03 C.N. Metropole	-
NP CABALLERO MARTIN, Patricia	12 C.N. Metropole	-
NP FALCON DOMINGUEZ, Elisa	12 A.D. Santa Cruz	-

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Masc., 100m Libre

Absoluto Masculino
Resultados

Clasificación	AN	Tiempo
1. VACCARI MARCHETTI, Federico	07 C.N. Metropole	51.60 38,00
50m: 24.39 24.39 100m: 51.60	27.21	
2. ALONSO DOMINGUEZ, Manuel	00 C.N. Metropole	51.97 34,00
50m: 25.21 25.21 100m: 51.97	26.76	
3. MANZATTO VACCARO, Nicolas	06 Esna Lanzarote	52.06 31,00
50m: 25.07 25.07 100m: 52.06	26.99	
4. PORRERO MARTIN, Jorge	07 C.N. Teneteide	52.51 30,00
50m: 25.73 25.73 100m: 52.51	26.78	
5. CAPLLONCH DE UÑA, Ismael	07 R.C. Naut. Tenerife	52.86 29,00
50m: 25.77 25.77 100m: 52.86	27.09	
6. MAUDES DOMENECH, Daniel	05 C.N. Teneteide	53.36 28,00
50m: 26.01 26.01 100m: 53.36	27.35	
7. QUIJADA PEREZ, Saul Alejandro	10 C.D. N. Bentacu-Laguna	53.46 27,00
50m: 25.68 25.68 100m: 53.46	27.78	
8. VILLANUEVA JODKO, Aleksander	08 Cn.Salinas Sta.Lucia	54.05 26,00
50m: 26.16 26.16 100m: 54.05	27.89	
9. MARTIN SUAREZ, Alejandro	00 C.N. Aguacan	54.36 25,00
50m: 26.44 26.44 100m: 54.36	27.92	
10. CHAVARREN CORUJO, Asier	98 C.N. Aguacan	55.13 23,50
50m: 26.75 26.75 100m: 55.13	28.38	
AMATI, Nicolo	10 C.N. Los Cristianos	55.13 23,50
50m: 26.47 26.47 100m: 55.13	28.66	
12. RIPPA, Francisco	00 A.D. Santa Cruz	55.43 22,00
50m: 26.55 26.55 100m: 55.43	28.88	

Prueba 31, Masc., 100m Libre, Absoluto Masculino

Clasificación	AN		Tiempo	
13. HOLZENDORF DIONIS, Thomas	97	C.N. Martianeze Coral Hotels	55.54	21,00
50m: 26.63 26.63 100m: 55.54		28.91		
14. MERINO MONTES DE OCA, Alvaro	01	A.D. Santa Cruz	55.55	20,00
50m: 26.88 26.88 100m: 55.55		28.67		
15. ESTEVEZ GALVEZ, Carlos	08	C.B. Dominicas Vistabella	56.38	19,00
50m: 27.62 27.62 100m: 56.38		28.76		
16. ESTRELLA PADRON, Javier	01	R.C. Naut. Tenerife	56.61	18,00
50m: 27.43 27.43 100m: 56.61		29.18		
17. DUPUY ESTEVEZ, Lucas	11	C.D. N. Bentacu-Laguna	57.41	17,00
50m: 27.61 27.61 100m: 57.41		29.80		
18. RAMIREZ MORALES, Sergio C.	03	Cn.Salinas Sta.Lucia	58.18	16,00
50m: 28.37 28.37 100m: 58.18		29.81		
19. NASSEREDDINE MESA, Nash	09	C.B. Dominicas Vistabella	58.39	15,00
50m: 28.17 28.17 100m: 58.39		30.22		
20. CABRERA WINTER, Alvaro	01	C.N..Faynagua C. Telde	58.72	14,00
50m: 28.54 28.54 100m: 58.72		30.18		
21. AVERO RODRIGUEZ, Angel	11	C.D. Herbania	59.42	13,00
50m: 28.59 28.59 100m: 59.42		30.83		
22. FALCON LORENZO, Javier	94	C.N..Faynagua C. Telde	59.57	12,00
50m: 29.09 29.09 100m: 59.57		30.48		
23. ZAMBRANO DIAZ, Santiago Enrique	09	C.N. Los Cristianos	1:00.31	11,00
50m: 29.06 29.06 100m: 1:00.31		31.25		
24. ESTRADA GARCIA, Borja	11	C.D. Nonadamos	1:00.34	10,00
50m: 29.45 29.45 100m: 1:00.34		30.89		
25. SOSA LA CAMERA, Daniel Nauzet	10	C.N. Valleverde	1:00.49	9,00
50m: 28.46 28.46 100m: 1:00.49		32.03		
26. MATEO HERNANDEZ, Alexis	10	C.N. Valleverde	1:00.92	8,00
50m: 29.35 29.35 100m: 1:00.92		31.57		
27. DAMIANI, Giorgio	12	Club Deportivo Agaeterun	1:01.16	7,00
50m: 29.59 29.59 100m: 1:01.16		31.57		
28. RODRIGUEZ DE LA SIERRA GARCIA, 08or		C.N. Reales	1:03.16	6,00
50m: 29.90 29.90 100m: 1:03.16		33.26		
29. BENITEZ SUAREZ, Jorge	09	Club Deportivo Agaeterun	1:04.08	5,00
50m: 30.31 30.31 100m: 1:04.08		33.77		
30. GIL RODRIGUEZ, Himar	11	C.N. Carucagua	1:04.43	4,00
50m: 29.25 29.25 100m: 1:04.43		35.18		
31. RODRIGUEZ SANTANA, Mario	13	C.N. Villa De Agüimes 2016	1:04.93	3,00
50m: 31.23 31.23 100m: 1:04.93		33.70		
32. CABRERA MAROTO, Jose	11	C.N. Carucagua	1:04.94	2,00
50m: 30.93 30.93 100m: 1:04.94		34.01		
33. ANDERSSSEN MIRANDA, Knut	10	C.D. Nonadamos	1:05.25	1,00
50m: 31.34 31.34 100m: 1:05.25		33.91		
34. GONZALEZ PATO, Asier	13	Esna Lanzarote	1:06.45	-
50m: 31.13 31.13 100m: 1:06.45		35.32		
35. CASTAÑEDA QUINTERO, Juan	12	C.N. Martianeze Coral Hotels	1:08.70	-
50m: 32.68 32.68 100m: 1:08.70		36.02		
36. MICO FERNANDEZ, Pedro	11	C.D. Herbania	1:09.90	-
50m: 32.89 32.89 100m: 1:09.90		37.01		

Prueba 31, Masc., 100m Libre, Absoluto Masculino

Clasificación	AN	Tiempo	
37. CARRETERO LLARENA, Yeron	10	C.N. Villa De Agüimes 2016	1:10.62 -
50m: 33.00 33.00 100m: 1:10.62		37.62	
38. MARTIN MARTIN, Ayoze	09	C.N. Reales	1:10.89 -
50m: 33.99 33.99 100m: 1:10.89		36.90	
39. PADRON GARCIA, Mauro	13	C.P.Santa Mª De Guia	1:11.70 -
50m: 34.56 34.56 100m: 1:11.70		37.14	
40. HERRERA AYMAR, Sergio	13	C.P.Santa Mª De Guia	1:18.77 -
50m: 37.70 37.70 100m: 1:18.77		41.07	
NP TOBAL FEBLES, Gabriel	10	C.D. Herbania	-
NP SALUTREGUI GOMEZ, Nicolas	01	C.N. Aguacan	-
NP HERRERA TORRES, Carlos	04	C.N. Metropole	-
NP SANTANA VALENTIN, Hector	08	C.N. Villa De Agüimes 2016	-
NP ALAMO SANTOS, Alberto Bruno	07	Club Deportivo Agaeterun	-
NP GONZALEZ ALONSO, Airam	95	A.D. Santa Cruz	-
Baja VAN KERKHOF REGUERO, Jesper	09	C.N..Faynagua C. Telde	-

Prueba 32
23/11/2025

Fem., 100m Libre

Absoluto Femenino
Resultados

Clasificación	AN	Tiempo	
1. NANNUCCI, Bianca	08	C.N. Las Palmas	56.80 38,00
50m: 27.69 27.69 100m: 56.80		29.11	
2. BASILI, Veronica	08	C.N. Teneteide	59.14 34,00
50m: 28.38 28.38 100m: 59.14		30.76	
3. WOLGESCHAFFEN FERNANDEZ, Sofi	06	C.N. Martianez Coral Hotels	1:00.21 31,00
50m: 28.72 28.72 100m: 1:00.21		31.49	
4. GUADALUPE NEGRIN, Yumalai	08	C.N. Teneteide	1:01.17 30,00
50m: 28.82 28.82 100m: 1:01.17		32.35	
5. BELLO CODINA, Julia	08	C.N. Las Palmas	1:01.23 29,00
50m: 29.02 29.02 100m: 1:01.23		32.21	
6. RIJO MARTIN, Sara	08	Esna Lanzarote	1:01.35 28,00
50m: 29.44 29.44 100m: 1:01.35		31.91	
7. PEREZ RAMOS, Alba	10	C.N. Metropole	1:01.39 27,00
50m: 29.41 29.41 100m: 1:01.39		31.98	
8. VICTORES DOMINGUEZ, Maria Carla	08	C.N. Los Cristianos	1:01.50 26,00
50m: 29.13 29.13 100m: 1:01.50		32.37	
9. ZEMIER, Tatiana	11	C.N. Metropole	1:01.69 25,00
50m: 29.82 29.82 100m: 1:01.69		31.87	
10. GONZALEZ GONZALEZ, Janeth	10	C.N. Aguacan	1:01.88 24,00
50m: 29.94 29.94 100m: 1:01.88		31.94	
11. MARTIN MARTIN, Nerea	11	C.D. Nonadamos	1:03.10 23,00
50m: 30.32 30.32 100m: 1:03.10		32.78	
12. PULIDO MAYOR, Sheila	98	C.N..Faynagua C. Telde	1:03.48 22,00
50m: 30.71 30.71 100m: 1:03.48		32.77	
13. PEREZ MUÑOZ, Claudia	08	Esna Lanzarote	1:03.98 21,00
50m: 31.11 31.11 100m: 1:03.98		32.87	
14. HERNANDEZ SANCHEZ, Lara	02	A.D. Santa Cruz	1:04.24 20,00
50m: 31.31 31.31 100m: 1:04.24		32.93	

Prueba 32, Fem., 100m Libre, Absoluto Femenino

Clasificación	AN				Tiempo	
15. DI BERNARDO, Virginia	11	Cn.Salinas Sta.Lucia	1:04.43	19,00		
50m: 30.93 30.93	100m: 1:04.43	33.50				
16. SARMIENTO OJEDA, Andrea	12	C.N. Aguacan	1:04.46	18,00		
50m: 30.88 30.88	100m: 1:04.46	33.58				
17. HERNANDEZ ALMENARA, Nerea	07	C.D. N. Bentacu-Laguna	1:05.20	17,00		
50m: 31.12 31.12	100m: 1:05.20	34.08				
18. DUBOIS RIVERO, Lara	10	C.N. Villa De Agüimes 2016	1:05.21	16,00		
50m: 31.37 31.37	100m: 1:05.21	33.84				
19. DOBLE AFONSO, Elisa	00	R.C. Naut. Tenerife	1:05.29	15,00		
50m: 30.78 30.78	100m: 1:05.29	34.51				
20. SOSA HERNANDEZ, Michelle Dayana	08	C.N. Martianez Coral Hotels	1:06.01	14,00		
50m: 31.42 31.42	100m: 1:06.01	34.59				
21. UHEROVA DIAZ-MASA, Carmen	12	C.D. N. Bentacu-Laguna	1:06.13	13,00		
50m: 31.90 31.90	100m: 1:06.13	34.23				
22. GARCIA CERVANTES, Laura	89	C.D. Nonadamos	1:07.17	12,00		
50m: 32.53 32.53	100m: 1:07.17	34.64				
23. MORENO DOMINGUEZ, Paola	07	C.N. Carucagua	1:07.24	11,00		
50m: 32.48 32.48	100m: 1:07.24	34.76				
24. ALAMO HERRERA, Julia	07	Club Deportivo Agaeterun	1:08.26	10,00		
50m: 32.04 32.04	100m: 1:08.26	36.22				
25. DIAZ SUAREZ, Mariela	03	A.D. Santa Cruz	1:08.83	9,00		
50m: 32.40 32.40	100m: 1:08.83	36.43				
26. JORGE GARCIA, Mayka	08	Club Deportivo Agaeterun	1:10.49	8,00		
50m: 33.99 33.99	100m: 1:10.49	36.50				
27. GONZALEZ RODRIGUEZ, Leyre Maria	10	C.B. Dominicas Vistabella	1:10.92	7,00		
50m: 33.47 33.47	100m: 1:10.92	37.45				
28. CABALLERO LOZANO, Sheila	07	C.N..Faynagua C. Telde	1:11.18	6,00		
50m: 33.30 33.30	100m: 1:11.18	37.88				
29. ROMERO LOPEZ, Leire	10	C.N. Reales	1:11.73	5,00		
50m: 34.24 34.24	100m: 1:11.73	37.49				
30. PERALES SILVA, Leire	13	C.N. Los Cristianos	1:12.79	4,00		
50m: 34.84 34.84	100m: 1:12.79	37.95				
31. CONTESSI, Alice	12	C.N. Villa De Agüimes 2016	1:13.11	3,00		
50m: 35.48 35.48	100m: 1:13.11	37.63				
32. GONZALEZ-NUEVO GONZALEZ, Maica	13	C.B. Dominicas Vistabella	1:13.58	2,00		
50m: 35.34 35.34	100m: 1:13.58	38.24				
33. GARCIA PEREZ, Paola	06	C.P.Santa Mª De Guia	1:14.40	1,00		
50m: 35.23 35.23	100m: 1:14.40	39.17				
34. GONZALEZ ALONSO, Silvia	12	R.C. Naut. Tenerife	1:14.99	-		
50m: 35.76 35.76	100m: 1:14.99	39.23				
35. QUINTANA PEREZ, Alma	09	C.N. Carucagua	1:15.00	-		
50m: 35.96 35.96	100m: 1:15.00	39.04				
36. DIETRICH, Katerina	08	C.N. Reales	1:15.22	-		
50m: 35.79 35.79	100m: 1:15.22	39.43				
37. MARTEL TORRES, Carmen	13	Cn.Salinas Sta.Lucia	1:17.99	-		
50m: 36.24 36.24	100m: 1:17.99	41.75				
38. GONZALEZ MARRERO, Isabel Del Carr	04n	C.N. Valleverde	1:18.80	-		
50m: 37.23 37.23	100m: 1:18.80	41.57				

Prueba 32, Fem., 100m Libre, Absoluto Femenino

Clasificación	AN	Tiempo
39. FERNANDEZ IBRAHIM, Maria Cristina 08	C.D. Herbania	1:19.17 -
50m: 38.04 38.04 100m: 1:19.17	41.13	
40. GONZALEZ MARRERO, Elena Maria 01	C.N. Valleverde	1:25.61 -
50m: 39.94 39.94 100m: 1:25.61	45.67	
NP RAMOS SANTANA, Laura Maria 98	C.D. Nonadamos	-
NP ROMERO BASTERRECHEA, Paula 97	C.N. Aguacan	-
NP DURAN ORTIZ, Selena 03	C.N. Metropole	-
NP ARIAS FREIRE, Sophia Alejandra 10	Cn.Salinas Sta.Lucia	-
NP NUÑEZ CATALAN, Maria 96	C.B. Dominicas Vistabella	-
Baja FLEITAS DIAZ, Maria Edelmira 11	C.P.Santa Mª De Guia	-

Prueba 33
23/11/2025

Masc., 4 x 50m Estilos

Absoluto Masculino
Resultados

Clasificación	Tiempo
1. C.N. Teneteide 1	1:45.46 76,00
BELAMENDIA COTORRUELO, Gera07	26.81 MAUDES DOMENECH, Daniel 05 25.97
SEGARRA SANMARTIN, Jorge 99	29.60 PORRERO MARTIN, Jorge 07 23.08
2. A.D. Santa Cruz 1	1:46.96 68,00
PRIETO RODRIGUEZ, Daniel 00	27.28 GONZALEZ ALONSO, Airam 95 25.71
AFANASEV, Vadim 03	29.91 GUADALUPE NEGRIN, Jorge Rams03 24.06
3. C.N. Metropole 1	1:48.55 62,00
, 0.00	29.31 , 0.00 25.39
, 0.00	30.14 , 0.00 23.71
4. C.N. Aguacan 1	1:48.87 60,00
, 0.00	28.51 , 0.00 25.39
, 0.00	30.87 , 0.00 24.10
5. R.C. Naut. Tenerife 1	1:50.61 58,00
TALLO PEREZ, Bruno 10	29.34 CAPLLONCH DE UÑA, Ismael 07 26.38
KHILKO, Sergiy 86	29.78 RAMIREZ RODRIGUEZ, Enrique 01 25.11
6. Esna Lanzarote 1	1:52.14 56,00
, 0.00	30.32 , 0.00 26.09
, 0.00	30.66 , 0.00 25.07
7. C.N. Los Cristianos 1	1:52.24 54,00
SANCHEZ FERNANDEZ, Gregory 09	29.57 PEREZ KANDRATOVICH, Lenin Rat08 26.58
AFONSO SUAREZ, Ivan 96	31.07 AMATI, Nicolo 10 25.02
8. C.B. Dominicas Vistabella 1	1:52.72 52,00
MORENO ALVAREZ, Alexis 08	29.79 DUQUE BROUARD, Daniel 08 27.46
RAVELO SUAREZ, Antonio Jesus 09	29.74 ESTEVEZ GALVEZ, Carlos 08 25.73
9. C.N. Martianez Coral Hotels 1	1:53.28 50,00
MARTIN GARCIA, Mario 04	30.19 HOLZENDORF DIONIS, Thomas 97 28.04
GONZALEZ SUAREZ, Ivan 92	31.42 PEREZ GONZALEZ, Fco Javier 90 23.63
10. C.D. N. Bentacu-Laguna 1	1:55.28 48,00
QUIJADA PEREZ, Saul Alejandro 10	28.84 KEY RAMIREZ, Octavio Jose 10 27.75
GONZALEZ BAIK, Angel Nuri 04	32.33 IZAGUIRRE NESSI, Anthony Xavier11 26.36
11. Cn.Salinas Sta.Lucia 1	1:56.63 46,00
, 0.00	30.46 , 0.00 28.09
, 0.00	33.00 , 0.00 25.08
12. C.N..Faynagua C. Telde 1	2:01.55 44,00
, 0.00	32.10 , 0.00 29.51
, 0.00	34.10 , 0.00 25.84

Prueba 33, Masc., 4 x 50m Estilos, Absoluto Masculino

Clasificación

Tiempo

13.	Club Deportivo Agaeterun 1		Club Deportivo Agaeterun	2:01.72	42,00
	,		30.92	,	29.55
	,		35.06	,	26.19
14.	C.N. Valleverde 1		C.N. Valleverde	2:02.10	40,00
	,		33.29	,	30.56
	,		31.81	,	26.44
15.	C.D. Nonadamos 1		C.D. Nonadamos	2:02.28	38,00
	,		31.36	,	29.50
	,		33.69	,	27.73
16.	C.N. Carucagua 1		C.N. Carucagua	2:04.37	36,00
	,		32.10	,	0.00
	,	0.00	34.73	,	30.89
				0.00	26.65
17.	C.D. Herbania 1		C.D. Herbania	2:05.65	34,00
	,		32.58	,	0.00
	,	0.00	32.63	,	29.16
				+0,08	31.28
18.	C.P.Santa Mª De Guia 1		C.P.Santa Mª De Guia	2:12.73	32,00
	,		29.81	,	33.23
	,		36.36	,	33.33
19.	C.N. Villa De Agüimes 2016 1		C.N. Villa De Agüimes 2016	2:26.41	30,00
	,		34.05	,	33.04
	,		46.60	,	32.72
DSQ	C.N. Reales 1		C.N. Reales		-
	<i>DVI - Desc Viraje Irregular</i>				
	MARTIN MARTIN, Ayoze, CARBALLO DE ARA, Jorel, RODRIGUEZ DE LA SIERRA GARCIA, Aitor, ALLO LEON, Mario				

Prueba 34
23/11/2025

Fem., 4 x 50m Estilos

Absoluto Femenino
Resultados

Clasificación

Tiempo

1.	C.N. Las Palmas 1		C.N. Las Palmas	1:59.49	76,00
	,		30.09	,	0.00
	,	0.00	34.28	,	28.81
				0.00	26.31
2.	C.N. Teneteide 1		C.N. Teneteide	2:00.39	68,00
	MORENO ARMAS, Ainara	07	31.59	PORRERO MARTIN, Lucia	08
	BASIL, Eleonora	06	34.24	BASIL, Veronica	08
					28.20
					26.36
3.	C.N. Metropole 1		C.N. Metropole	2:05.18	62,00
	,		32.40	,	0.00
	,	0.00	36.28	,	28.78
				0.00	27.72
4.	C.N. Aguacan 1		C.N. Aguacan	2:05.39	60,00
	,		31.68	,	0.00
	,	0.00	34.78	,	31.57
				0.00	27.36
5.	Cn.Salinas Sta.Lucia 1		Cn.Salinas Sta.Lucia	2:08.49	58,00
	,		32.84	,	0.00
	,	0.00	35.26	,	30.87
				0.00	29.52
6.	C.B. Dominicas Vistabella 1		C.B. Dominicas Vistabella	2:09.43	56,00
	ORTEGA GUTIERREZ, Eugenia	11	33.53	DUQUE BROUARD, Elena	10
	PIÑERO STEGENSEK, Elisa	08	36.03	GONZALEZ QUINTANA, Valeria	08
					30.21
					29.66
7.	C.N. Martianez Coral Hotels 1		C.N. Martianez Coral Hotels	2:10.62	54,00
	WOLGESCHAFFEN FERNANDEZ, Soledad	06	33.37	SCARPA, Barbara	08
	FRANCOS PINEDA, Carlota	05	36.68	SOSA HERNANDEZ, Andrea Esthe	04
					31.78
					28.79
8.	C.N. Los Cristianos 1		C.N. Los Cristianos	2:11.82	52,00
	VICTORES DOMINGUEZ, Maria Carl	08	32.52	RODRIGUEZ COLMENARES, Bella	09
	MOURE GAO, Natalia	11	38.35	SAIZ PEREZ, Mar	08
					31.31
					29.64

Prueba 34, Fem., 4 x 50m Estilos, Absoluto Femenino

Clasificación

Tiempo

9.	C.D. N. Bentacu-Laguna 1		C.D. N. Bentacu-Laguna		2:12.33	50,00
	UHEROVA DIAZ-MASA, Carmen 12		33.83 HERNANDEZ ALMENARA, Nerea 07			30.86
	IZAGUIRRE NESSI, Kassandra Isab08		37.05 RODRIGUEZ FERRERA, Diana 12			30.59
10.	Esna Lanzarote 1		Esna Lanzarote		2:14.80	48,00
	,		33.74 ,		0.00	31.88
	,	0.00	39.43 ,		0.00	29.75
11.	A.D. Santa Cruz 1		A.D. Santa Cruz		2:15.08	46,00
	CASTRO ADRIAN, Michelle 02		35.93 HERNANDEZ SANCHEZ, Lara 02			31.19
	CALVICHE FERNANDEZ, Nazaret 87		38.42 CABRERA SUAREZ, Julia 09			29.54
12.	R.C. Naut. Tenerife 1		R.C. Naut. Tenerife		2:19.24	44,00
	DIAZ DE LOSADA BUJAN, Silvia 12		33.25 DELGADO BARDON, Alicia 07			34.79
	DOBLE AFONSO, Elisa 00		38.40 GONZALEZ ALONSO, Silvia 12			32.80
13.	C.D. Nonadamos 1		C.D. Nonadamos		2:20.18	42,00
	,		34.75 ,		0.00	34.98
	,	0.00	38.39 ,		0.00	32.06
14.	Club Deportivo Agaeterun 1		Club Deportivo Agaeterun		2:22.21	40,00
	,		37.43 ,		0.00	37.34
	,	0.00	37.08 ,		0.00	30.36
15.	C.N. Carucagua 1		C.N. Carucagua		2:22.96	38,00
	,		35.51 ,		0.00	36.94
	,	0.00	39.29 ,		+0,43	31.22
16.	C.N..Faynagua C. Telde 1		C.N..Faynagua C. Telde		2:23.11	36,00
	,		36.94 ,		0.00	30.82
	,	0.00	43.45 ,		0.00	31.90
17.	C.N. Villa De Agüimes 2016 1		C.N. Villa De Agüimes 2016		2:23.39	34,00
	,		37.46 ,		0.00	32.34
	,	0.00	40.28 ,		0.00	33.31
18.	C.D. Herbania 1		C.D. Herbania		2:23.40	32,00
	,		35.65 ,		0.00	38.21
	,	0.00	37.04 ,		0.00	32.50
19.	C.N. Valleverde 1		C.N. Valleverde		2:27.94	30,00
	,		38.01 ,		0.00	33.90
	,	0.00	40.24 ,		0.00	35.79
20.	C.N. Reales 1		C.N. Reales		2:33.93	28,00
	HERNANDEZ RODRIGUEZ, Mabel 11		40.50 ROMERO LOPEZ, Leire 10			35.01
	DIETRICH, Katerina 08		43.93 HERNANDEZ TOSTE, Keyla 11			34.49

Prueba 35
23/11/2025

Fem., 50m Libre

Absoluto Femenino
Resultados

Clasificación

AN

Tiempo

1.	BASILI, Veronica	08	C.N. Teneteide	27.23	38,00
2.	VICTORES DOMINGUEZ, Maria Carla	08	C.N. Los Cristianos	27.46	34,00
3.	WOLGESCHAFFEN FERNANDEZ, Sofi06		C.N. Martianez Coral Hotels	27.48	31,00
4.	GUADALUPE NEGRIN, Yumalai	08	C.N. Teneteide	27.85	30,00
5.	RODRIGUEZ RIVERO, Paula	02	C.N. Las Palmas	27.94	29,00
6.	BELLO CODINA, Julia	08	C.N. Las Palmas	27.95	28,00
7.	QUINTILLA MODREGO, Laia	88	Club Deportivo Agaeterun	28.29	27,00
8.	ZEMIER, Tatiana	11	C.N. Metropole	28.30	26,00
9.	ROMERO BASTERRECHEA, Paula	97	C.N. Aguacan	28.40	25,00
10.	PEREZ RAMOS, Alba	10	C.N. Metropole	28.53	24,00
11.	RIJO MARTIN, Sara	08	Esna Lanzarote	28.70	23,00

Prueba 35, Fem., 50m Libre, Absoluto Femenino

Clasificación	AN		Tiempo
12. PULIDO MAYOR, Sheila	98	C.N..Faynagua C. Telde	28.92 22,00
13. MORALES GONZALEZ, Aroa	08	C.N. Aguacan	29.24 21,00
14. PEREZ MUÑOZ, Claudia	08	Esna Lanzarote	29.62 20,00
15. GARCIA CERVANTES, Laura	89	C.D. Nonadamos	29.71 19,00
16. DIAZ PEREZ, Ainara	09	C.N. Martianez Coral Hotels	30.04 18,00
17. DUBOIS RIVERO, Lara	10	C.N. Villa De Agüimes 2016	30.28 17,00
18. CASTRO ADRIAN, Michelle	02	A.D. Santa Cruz	30.40 16,00
19. LAVANDERA ALTESOR, Josefina	10	C.N. Los Cristianos	30.61 15,00
20. DIAZ SUAREZ, Mariela	03	A.D. Santa Cruz	30.72 14,00
21. LIMA MUJICA, Nicole Adriana	10	C.B. Dominicas Vistabella	30.84 13,00
22. RODRIGUEZ FERRERA, Diana	12	C.D. N. Bentacu-Laguna	30.88 12,00
23. UHEROVA DIAZ MASA, Ivana	14	C.D. N. Bentacu-Laguna	31.18 11,00
24. NUEZ CABRERA, Alba	09	C.N. Carucagua	31.56 10,00
25. TABARES HERNANDEZ, Daniela	09	C.N. Valleverde	31.70 9,00
26. RAMOS SANTANA, Laura Maria	98	C.D. Nonadamos	31.91 8,00
27. DI BERNARDO, Lucrecia	13	Cn.Salinas Sta.Lucia	31.97 7,00
28. HERNANDEZ RODRIGUEZ, Mabel	11	C.N. Reales	32.39 6,00
29. TOBAL FEBLES, Helena	13	C.D. Herbania	32.45 5,00
30. JORGE GARCIA, Mayka	08	Club Deportivo Agaeterun	32.53 4,00
31. IBAÑEZ MARTINEZ, Beatriz	12	R.C. Naut. Tenerife	32.76 3,00
32. GONZALEZ-NUEVO GONZALEZ, Maica	13	C.B. Dominicas Vistabella	33.24 2,00
33. CONTESSI, Alice	12	C.N. Villa De Agüimes 2016	33.84 1,00
34. MARTEL TORRES, Carmen	13	Cn.Salinas Sta.Lucia	34.03 -
35. GONZALEZ MARRERO, Isabel Del Carr	04n	C.N. Valleverde	36.02 -
36. FERNANDEZ IBRAHIM, Maria Cristina	08	C.D. Herbania	36.70 -
37. CABRERA HERNANDEZ, Eva	14	C.N. Reales	37.61 -
38. RUIZ DIAZ, Julia	10	C.N. Carucagua	38.15 -
39. FOX HERNANDEZ, Cloe	12	R.C. Naut. Tenerife	39.22 -
NP MARTIN MARTIN, Nerea	11	C.D. Nonadamos	-
NP SANTISTEBAN PLAZA, Sofia	09	C.N. Carucagua	-
NP PULIDO SOSA, Valeria	10	C.N. Las Palmas	-
NP DURAN ORTIZ, Selena	03	C.N. Metropole	-
NP QUESADA GARCIA, Yanel	04	Cn.Salinas Sta.Lucia	-
NP HERNANDEZ SANCHEZ, Lara	02	A.D. Santa Cruz	-
NP DELGADO BARDON, Alicia	07	R.C. Naut. Tenerife	-
NP LAMBERTO GARCIA, Ana Maria	02	C.N. Teneteide	-

Prueba 36
23/11/2025

Masc., 50m Libre

Absoluto Masculino
Resultados

Clasificación	AN		Tiempo
1. VACCARI MARCHETTI, Federico	07	C.N. Metropole	23.14 38,00
2. PORRERO MARTIN, Jorge	07	C.N. Teneteide	23.71 34,00
3. QUIJADA PEREZ, Saul Alejandro	10	C.D. N. Bentacu-Laguna	23.99 31,00
4. MANZATTO VACCARO, Nicolas	06	Esna Lanzarote	24.05 30,00
5. RIVEROL HERNANDEZ, Miguel Alonso	08	C.N. Teneteide	24.36 29,00
6. MARTIN SUAREZ, Alejandro	00	C.N. Aguacan	24.53 28,00
7. VILLANUEVA JODKO, Aleksander	08	Cn.Salinas Sta.Lucia	24.76 27,00
8. SALUTREGUI GOMEZ, Nicolas	01	C.N. Aguacan	24.88 26,00
9. RIPPA, Francisco	00	A.D. Santa Cruz	24.90 25,00
10. ESTRELLA PADRON, Javier	01	R.C. Naut. Tenerife	25.15 24,00
11. MERINO MONTES DE OCA, Alvaro	01	A.D. Santa Cruz	25.17 23,00
12. AMATI, Nicolo	10	C.N. Los Cristianos	25.33 22,00

Prueba 36, Masc., 50m Libre, Absoluto Masculino

Clasificación	AN		Tiempo
13. MORENO ALVAREZ, Alexis	08	C.B. Dominicas Vistabella	25.53 21,00
14. HOLZENDORF DIONIS, Thomas	97	C.N. Martianez Coral Hotels	25.57 20,00
15. NASSEREDDINE MESA, Nash	09	C.B. Dominicas Vistabella	25.75 19,00
16. RAMIREZ RODRIGUEZ, Enrique	01	R.C. Naut. Tenerife	25.99 18,00
17. ZAMBRANO DIAZ, Santiago Enrique	09	C.N. Los Cristianos	26.09 17,00
18. ARANDA GALLEG0, Jose Juan	75	Esna Lanzarote	26.18 16,00
19. ALAMO SANTOS, Alberto Bruno	07	Club Deportivo Agaeterun	26.36 15,00
20. LAGO CARABALLO, Saul	98	Cn.Salinas Sta.Lucia	26.38 14,00
21. TOBAL FEBLES, Gabriel	10	C.D. Herbania	26.60 13,00
22. PONCE PADRON, Ignacio	08	C.N. Carucagua	26.67 12,00
23. QUINTANA BENITEZ, Marcos	09	C.N. Carucagua	27.15 11,00
24. FALCON LORENZO, Javier	94	C.N..Faynagua C. Telde	27.20 10,00
25. CAMPANALUNGA MORALES, Enzo	08	C.N..Faynagua C. Telde	27.37 9,00
26. SOSA LA CAMERA, Daniel Nauzet	10	C.N. Valleverde	27.41 8,00
27. RODRIGUEZ PULIDO, Daniel	89	C.N. Valleverde	27.61 7,00
28. CUERVO MARIN, Aday	10	C.D. N. Bentacu-Laguna	27.91 6,00
29. GUTIERREZ MORENO, Lucas Del Carr	11	Club Deportivo Agaeterun	28.22 5,00
30. ESTRADA GARCIA, Borja	11	C.D. Nonadamos	28.25 4,00
31. PARDO, Alessandro Francesco	13	C.N. Villa De Agüimes 2016	29.53 3,00
32. RODRIGUEZ SANTANA, Mario	13	C.N. Villa De Agüimes 2016	29.89 2,00
33. GONZALEZ DIAZ, Raul	10	C.N. Reales	32.41 1,00
34. ALVAREZ MESA, Diego	13	C.N. Martianez Coral Hotels	32.53 -
35. CARRERO SERRANO, Gabriel Jhosue	13	C.D. Herbania	33.13 -
36. HERNANDEZ CURBELO, Unai	10	C.D. Nonadamos	33.74 -
37. PADRON GARCIA, Mauro	13	C.P.Santa Mª De Guia	33.82 -
38. TACORONTE PEREZ, Francisco	12	C.P.Santa Mª De Guia	35.87 -
39. MELIAN HERNANDEZ, Kenay	13	C.N. Reales	40.50 -
40. GOMEZ GONZALEZ, Angel	04	CD Asociacion Atletas Sin Fronteras	45.60 -
DSQ ALONSO DOMINGUEZ, Manuel	00	C.N. Metropole	-
NP RIOS ROMERO, Joaquin	04	C.D. Nonadamos	-
NP HERRERA TORRES, Carlos	04	C.N. Metropole	-
NP SANTANA VALENTIN, Hector	08	C.N. Villa De Agüimes 2016	-
NP BENITEZ SUAREZ, Jorge	09	Club Deportivo Agaeterun	-
NP GONZALEZ ALONSO, Airam	95	A.D. Santa Cruz	-
NP MAUDES DOMENECH, Daniel	05	C.N. Teneteide	-

Prueba 37
23/11/2025

Fem., 200m Estilos

Absoluto Femenino
Resultados

Clasificación	AN		Tiempo
1. NANNUCCI, Bianca	08	C.N. Las Palmas	2:20.61 38,00
50m: 31.02 31.02 100m: 1:08.57 37.55 150m: 1:50.72 42.15 200m: 2:20.61 29.89			
2. BASILI, Veronica	08	C.N. Teneteide	2:21.86 34,00
50m: 30.04 30.04 100m: 1:05.89 35.85 150m: 1:48.80 42.91 200m: 2:21.86 33.06			
3. WOOD MESA, Maria	12	C.N. Metropole	2:28.34 31,00
50m: 32.51 32.51 100m: 1:10.48 37.97 150m: 1:53.53 43.05 200m: 2:28.34 34.81			
4. GONZALEZ GONZALEZ, Janeth	10	C.N. Aguacan	2:29.24 30,00
50m: 32.14 32.14 100m: 1:09.35 37.21 150m: 1:55.05 45.70 200m: 2:29.24 34.19			
5. PULIDO SOSA, Valeria	10	C.N. Las Palmas	2:30.18 29,00
50m: 32.88 32.88 100m: 1:12.75 39.87 150m: 1:56.18 43.43 200m: 2:30.18 34.00			
6. HERNANDEZ MARTIN, Carla	08	C.N. Teneteide	2:32.37 28,00
50m: 32.04 32.04 100m: 1:10.80 38.76 150m: 1:56.76 45.96 200m: 2:32.37 35.61			

Prueba 37, Fem., 200m Estilos, Absoluto Femenino

Clasificación	AN					Tiempo						
7.	JOVER RODRIGUEZ, Ana				11	C.N. Metropole				2:35.05	27,00	
	50m:	33.48	33.48	100m:	1:13.56	40.08	150m:	1:58.46	44.90	200m:	2:35.05	36.59
8.	HERNANDEZ CASTRILLO, Yessica				00	C.N. Aguacan				2:35.12	26,00	
	50m:	33.94	33.94	100m:	1:13.29	39.35	150m:	1:59.50	46.21	200m:	2:35.12	35.62
9.	HERNANDEZ ALMENARA, Nerea				07	C.D. N. Bentacu-Laguna				2:35.25	25,00	
	50m:	31.59	31.59	100m:	1:14.40	42.81	150m:	1:58.93	44.53	200m:	2:35.25	36.32
10.	FERNANDEZ ANDRES, Lola				11	Cn.Salinas Sta.Lucia				2:35.90	24,00	
	50m:	33.11	33.11	100m:	1:11.08	37.97	150m:	1:58.55	47.47	200m:	2:35.90	37.33
11.	MARTIN MELIAN, Raquel				99	Esna Lanzarote				2:38.14	23,00	
	50m:	33.92	33.92	100m:	1:15.28	41.36	150m:	2:01.32	46.04	200m:	2:38.14	36.82
12.	MOURE GAO, Natalia				11	C.N. Los Cristianos				2:38.42	22,00	
	50m:	33.71	33.71	100m:	1:12.75	39.04	150m:	1:59.96	47.21	200m:	2:38.42	38.46
13.	SARMIENTO NARANJO, Carla				09	C.N. Villa De Agüimes 2016				2:39.47	21,00	
	50m:	34.79	34.79	100m:	1:15.23	40.44	150m:	2:02.84	47.61	200m:	2:39.47	36.63
14.	ORTEGA GUTIERREZ, Eugenia				11	C.B. Dominicas Vistabella				2:39.51	20,00	
	50m:	34.55	34.55	100m:	1:14.65	40.10	150m:	2:03.86	49.21	200m:	2:39.51	35.65
15.	DIAZ DE LOSADA BUJAN, Silvia				12	R.C. Naut. Tenerife				2:40.69	19,00	
	50m:	33.95	33.95	100m:	1:14.12	40.17	150m:	2:02.88	48.76	200m:	2:40.69	37.81
16.	PIÑERO STEGENSEK, Elisa				08	C.B. Dominicas Vistabella				2:41.31	18,00	
	50m:	35.23	35.23	100m:	1:17.61	42.38	150m:	2:03.17	45.56	200m:	2:41.31	38.14
17.	IZAGUIRRE NESSI, Kassandra Isabel				08	C.D. N. Bentacu-Laguna				2:41.75	17,00	
	50m:	33.94	33.94	100m:	1:16.57	42.63	150m:	2:02.88	46.31	200m:	2:41.75	38.87
18.	ANGULO FALCON, Cristina				06	C.N. Martianez Coral Hotels				2:45.80	16,00	
	50m:	35.27	35.27	100m:	1:16.00	40.73	150m:	2:06.71	50.71	200m:	2:45.80	39.09
19.	DIAZ ALVAREZ, Valeria				12	C.N. Martianez Coral Hotels				2:46.37	15,00	
	50m:	35.06	35.06	100m:	1:18.70	43.64	150m:	2:09.34	50.64	200m:	2:46.37	37.03
20.	GIMENEZ CASTILLA, Maria				07	C.N..Faynagua C. Telde				2:48.19	14,00	
	50m:	37.61	37.61	100m:	1:19.25	41.64	150m:	2:08.90	49.65	200m:	2:48.19	39.29
21.	HERRERA FIGUEIRAS, Tania				13	Esna Lanzarote				2:48.96	13,00	
	50m:	37.55	37.55	100m:	1:23.57	46.02	150m:	2:13.56	49.99	200m:	2:48.96	35.40
22.	SAIZ PEREZ, Mar				08	C.N. Los Cristianos				2:50.74	12,00	
	50m:	34.73	34.73	100m:	1:16.90	42.17	150m:	2:09.02	52.12	200m:	2:50.74	41.72
23.	FALCON AFONSO, Ines				13	C.N. Carucagua				2:50.84	11,00	
	50m:	35.82	35.82	100m:	1:18.20	42.38	150m:	2:13.42	55.22	200m:	2:50.84	37.42
24.	NARANJO NOVAL, Lucia				10	C.D. Herbania				2:55.66	10,00	
	50m:	40.53	40.53	100m:	1:23.48	42.95	150m:	2:15.99	52.51	200m:	2:55.66	39.67
25.	PEREZ CERVILLA, Carla				09	C.D. Nonadamos				2:55.76	9,00	
	50m:	40.64	40.64	100m:	1:24.10	43.46	150m:	2:17.27	53.17	200m:	2:55.76	38.49
26.	ALAMO SANTOS, Rocio				11	Club Deportivo Agaeterun				2:55.82	8,00	
	50m:	39.32	39.32	100m:	1:23.46	44.14	150m:	2:17.82	54.36	200m:	2:55.82	38.00
27.	PEREZ CERVILLA, Alba				12	C.D. Nonadamos				2:56.45	7,00	
	50m:	39.03	39.03	100m:	1:24.59	45.56	150m:	2:16.95	52.36	200m:	2:56.45	39.50
28.	DIAZ SUAREZ, Mariela				03	A.D. Santa Cruz				3:00.40	6,00	
	50m:	39.09	39.09	100m:	1:27.44	48.35	150m:	2:16.75	49.31	200m:	3:00.40	43.65
29.	JIMENEZ PINEDA, Leyre				12	Cn.Salinas Sta.Lucia				3:03.32	5,00	
	50m:	42.99	42.99	100m:	1:29.97	46.98	150m:	2:21.05	51.08	200m:	3:03.32	42.27
30.	FAJARDO SANCHEZ, Valeria				11	C.D. Herbania				3:03.55	4,00	
	50m:	41.14	41.14	100m:	1:27.78	46.64	150m:	2:22.63	54.85	200m:	3:03.55	40.92

Prueba 37, Fem., 200m Estilos, Absoluto Femenino

Clasificación	AN		Tiempo
31. CABALLERO LOZANO, Sheila	07	C.N..Faynagua C. Telde	3:03.67 3,00
50m: 38.77 38.77 100m: 1:30.02		51.25 150m: 2:23.75 53.73	200m: 3:03.67 39.92
32. MUÑOZ CABRERA, Lara	07	A.D. Santa Cruz	3:05.74 2,00
50m: 42.87 42.87 100m: 1:29.59		46.72 150m: 2:23.16 53.57	200m: 3:05.74 42.58
33. SANTANA RIO, Leire	12	Club Deportivo Agaeterun	3:08.55 1,00
50m: 43.79 43.79 100m: 1:30.64		46.85 150m: 2:26.87 56.23	200m: 3:08.55 41.68
34. HERNANDEZ RODRIGUEZ, Mabel	11	C.N. Reales	3:10.61 -
50m: 43.85 43.85 100m: 1:32.79		48.94 150m: 2:28.92 56.13	200m: 3:10.61 41.69
35. DIETRICH, Katerina	08	C.N. Reales	3:14.21 -
50m: 43.37 43.37 100m: 1:31.69		48.32 150m: 2:27.89 56.20	200m: 3:14.21 46.32
36. ESTEVEZ RAMOS, Claudia	13	C.P.Santa Mª De Guia	3:14.90 -
50m: 44.77 44.77 100m: 1:31.99		47.22 150m: 2:31.58 59.59	200m: 3:14.90 43.32
37. NAVARRO PARRILLA, Aisha	11	C.N. Valleverde	3:17.79 -
50m: 41.52 41.52 100m: 1:32.61		51.09 150m: 2:31.33 58.72	200m: 3:17.79 46.46
38. CABELLO HENRIQUEZ, Astrid	08	C.N. Carucagua	3:29.22 -
50m: 43.95 43.95 100m: 1:35.59		51.64 150m: 2:38.95 1:03.36	200m: 3:29.22 50.27
39. RODRIGUEZ NAVARRO, Lucia	14	R.C. Naut. Tenerife	3:29.94 -
50m: 44.74 44.74 100m: 1:39.35		54.61 150m: 2:41.37 1:02.02	200m: 3:29.94 48.57
NP QUINTANA PEREZ, Alma	09	C.N. Carucagua	-
NP BATISTA RIOS, Marta	11	C.N. Metropole	-
NP BABIKOVA, Marianna	11	A.D. Santa Cruz	-
NP IBAÑEZ MARTINEZ, Beatriz	12	R.C. Naut. Tenerife	-

Prueba 38
23/11/2025

Masc., 200m Estilos

Absoluto Masculino
Resultados

Clasificación	AN		Tiempo
1. GONZALEZ NEGRIN, Aquiles	08	C.N. Teneteide	2:12.84 38,00
50m: 28.32 28.32 100m: 1:03.36		35.04 150m: 14:28.54 13:25.18	200m: 2:12.84
2. PRIETO RODRIGUEZ, Daniel	00	A.D. Santa Cruz	2:13.45 34,00
50m: 27.61 27.61 100m: 1:02.08		34.47 150m: 1:41.77 39.69	200m: 2:13.45 31.68
3. SANTOS CABRERA, Daniel	09	C.N. Metropole	2:14.10 31,00
50m: 28.88 28.88 100m: 1:03.30		34.42 150m: 1:42.32 39.02	200m: 2:14.10 31.78
4. SANCHEZ FERNANDEZ, Gregory	09	C.N. Los Cristianos	2:14.67 30,00
50m: 29.46 29.46 100m: 1:03.41		33.95 150m: 1:42.96 39.55	200m: 2:14.67 31.71
5. CAPLLONCH DE UÑA, Ismael	07	R.C. Naut. Tenerife	2:14.90 29,00
50m: 29.00 29.00 100m: 1:06.45		37.45 150m: 1:45.49 39.04	200m: 2:14.90 29.41
6. RAMOS DELGADO, Ricardo	07	C.N. Martianez Coral Hotels	2:14.97 28,00
50m: 29.40 29.40 100m: 1:02.80		33.40 150m: 1:44.23 41.43	200m: 2:14.97 30.74
7. CERPA CABALLERO, Jonay Salvador	99	C.N. Aguacan	2:17.15 27,00
50m: 28.94 28.94 100m: 1:05.95		37.01 150m: 1:44.29 38.34	200m: 2:17.15 32.86
8. MARTIN GARCIA, Mario	04	C.N. Martianez Coral Hotels	2:17.64 26,00
50m: 29.07 29.07 100m: 1:01.37		32.30 150m: 1:45.17 43.80	200m: 2:17.64 32.47
9. GORRIN ROBERTS, Alec	11	C.N. Los Cristianos	2:18.00 24,50
50m: 29.70 29.70 100m: 1:06.11		36.41 150m: 1:45.54 39.43	200m: 2:18.00 32.46
TOMEY LATORRE, Julio	06	C.N. Teneteide	2:18.00 24,50
50m: 28.95 28.95 100m: 1:03.18		34.23 150m: 1:44.84 41.66	200m: 2:18.00 33.16
11. CERES, Inti	05	A.D. Santa Cruz	2:19.48 23,00
50m: 30.30 30.30 100m: 1:07.03		36.73 150m: 1:45.87 38.84	200m: 2:19.48 33.61

Prueba 38, Masc., 200m Estilos, Absoluto Masculino

Clasificación	AN					Tiempo						
12.	BETANCORT RODRIGUEZ, Javier	03	Esna Lanzarote								2:21.29	22,00
	50m: 30.61 30.61 100m: 1:06.84		36.23 150m: 1:48.50 41.66			200m: 2:21.29					32.79	
13.	ESPIRITU ONOZA, Zivon Owen	11	C.D. N. Bentacu-Laguna								2:21.74	21,00
	50m: 29.23 29.23 100m: 1:06.19		36.96 150m: 1:48.75 42.56			200m: 2:21.74					32.99	
14.	TALLO PEREZ, Bruno	10	R.C. Naut. Tenerife								2:22.35	20,00
	50m: 30.54 30.54 100m: 1:06.23		35.69 150m: 1:49.04 42.81			200m: 2:22.35					33.31	
15.	ALVAREZ VALENCIA, Nestor	00	Esna Lanzarote								2:23.08	19,00
	50m: 30.64 30.64 100m: 1:08.44		37.80 150m: 1:47.95 39.51			200m: 2:23.08					35.13	
16.	VEGA RODRIGUEZ, Javier	08	C.B. Dominicas Vistabella								2:23.90	18,00
	50m: 29.90 29.90 100m: 1:08.27		38.37 150m: 1:47.77 39.50			200m: 2:23.90					36.13	
17.	TUYA TAVIO, Javier	09	C.N. Metropole								2:24.52	17,00
	50m: 30.32 30.32 100m: 1:07.82		37.50 150m: 1:50.98 43.16			200m: 2:24.52					33.54	
18.	CABRERA WINTER, Alvaro	01	C.N..Faynagua C. Telde								2:25.23	16,00
	50m: 31.74 31.74 100m: 1:11.53		39.79 150m: 1:52.40 40.87			200m: 2:25.23					32.83	
19.	GONZALEZ POU, Daniel	01	C.N. Aguacan								2:25.48	15,00
	50m: 31.04 31.04 100m: 1:10.45		39.41 150m: 1:51.14 40.69			200m: 2:25.48					34.34	
20.	CARAMES HUERTAS, Oriol	08	C.N..Faynagua C. Telde								2:25.53	14,00
	50m: 31.34 31.34 100m: 1:10.01		38.67 150m: 1:52.17 42.16			200m: 2:25.53					33.36	
21.	VIERA VIERA, Acoran	03	C.D. Nonadamos								2:28.24	13,00
	50m: 30.79 30.79 100m: 1:08.86		38.07 150m: 1:54.80 45.94			200m: 2:28.24					33.44	
22.	MATEOS SEGURA, Pablo	10	Club Deportivo Agaeterun								2:30.43	12,00
	50m: 32.76 32.76 100m: 1:13.64		40.88 150m: 1:56.75 43.11			200m: 2:30.43					33.68	
23.	DAMIANI, Giorgio	12	Club Deportivo Agaeterun								2:30.59	11,00
	50m: 32.55 32.55 100m: 1:13.55		41.00 150m: 1:57.72 44.17			200m: 2:30.59					32.87	
24.	GARCIA GALAN, Javier	06	C.B. Dominicas Vistabella								2:31.10	10,00
	50m: 30.84 30.84 100m: 1:09.95		39.11 150m: 1:55.26 45.31			200m: 2:31.10					35.84	
25.	PEREZ MONROY, Javier	09	Cn.Salinas Sta.Lucia								2:34.49	9,00
	50m: 32.57 32.57 100m: 1:13.20		40.63 150m: 1:59.46 46.26			200m: 2:34.49					35.03	
26.	CABRERA MAROTO, Jose	11	C.N. Carucagua								2:35.57	8,00
	50m: 34.31 34.31 100m: 1:18.61		44.30 150m: 2:00.06 41.45			200m: 2:35.57					35.51	
27.	MATEO HERNANDEZ, Alexis	10	C.N. Valleverde								2:36.08	7,00
	50m: 32.67 32.67 100m: 1:14.45		41.78 150m: 2:00.74 46.29			200m: 2:36.08					35.34	
28.	GIL RODRIGUEZ, Himar	11	C.N. Carucagua								2:36.50	6,00
	50m: 31.72 31.72 100m: 1:15.04		43.32 150m: 2:01.01 45.97			200m: 2:36.50					35.49	
29.	DIAZ VERDE, David	07	Cn.Salinas Sta.Lucia								2:36.98	5,00
	50m: 32.12 32.12 100m: 1:14.12		42.00 150m: 2:01.66 47.54			200m: 2:36.98					35.32	
30.	ANDERSSSEN MIRANDA, Knut	10	C.D. Nonadamos								2:39.44	4,00
	50m: 32.57 32.57 100m: 1:13.74		41.17 150m: 2:03.47 49.73			200m: 2:39.44					35.97	
31.	DIAZ CRUZ, Cayetano	06	C.P.Santa Mª De Guia								2:42.79	3,00
	50m: 34.20 34.20 100m: 1:15.64		41.44 150m: 2:04.51 48.87			200m: 2:42.79					38.28	
32.	MEDEROS DE LEON, Irigare Tomas	08	C.D. N. Bentacu-Laguna								2:48.11	2,00
	50m: 30.26 30.26 100m: 1:13.06		42.80 150m: 2:05.60 52.54			200m: 2:48.11					42.51	
33.	MICO FERNANDEZ, Pedro	11	C.D. Herbania								2:50.61	1,00
	50m: 36.74 36.74 100m: 1:20.55		43.81 150m: 2:10.11 49.56			200m: 2:50.61					40.50	
34.	GONZALEZ RODRIGUEZ, Javier	06	C.P.Santa Mª De Guia								2:51.00	-
	50m: 37.67 37.67 100m: 1:24.91		47.24 150m: 2:14.26 49.35			200m: 2:51.00					36.74	
35.	RODRIGUEZ DE LA SIERRA GARCIA, 08or		C.N. Reales								2:54.25	-
	50m: 34.84 34.84 100m: 1:22.45		47.61 150m: 2:14.32 51.87			200m: 2:54.25					39.93	

Prueba 38, Masc., 200m Estilos, Absoluto Masculino

Clasificación	AN	Tiempo
36. CARRERO SERRANO, Gabriel Jhosue 13	C.D. Herbania	2:57.14 -
50m: 38.73 38.73 100m: 1:23.97	45.24 150m: 2:17.13 53.16 200m: 2:57.14	40.01
37. ALONSO GUERRA, Marco 10	CD Asociacion Atletas Sin Fronteras	2:57.43 -
50m: 39.16 39.16 100m: 1:20.99	41.83 150m: 2:17.96 56.97 200m: 2:57.43	39.47
38. ALONSO GUERRA, Hernan 13	CD Asociacion Atletas Sin Fronteras	3:02.63 -
50m: 41.02 41.02 100m: 1:29.09	48.07 150m: 2:24.12 55.03 200m: 3:02.63	38.51
DSQ MEDINA RODRIGUEZ, Nauzet V 06	C.N. Valleverde	-
<i>DVI - Desc Viraje Irregular</i>		
NP LEON ACOSTA, Hugo 09	C.N. Metropole	-
NP RUANO ZERPA, Fabio 10	C.N..Faynagua C. Telde	-
NP AFANASEV, Vadim 03	A.D. Santa Cruz	-
NP BARRETO DE VERA, Erik Andreas 94	C.B. Dominicas Vistabella	-
NP RAVELO SUAREZ, Antonio Jesus 09	C.B. Dominicas Vistabella	-
NP RIVEROL HERNANDEZ, Miguel Alonso 08	C.N. Teneteide	-
NP SEGARRA SANMARTIN, Jorge 99	C.N. Teneteide	-

Prueba 39
23/11/2025

Fem., 50m Braza

Absoluto Femenino
Resultados

Clasificación	AN	Tiempo
1. CERPA CABALLERO, Xiomara Ma 01	C.N. Aguacan	34.65 38,00
2. FERNANDEZ VIEIRA, Carolina 08	C.N. Teneteide	35.06 34,00
3. BASILI, Eleonora 06	C.N. Teneteide	35.07 31,00
4. QUIROS FERNANDEZ, Eva 12	C.N. Metropole	35.82 30,00
5. GONZALEZ QUINTANA, Valeria 08	C.B. Dominicas Vistabella	36.42 29,00
6. ARIAS FREIRE, Sophia Alejandra 10	Cn.Salinas Sta.Lucia	36.48 28,00
7. FRANCO PINEDA, Carlota 05	C.N. Martiane Coral Hotels	36.83 27,00
8. GLENESK FLORES, Lucia 08	C.D. Herbania	37.36 26,00
9. GODOY FALCON, Ma Daniela 06	C.P.Santa Mª De Guia	37.50 25,00
10. DIAZ PEREZ, Leyla 13	C.N. Martiane Coral Hotels	37.78 24,00
11. MENDEZ RAMIREZ, Zoe 12	Cn.Salinas Sta.Lucia	37.80 23,00
12. MEDINA HERNANDEZ, Jade 10	C.N. Las Palmas	38.07 21,50
MATOS QUEVEDO, Maria 02	C.N. Las Palmas	38.07 21,50
14. CALZADILLA SOCAS, Silvia 12	C.D. N. Bentacu-Laguna	38.15 20,00
15. SUAREZ MACIAS, Gabriela 09	C.N. Aguacan	38.44 19,00
16. NUEZ TUMCZAK, Paula 06	A.D. Santa Cruz	38.69 18,00
17. SANTANA RAMIREZ, Carmen 07	C.N. Metropole	38.75 17,00
18. GONZALEZ GONZALEZ, Aitana 10	C.D. Nonadamos	38.91 16,00
19. MENDOZA GARCIA, Alba 11	C.D. N. Bentacu-Laguna	39.50 15,00
20. CAMACHO TOLEDO, Aitana 14	Esna Lanzarote	39.55 14,00
21. GONZALEZ ALONSO, Silvia 12	R.C. Naut. Tenerife	40.63 13,00
22. BRAUN, Zoe 11	Esna Lanzarote	40.81 12,00
23. LIMA MUJICA, Nicole Adriana 10	C.B. Dominicas Vistabella	40.90 11,00
24. FERRERA VILAR, Nayade 12	C.D. Nonadamos	41.56 10,00
25. GARCIA PEREZ, Paola 06	C.P.Santa Mª De Guia	43.75 9,00
26. ORTEGA QUINTANA, Elena 11	C.N. Carucagua	44.39 8,00
27. DIETRICH, Katerina 08	C.N. Reales	44.40 7,00
28. CABALLERO LOZANO, Sheila 07	C.N..Faynagua C. Telde	44.75 6,00
29. HIMPENS, Fien 14	C.N. Los Cristianos	44.79 5,00
30. JIMENEZ BENITEZ, Irene 13	Club Deportivo Agaeterun	44.93 4,00
31. ASCANIO ROQUE, Marta Maria 06	A.D. Santa Cruz	45.22 3,00
32. CABRERA HERNANDEZ, Eva 14	C.N. Reales	46.61 2,00

Prueba 39, Fem., 50m Braza, Absoluto Femenino

Clasificación	AN		Tiempo
33. SANTANA RODRIGUEZ, Laura	11	C.N. Valleverde	48.54 1,00
34. RUIZ DIAZ, Julia	10	C.N. Carucagua	49.71 -
35. FOX HERNANDEZ, Cloe	12	R.C. Naut. Tenerife	51.30 -
36. GONZALEZ MARRERO, Elena Maria	01	C.N. Valleverde	52.73 -
DSQ DODI, Sophie	14	C.N. Los Cristianos	-
<i>DSA - Desc Salida Anticipada</i>			
NP MORALES GONZALEZ, Aroa	08	C.N. Aguacan	-
NP GALARZA PINEDA, Sara	14	A.D. Santa Cruz	-
Baja GIL ALAMO, Samirah	13	Club Deportivo Agaeterun	-

Prueba 40
23/11/2025

Masc., 50m Braza

Absoluto Masculino
Resultados

Clasificación	AN		Tiempo
1. KHILKO, Sergiy	86	R.C. Naut. Tenerife	28.93 38,00
2. SANCHEZ MEDINA, Ian	06	C.N. Metropole	29.06 34,00
3. RAVELO SUAREZ, Antonio Jesus	09	C.B. Dominicas Vistabella	29.71 31,00
4. LEON JULIA, Marco	09	C.N. Metropole	30.32 30,00
5. SEGARRA SANMARTIN, Jorge	99	C.N. Teneteide	30.62 29,00
6. AFONSO SUAREZ, Ivan	96	C.N. Los Cristianos	30.93 28,00
7. ORTEGA GUTIERREZ, Manuel	08	C.B. Dominicas Vistabella	31.07 27,00
8. AFANASEV, Vadim	03	A.D. Santa Cruz	31.20 25,50
RODRIGUEZ MARTIN, Eric	98	C.N. Teneteide	31.20 25,50
10. RIOS ROMERO, Joaquin	04	C.D. Nonadamos	31.73 24,00
11. GUADALUPE NEGRIN, Jorge Ramses	03	A.D. Santa Cruz	31.85 23,00
12. BEDOYA OTERO, Omar	81	C.N. Valleverde	32.10 22,00
13. GONZALEZ SUAREZ, Ivan	92	C.N. Martianez Coral Hotels	32.78 21,00
14. GONZALEZ BAIK, Angel Nuri	04	C.D. N. Bentacu-Laguna	33.15 20,00
15. MERINO FAJARDO, Eduardo	09	C.D. Nonadamos	33.16 19,00
16. GUTIERREZ MARTIN, Abrahan	10	C.N. Los Cristianos	33.63 18,00
17. NUEZ CRUZ, Gadiel	09	C.N. Aguacan	33.69 17,00
18. PONCE PADRON, Ignacio	08	C.N. Carucagua	33.73 16,00
19. GONZALEZ POU, Daniel	01	C.N. Aguacan	33.86 15,00
20. GARCIA DE LA ROSA, Darien	11	C.D. N. Bentacu-Laguna	34.17 14,00
21. RODRIGUEZ NAVARRO, Hugo	09	R.C. Naut. Tenerife	35.31 13,00
22. CARDONA RAMIREZ, Jose Miguel	12	Cn.Salinas Sta.Lucia	35.41 12,00
23. BENITEZ SUAREZ, Jorge	09	Club Deportivo Agaeterun	35.51 11,00
24. FALCON LORENZO, Javier	94	C.N..Faynagua C. Telde	36.17 10,00
25. QUINTANA BENITEZ, Marcos	09	C.N. Carucagua	36.60 9,00
26. VAN KERKHOF REGUERO, Jesper	09	C.N..Faynagua C. Telde	36.62 8,00
27. RIVERO MEDINA, Joel	05	Cn.Salinas Sta.Lucia	36.91 7,00
28. ALAMO HERRERA, Jorge	11	Club Deportivo Agaeterun	37.17 6,00
29. GUILLEN MORENO, Omar	12	C.P.Santa Mª De Guia	39.38 5,00
30. MEDINA RODRIGUEZ, Nauzet V	06	C.N. Valleverde	40.97 4,00
31. RODRIGUEZ ESTELLE, Guillermo	11	C.N. Martianez Coral Hotels	41.20 3,00
32. HERRERA AYMAR, Sergio	13	C.P.Santa Mª De Guia	42.99 2,00
33. DASCULTU, Vlad Gabriel	12	Esna Lanzarote	43.40 1,00
34. ALVAREZ GONZALEZ, Hugo	12	C.D. Herbania	45.70 -
35. SUAREZ ORTEGA, Aaron	13	C.N. Villa De Agüimes 2016	46.30 -
36. TRICCA, Alexander	13	C.D. Herbania	49.82 -
37. MELIAN HERNANDEZ, Kenay	13	C.N. Reales	51.57 -
38. GOMEZ GONZALEZ, Angel	04	CD Asociacion Atletas Sin Fronteras	52.60 -
NP VEGA RODRIGUEZ, Javier	08	C.B. Dominicas Vistabella	-
Baja GARCIA BORJA, Raul	78	Esna Lanzarote	-

Prueba 41
23/11/2025

Fem., 100m Mariposa

Absoluto Femenino
Resultados

Clasificación	AN					Tiempo
1.	PORRERO MARTIN, Lucia	08	C.N. Teneteide	1:02.99	38,00	
	50m: 29.93 29.93 100m: 1:02.99		33.06			
2.	ULIBARRI SANCHEZ, Ines	09	C.N. Las Palmas	1:03.60	34,00	
	50m: 30.26 30.26 100m: 1:03.60		33.34			
3.	FUENTES MONTES, Amaya	08	C.N. Las Palmas	1:04.51	31,00	
	50m: 30.58 30.58 100m: 1:04.51		33.93			
4.	LAMBERTO GARCIA, Ana Maria	02	C.N. Teneteide	1:05.02	30,00	
	50m: 30.61 30.61 100m: 1:05.02		34.41			
5.	CABALLERO RUIZ, Elena	11	C.N. Metropole	1:07.48	29,00	
	50m: 31.41 31.41 100m: 1:07.48		36.07			
6.	GONZALEZ GONZALEZ, Janeth	10	C.N. Aguacan	1:07.98	28,00	
	50m: 32.15 32.15 100m: 1:07.98		35.83			
7.	NUÑEZ CATALAN, Maria	96	C.B. Dominicas Vistabella	1:08.89	27,00	
	50m: 32.12 32.12 100m: 1:08.89		36.77			
8.	RODRIGUEZ COLMENARES, Bella Sof	09	C.N. Los Cristianos	1:08.95	26,00	
	50m: 32.90 32.90 100m: 1:08.95		36.05			
9.	DUQUE BROUARD, Elena	10	C.B. Dominicas Vistabella	1:09.95	25,00	
	50m: 32.80 32.80 100m: 1:09.95		37.15			
10.	SCARPA, Barbara	08	C.N. Martianez Coral Hotels	1:11.08	24,00	
	50m: 32.98 32.98 100m: 1:11.08		38.10			
11.	PULIDO MAYOR, Sheila	98	C.N..Faynagua C. Telde	1:12.05	23,00	
	50m: 33.77 33.77 100m: 1:12.05		38.28			
12.	BONILLA BORDON, Ines	06	C.N. Aguacan	1:12.89	22,00	
	50m: 34.03 34.03 100m: 1:12.89		38.86			
13.	UHEROVA DIAZ-MASA, Carmen	12	C.D. N. Bentacu-Laguna	1:14.78	21,00	
	50m: 34.26 34.26 100m: 1:14.78		40.52			
14.	DI BERNARDO, Virginia	11	Cn.Salinas Sta.Lucia	1:15.06	20,00	
	50m: 35.35 35.35 100m: 1:15.06		39.71			
15.	HERNANDEZ SANCHEZ, Lara	02	A.D. Santa Cruz	1:15.81	19,00	
	50m: 34.53 34.53 100m: 1:15.81		41.28			
16.	MORENO DOMINGUEZ, Paola	07	C.N. Carucagua	1:16.03	18,00	
	50m: 36.08 36.08 100m: 1:16.03		39.95			
17.	PUIG CURBELO, Bella	14	C.D. N. Bentacu-Laguna	1:16.11	17,00	
	50m: 35.25 35.25 100m: 1:16.11		40.86			
18.	PERCANNELLA, Giada	07	C.N. Valleverde	1:16.47	16,00	
	50m: 35.41 35.41 100m: 1:16.47		41.06			
19.	ZEMIER, Tatiana	11	C.N. Metropole	1:16.77	15,00	
	50m: 34.43 34.43 100m: 1:16.77		42.34			
20.	ALAMO HERRERA, Julia	07	Club Deportivo Agaeterun	1:16.95	14,00	
	50m: 34.12 34.12 100m: 1:16.95		42.83			
21.	FERNANDEZ AGUIRRE, Lola	12	A.D. Santa Cruz	1:17.03	13,00	
	50m: 36.12 36.12 100m: 1:17.03		40.91			
22.	SOSA HERNANDEZ, Michelle Dayana	08	C.N. Martianez Coral Hotels	1:17.85	12,00	
	50m: 34.48 34.48 100m: 1:17.85		43.37			
23.	ARIAS FREIRE, Sophia Alejandra	10	Cn.Salinas Sta.Lucia	1:18.65	11,00	
	50m: 36.50 36.50 100m: 1:18.65		42.15			

Prueba 41, Fem., 100m Mariposa, Absoluto Femenino

Clasificación	AN				Tiempo	
24. CEDRES ESPINOSA, Martina	09	Esna Lanzarote			1:20.27	10,00
50m: 36.67 36.67	100m: 1:20.27	43.60				
25. PERALES SILVA, Leire	13	C.N. Los Cristianos			1:25.45	9,00
50m: 39.50 39.50	100m: 1:25.45	45.95				
26. MERCADO RODRIGUEZ, Lia	12	C.D. Nonadamos			1:26.34	8,00
50m: 40.78 40.78	100m: 1:26.34	45.56				
27. PEREZ CERVILLA, Alba	12	C.D. Nonadamos			1:26.56	7,00
50m: 40.99 40.99	100m: 1:26.56	45.57				
28. LORENZO GONZALEZ, Victoria	12	Esna Lanzarote			1:27.60	6,00
50m: 39.76 39.76	100m: 1:27.60	47.84				
29. IBAÑEZ MARTINEZ, Beatriz	12	R.C. Naut. Tenerife			1:28.96	5,00
50m: 39.58 39.58	100m: 1:28.96	49.38				
30. NAVARRO LUZARDO, Aranzazu	08	C.N. Carucagua			1:29.13	4,00
50m: 42.56 42.56	100m: 1:29.13	46.57				
31. CABRERA VERASTEGUI, Maria	12	Club Deportivo Agaeterun			1:30.17	3,00
50m: 41.80 41.80	100m: 1:30.17	48.37				
32. VARELA MESA, Ines	08	R.C. Naut. Tenerife			1:34.60	2,00
50m: 41.69 41.69	100m: 1:34.60	52.91				
NP CABALLERO MARTIN, Patricia	12	C.N. Metropole			-	
NP JORGE GARCIA, Mayka	08	Club Deportivo Agaeterun			-	
NP PEREZ RIVERO, Emma	07	Cn.Salinas Sta.Lucia			-	
NP ASCANIO ROQUE, Marta Maria	06	A.D. Santa Cruz			-	

Prueba 42
23/11/2025

Masc., 100m Mariposa

Absoluto Masculino
Resultados

Clasificación	AN				Tiempo	
1. MAÑOJIL CABRERA, Sergio	05	C.N. Aguacan			56.33	38,00
50m: 26.06 26.06	100m: 56.33	30.27				
2. GONZALEZ NEGRIN, Aquiles	08	C.N. Teneteide			58.06	34,00
50m: 27.38 27.38	100m: 58.06	30.68				
3. ACOSTA ARMAS, Agoney	07	C.N. Metropole			59.10	31,00
50m: 27.38 27.38	100m: 59.10	31.72				
4. PEREZ KANDRATOVICH, Lenin Raul	08	C.N. Los Cristianos			59.48	30,00
50m: 28.09 28.09	100m: 59.48	31.39				
5. TEJERO BENITEZ, David	09	C.N. Teneteide			1:00.54	29,00
50m: 28.15 28.15	100m: 1:00.54	32.39				
6. KEY RAMIREZ, Octavio Jose	10	C.D. N. Bentacu-Laguna			1:00.69	28,00
50m: 27.86 27.86	100m: 1:00.69	32.83				
7. CERPA CABALLERO, Jonay Salvador	99	C.N. Aguacan			1:01.15	27,00
50m: 28.81 28.81	100m: 1:01.15	32.34				
8. CARRERO SERRANO, Marcos Daniel	09	C.D. Herbania			1:01.31	26,00
50m: 28.86 28.86	100m: 1:01.31	32.45				
9. HENRIQUEZ QUEVEDO, Jorge	11	C.N. Metropole			1:01.44	25,00
50m: 28.48 28.48	100m: 1:01.44	32.96				
10. GARCIA LOPEZ, Javier	99	A.D. Santa Cruz			1:02.01	24,00
50m: 28.14 28.14	100m: 1:02.01	33.87				
11. DAVARA MENDEZ, Fernando	72	R.C. Naut. Tenerife			1:02.39	23,00
50m: 29.65 29.65	100m: 1:02.39	32.74				

Prueba 42, Masc., 100m Mariposa, Absoluto Masculino

Clasificación	AN			Tiempo	
12. OUBIÑA CORVALAN, Marcos A	05	Cn.Salinas Sta.Lucia	1:03.84	22,00	
50m: 29.25 29.25 100m: 1:03.84		34.59			
13. AVERO RODRIGUEZ, Angel	11	C.D. Herbania	1:04.00	21,00	
50m: 30.39 30.39 100m: 1:04.00		33.61			
14. VIERA VIERA, Acoran	03	C.D. Nonadamos	1:04.52	20,00	
50m: 30.14 30.14 100m: 1:04.52		34.38			
15. BOTELLO DE LA VEGA, Manuel	06	C.N. Los Cristianos	1:04.90	19,00	
50m: 30.22 30.22 100m: 1:04.90		34.68			
16. MUÑOZ DEL CASTILLO ARÁNEGA, Alfonso	09	C.B. Dominicas Vistabella	1:04.92	18,00	
50m: 29.80 29.80 100m: 1:04.92		35.12			
17. GONZALEZ GONZALEZ, Diego	08	C.D. N. Bentacu-Laguna	1:05.29	17,00	
50m: 30.49 30.49 100m: 1:05.29		34.80			
18. BETANCORT RODRIGUEZ, Javier	03	Esna Lanzarote	1:05.76	16,00	
50m: 31.80 31.80 100m: 1:05.76		33.96			
19. SUROV ROMANOV, Georgii	11	A.D. Santa Cruz	1:06.08	15,00	
50m: 30.89 30.89 100m: 1:06.08		35.19			
20. CARAMES HUERTAS, Oriol	08	C.N..Faynagua C. Telde	1:06.74	14,00	
50m: 31.92 31.92 100m: 1:06.74		34.82			
21. LUGO SANCHEZ, Lucas	09	C.B. Dominicas Vistabella	1:07.13	13,00	
50m: 30.68 30.68 100m: 1:07.13		36.45			
22. SUAREZ BAEZ, Eloy	09	Cn.Salinas Sta.Lucia	1:07.15	12,00	
50m: 31.62 31.62 100m: 1:07.15		35.53			
23. CEDRES YANES, Eduardo	09	R.C. Naut. Tenerife	1:07.73	11,00	
50m: 31.13 31.13 100m: 1:07.73		36.60			
24. MATEOS SEGURA, Pablo	10	Club Deportivo Agaeterun	1:09.91	10,00	
50m: 33.11 33.11 100m: 1:09.91		36.80			
25. POLADASHVILI, Andria	11	C.N. Carucagua	1:10.34	9,00	
50m: 33.03 33.03 100m: 1:10.34		37.31			
26. PARDO, Alessandro Francesco	13	C.N. Villa De Agüimes 2016	1:12.28	8,00	
50m: 33.77 33.77 100m: 1:12.28		38.51			
27. HERNANDEZ PEREZ, Abian	09	C.N. Valleverde	1:14.05	7,00	
50m: 33.75 33.75 100m: 1:14.05		40.30			
28. SANCHEZ RODRIGUEZ, Adrian	12	C.D. Nonadamos	1:14.13	6,00	
50m: 33.91 33.91 100m: 1:14.13		40.22			
29. HERNANDEZ ROCIO, Francisco Javier	10	C.N. Valleverde	1:15.10	5,00	
50m: 32.18 32.18 100m: 1:15.10		42.92			
30. CARRETERO LLARENA, Yeron	10	C.N. Villa De Agüimes 2016	1:16.84	4,00	
50m: 33.84 33.84 100m: 1:16.84		43.00			
31. HERNANDEZ GODOY, Juan Gabriel	08	C.N. Carucagua	1:17.66	3,00	
50m: 34.58 34.58 100m: 1:17.66		43.08			
32. GONZALEZ PATO, Asier	13	Esna Lanzarote	1:20.94	2,00	
50m: 35.95 35.95 100m: 1:20.94		44.99			
33. RODRIGUEZ ESTELLE, Guillermo	11	C.N. Martianez Coral Hotels	1:21.24	1,00	
50m: 36.54 36.54 100m: 1:21.24		44.70			
34. CARBALLO DE ARA, Jorel	11	C.N. Reales	1:26.83	-	
50m: 38.81 38.81 100m: 1:26.83		48.02			
35. CAMPANALUNGA MORALES, Fabio	10	C.N..Faynagua C. Telde	1:31.54	-	
50m: 39.95 39.95 100m: 1:31.54		51.59			

Prueba 42, Masc., 100m Mariposa, Absoluto Masculino

Clasificación	AN				Tiempo	
36. GUILLEN MORENO, Omar	12	C.P.Santa Mª De Guia			1:35.52	-
50m: 44.99 44.99 100m: 1:35.52		50.53				
37. PEREZ SARMIENTO, Rodrigo	13	Club Deportivo Agaeterun			1:37.90	-
50m: 45.57 45.57 100m: 1:37.90		52.33				
38. ALVAREZ MESA, Diego	13	C.N. Martianez Coral Hotels			1:38.63	-
50m: 41.84 41.84 100m: 1:38.63		56.79				
39. HERNANDEZ PADRON, Nestor	12	C.P.Santa Mª De Guia			1:48.01	-
50m: 49.10 49.10 100m: 1:48.01		58.91				
NP VANHOUCKE, Louka	02	C.N. Metropole				-
NP GUTIERREZ MORENO, Lucas Del Carr	11	Club Deportivo Agaeterun				-
NP RIVEROL HERNANDEZ, Miguel Alonso	08	C.N. Teneteide				-

Prueba 43
23/11/2025

Fem., 800m Libre

Absoluto Femenino
Resultados

Clasificación	AN				Tiempo	
1. DENBY, Kennedy Hope	05	C.N. Las Palmas			9:02.39	76,00
50m: 31.13 31.13 250m: 2:46.69 33.95 450m: 5:03.25 34.26 650m: 7:20.24 34.50						
100m: 1:04.85 33.72 300m: 3:20.90 34.21 500m: 5:37.26 34.01 700m: 7:54.66 34.42						
150m: 1:38.78 33.93 350m: 3:54.92 34.02 550m: 6:11.47 34.21 750m: 8:28.95 34.29						
200m: 2:12.74 33.96 400m: 4:28.99 34.07 600m: 6:45.74 34.27 800m: 9:02.39 33.44						
2. ULIBARRI SANCHEZ, Ines	09	C.N. Las Palmas			9:17.14	-
50m: 31.77 31.77 250m: 2:51.06 35.62 450m: 5:11.77 35.17 650m: 7:32.48 35.28						
100m: 1:05.77 34.00 300m: 3:26.24 35.18 500m: 5:46.79 35.02 700m: 8:07.71 35.23						
150m: 1:40.32 34.55 350m: 4:01.41 35.17 550m: 6:22.06 35.27 750m: 8:43.08 35.37						
200m: 2:15.44 35.12 400m: 4:36.60 35.19 600m: 6:57.20 35.14 800m: 9:17.14 34.06						
3. DE MARCO CASTAÑO, Natalia	08	C.N. Valleverde			9:32.70	68,00
50m: 32.97 32.97 250m: 2:57.30 35.94 450m: 5:21.94 35.94 650m: 7:45.95 36.26						
100m: 1:08.82 35.85 300m: 3:33.29 35.99 500m: 5:57.74 35.80 700m: 8:22.16 36.21						
150m: 1:45.03 36.21 350m: 4:09.68 36.39 550m: 6:33.82 36.08 750m: 8:58.13 35.97						
200m: 2:21.36 36.33 400m: 4:46.00 36.32 600m: 7:09.69 35.87 800m: 9:32.70 34.57						
4. BENITEZ BRITO, Ana	10	C.N. Metropole			9:32.73	62,00
50m: 32.38 32.38 250m: 2:56.04 36.20 450m: 5:21.98 36.65 650m: 7:47.39 36.68						
100m: 1:07.91 35.53 300m: 3:32.54 36.50 500m: 5:58.50 36.52 700m: 8:23.53 36.14						
150m: 1:43.78 35.87 350m: 4:08.87 36.33 550m: 6:34.50 36.00 750m: 8:59.92 36.39						
200m: 2:19.84 36.06 400m: 4:45.33 36.46 600m: 7:10.71 36.21 800m: 9:32.73 32.81						
5. SOSA HERNANDEZ, Andrea Esther	04	C.N. Martianez Coral Hotels			9:40.41	60,00
50m: 32.57 32.57 250m: 2:54.70 35.67 450m: 5:19.75 36.25 650m: 7:48.24 37.34						
100m: 1:07.90 35.33 300m: 3:30.71 36.01 500m: 5:56.39 36.64 700m: 8:26.08 37.84						
150m: 1:43.41 35.51 350m: 4:06.99 36.28 550m: 6:33.30 36.91 750m: 9:03.83 37.75						
200m: 2:19.03 35.62 400m: 4:43.50 36.51 600m: 7:10.90 37.60 800m: 9:40.41 36.58						
6. EXPOSITO AFONSO, Maria	02	C.N. Teneteide			9:43.88	58,00
50m: 32.73 32.73 250m: 2:56.69 36.67 450m: 5:25.10 37.31 650m: 7:55.19 37.36						
100m: 1:07.96 35.23 300m: 3:33.76 37.07 500m: 6:02.53 37.43 700m: 8:32.38 37.19						
150m: 1:43.98 36.02 350m: 4:10.50 36.74 550m: 6:40.02 37.49 750m: 9:09.22 36.84						
200m: 2:20.02 36.04 400m: 4:47.79 37.29 600m: 7:17.83 37.81 800m: 9:43.88 34.66						
7. DE CASTRO URQUIOLA, Helena	04	C.N. Aguacan			9:49.74	56,00
50m: 32.96 32.96 250m: 3:00.70 37.35 450m: 5:28.96 37.35 650m: 7:59.16 37.40						
100m: 1:08.94 35.98 300m: 3:37.62 36.92 500m: 6:06.38 37.42 700m: 8:36.56 37.40						
150m: 1:45.86 36.92 350m: 4:14.70 37.08 550m: 6:43.98 37.60 750m: 9:13.84 37.28						
200m: 2:23.35 37.49 400m: 4:51.61 36.91 600m: 7:21.76 37.78 800m: 9:49.74 35.90						
8. CALVICHE FERNANDEZ, Nazaret	87	A.D. Santa Cruz			10:02.05	54,00
50m: 34.60 34.60 300m: 3:41.89 1:15.60 500m: 6:12.33 37.51 750m: 9:24.25 38.79						
100m: 1:11.59 36.99 350m: 4:20.09 38.20 600m: 7:28.80 1:16.47 800m: 10:02.05 37.80						
150m: 1:48.64 37.05 400m: 4:57.37 37.28 650m: 8:06.71 37.91						
200m: 2:26.29 37.65 450m: 5:34.82 37.45 700m: 8:45.46 38.75						

Prueba 43, Fem., 800m Libre, Absoluto Femenino

Clasificación

AN

Tiempo

9.	QUINTANA SUAREZ, Miriam	10	Club Deportivo Agaeterun	10:05.51	52,00
	50m: 33.89 33.89	250m: 3:06.60	38.96 450m: 5:41.02	38.31 650m: 8:13.08	37.93
	100m: 1:10.75 36.86	300m: 3:45.54	38.94 500m: 6:18.97	37.95 700m: 8:51.22	38.14
	150m: 1:49.02 38.27	350m: 4:24.17	38.63 550m: 6:57.28	38.31 750m: 9:29.48	38.26
	200m: 2:27.64 38.62	400m: 5:02.71	38.54 600m: 7:35.15	37.87 800m: 10:05.51	36.03
10.	LOPEZ SOSA, Carla	09	Cn.Salinas Sta.Lucia	10:09.93	50,00
	50m: 33.66 33.66	250m: 3:06.32	38.39 450m: 5:40.96	38.79 650m: 8:17.00	38.92
	100m: 1:10.99 37.33	300m: 3:44.89	38.57 500m: 6:20.06	39.10 700m: 8:55.57	38.57
	150m: 1:49.47 38.48	350m: 4:23.52	38.63 550m: 6:58.98	38.92 750m: 9:33.80	38.23
	200m: 2:27.93 38.46	400m: 5:02.17	38.65 600m: 7:38.08	39.10 800m: 10:09.93	36.13
11.	MARTIN MARTIN, Nerea	11	C.D. Nonadamos	10:15.91	48,00
	50m: 33.25 33.25	250m: 3:07.40	39.12 450m: 5:43.78	39.18 650m: 8:20.57	39.12
	100m: 1:10.69 37.44	300m: 3:46.28	38.88 500m: 6:23.17	39.39 700m: 8:59.55	38.98
	150m: 1:49.73 39.04	350m: 4:25.56	39.28 550m: 7:02.14	38.97 750m: 9:38.52	38.97
	200m: 2:28.28 38.55	400m: 5:04.60	39.04 600m: 7:41.45	39.31 800m: 10:15.91	37.39
12.	RODRIGUEZ DIAZ, Maria	11	C.N. Teneteide	10:27.39	-
	50m: 33.64 33.64	250m: 3:10.52	39.78 450m: 5:50.65	40.10 650m: 8:30.56	39.78
	100m: 1:11.70 38.06	300m: 3:50.28	39.76 500m: 6:30.64	39.99 700m: 9:10.00	39.44
	150m: 1:51.12 39.42	350m: 4:30.21	39.93 550m: 7:10.86	40.22 750m: 9:49.09	39.09
	200m: 2:30.74 39.62	400m: 5:10.55	40.34 600m: 7:50.78	39.92 800m: 10:27.39	38.30
13.	ALAMO MATOS, Ariadna	09	C.N. Carucagua	10:28.79	46,00
	50m: 34.78 34.78	250m: 3:10.92	39.10 450m: 5:51.45	40.44 650m: 8:31.69	39.49
	100m: 1:13.28 38.50	300m: 3:50.49	39.57 500m: 6:31.59	40.14 700m: 9:12.26	40.57
	150m: 1:52.30 39.02	350m: 4:30.72	40.23 550m: 7:11.78	40.19 750m: 9:52.21	39.95
	200m: 2:31.82 39.52	400m: 5:11.01	40.29 600m: 7:52.20	40.42 800m: 10:28.79	36.58
14.	PERERA SOSA, Zayra	12	C.N. Aguacan	10:48.03	-
	50m: 36.26 36.26	250m: 3:20.69	41.26 450m: 6:06.67	41.76 650m: 8:51.15	41.18
	100m: 1:16.58 40.32	300m: 4:02.49	41.80 500m: 6:47.78	41.11 700m: 9:30.66	39.51
	150m: 1:57.91 41.33	350m: 4:44.03	41.54 550m: 7:28.90	41.12 750m: 10:10.34	39.68
	200m: 2:39.43 41.52	400m: 5:24.91	40.88 600m: 8:09.97	41.07 800m: 10:48.03	37.69
15.	ROMERO LOPEZ, Leire	10	C.N. Reales	10:50.76	44,00
	50m: 35.03 35.03	250m: 3:18.43	40.84 450m: 6:04.18	41.80 650m: 8:49.43	41.05
	100m: 1:14.93 39.90	300m: 3:59.75	41.32 500m: 6:45.30	41.12 700m: 9:31.19	41.76
	150m: 1:56.46 41.53	350m: 4:40.79	41.04 550m: 7:27.14	41.84 750m: 10:11.21	40.02
	200m: 2:37.59 41.13	400m: 5:22.38	41.59 600m: 8:08.38	41.24 800m: 10:50.76	39.55
16.	NASSEREDDINE MESA, Nara	11	C.B. Dominicas Vistabella	11:00.04	42,00
	50m: 37.05 37.05	250m: 3:22.33	41.64 450m: 6:10.56	42.58 650m: 9:00.35	42.27
	100m: 1:17.60 40.55	300m: 4:03.96	41.63 500m: 6:52.63	42.07 700m: 9:42.89	42.54
	150m: 1:59.36 41.76	350m: 4:45.86	41.90 550m: 7:35.65	43.02 750m: 11:00.49	1:17.60
	200m: 2:40.69 41.33	400m: 5:27.98	42.12 600m: 8:18.08	42.43 800m: 11:00.04	
17.	GONZALEZ RAMIREZ, Marta	09	C.N..Faynagua C. Telde	11:06.56	40,00
	50m: 36.95 36.95	250m: 3:24.83	42.16 450m: 6:13.47	41.87 650m: 9:02.62	42.86
	100m: 1:18.37 41.42	300m: 4:06.90	42.07 500m: 6:55.51	42.04 700m: 9:44.86	42.24
	150m: 2:00.77 42.40	350m: 4:49.26	42.36 550m: 7:37.75	42.24 750m: 10:26.31	41.45
	200m: 2:42.67 41.90	400m: 5:31.60	42.34 600m: 8:19.76	42.01 800m: 11:06.56	40.25
18.	FERNANDEZ GUILLEN, Valentina	14	Esna Lanzarote	11:10.43	38,00
	50m: 37.78 37.78	250m: 3:23.97	41.74 450m: 6:14.18	43.37 650m: 9:06.26	42.80
	100m: 1:19.14 41.36	300m: 4:05.98	42.01 500m: 6:57.35	43.17 700m: 9:48.75	42.49
	150m: 2:00.86 41.72	350m: 4:47.33	41.35 550m: 7:40.54	43.19 750m: 10:31.03	42.28
	200m: 2:42.23 41.37	400m: 5:30.81	43.48 600m: 8:23.46	42.92 800m: 11:10.43	39.40
19.	PEREZ LUIS, Lucia	08	C.D. Herbania	11:27.03	36,00
	50m: 35.71 35.71	250m: 3:23.58	42.56 450m: 6:17.07	43.69 650m: 9:15.47	43.85
	100m: 1:15.99 40.28	300m: 4:06.03	42.45 500m: 7:01.65	44.58 700m: 10:00.12	44.65
	150m: 1:58.37 42.38	350m: 4:48.82	42.79 550m: 7:46.77	45.12 750m: 10:44.01	43.89
	200m: 2:41.02 42.65	400m: 5:33.38	44.56 600m: 8:31.62	44.85 800m: 11:27.03	43.02
20.	MARTIN DUARTE, Sofia	09	C.D. N. Bentacu-Laguna	12:09.24	34,00
	50m: 39.10 39.10	250m: 3:39.71	45.80 450m: 6:45.53	46.76 650m: 9:53.36	47.13
	100m: 1:22.93 43.83	300m: 4:25.83	46.12 500m: 7:32.66	47.13 700m: 10:39.65	46.29
	150m: 2:08.59 45.66	350m: 5:12.13	46.30 550m: 8:19.35	46.69 750m: 11:25.10	45.45
	200m: 2:53.91 45.32	400m: 5:58.77	46.64 600m: 9:06.23	46.88 800m: 12:09.24	44.14

Prueba 43, Fem., 800m Libre, Absoluto Femenino

Clasificación	AN	Tiempo
DSQ PEREZ VIDAL, Beatriz DSA - Desc Salida Anticipada	11 C.N. Los Cristianos	-
NP SUAREZ MACIAS, Gabriela	09 C.N. Aguacan	-
NP RUIZ REYES, Raquel	07 C.N. Las Palmas	-
Baja CABRERA VERASTEGUI, Maria	12 Club Deportivo Agaeterun	-

Prueba 44
23/11/2025

Masc., 400m Libre

Absoluto Masculino
Resultados

Clasificación	AN	Tiempo
1. COCERA CORDON, Yare	05 C.N. Metropole	4:05.85 38,00
50m: 28.42 29.07 150m: 1:29.94 30.91 250m: 2:32.41 31.13 350m: 3:35.25 31.31		
100m: 59.03 30.61 200m: 2:01.28 31.34 300m: 3:03.94 31.53 400m: 4:05.85 30.60		
2. COLODRERO MUÑOZ, Ivan	09 Esna Lanzarote	4:08.43 34,00
50m: 29.07 29.07 150m: 1:31.83 31.51 250m: 2:35.29 31.47 350m: 3:37.69 30.94		
100m: 1:00.32 31.25 200m: 2:03.82 31.99 300m: 3:06.75 31.46 400m: 4:08.43 30.74		
3. QUILES PEÑATE, Jose Antonio	09 C.N. Metropole	4:08.60 31,00
50m: 28.97 28.97 150m: 1:32.32 31.64 250m: 2:35.90 31.87 350m: 3:39.61 31.96		
100m: 1:00.68 31.71 200m: 2:04.03 31.71 300m: 3:07.65 31.75 400m: 4:08.60 28.99		
4. GOMEZ RODRIGUEZ, Daniel	09 C.N. Aguacan	4:11.42 30,00
50m: 28.23 28.23 150m: 1:30.10 31.11 250m: 2:34.83 32.64 350m: 3:40.59 32.92		
100m: 58.99 30.76 200m: 2:02.19 32.09 300m: 3:07.67 32.84 400m: 4:11.42 30.83		
5. DUQUE BROUARD, Daniel	08 C.B. Dominicas Vistabella	4:13.86 29,00
50m: 28.29 28.29 150m: 1:30.84 31.91 250m: 2:35.93 32.50 350m: 3:41.31 32.56		
100m: 58.93 30.64 200m: 2:03.43 32.59 300m: 3:08.75 32.82 400m: 4:13.86 32.55		
6. GONZALEZ NEGRIN, Ares	12 C.N. Teneteide	4:15.18 28,00
50m: 28.23 28.23 150m: 1:31.10 32.32 250m: 2:37.11 33.09 350m: 3:43.50 32.88		
100m: 58.78 30.55 200m: 2:04.02 32.92 300m: 3:10.62 33.51 400m: 4:15.18 31.68		
7. GUILLEN PEÑA, Victor	02 C.P.Santa Mª De Guia	4:16.22 27,00
50m: 29.60 29.60 150m: 1:33.83 32.07 250m: 2:38.48 32.21 350m: 3:43.82 32.89		
100m: 1:01.76 32.16 200m: 2:06.27 32.44 300m: 3:10.93 32.45 400m: 4:16.22 32.40		
8. PERALES SILVA, Francisco	09 C.N. Los Cristianos	4:16.90 26,00
50m: 28.81 28.81 150m: 1:32.48 32.22 250m: 2:37.73 32.77 350m: 3:44.35 33.19		
100m: 1:00.26 31.45 200m: 2:04.96 32.48 300m: 3:11.16 33.43 400m: 4:16.90 32.55		
9. RODRIGUEZ DIAZ, Javier	08 C.N. Teneteide	4:19.32 25,00
50m: 28.46 28.46 150m: 1:32.48 32.75 250m: 2:38.81 32.83 350m: 3:46.98 34.66		
100m: 59.73 31.27 200m: 2:05.98 33.50 300m: 3:12.32 33.51 400m: 4:19.32 32.34		
10. RAMOS DELGADO, Gabriel	05 C.N. Martianez Coral Hotels	4:19.59 24,00
50m: 28.95 28.95 150m: 1:33.41 32.61 250m: 2:39.79 33.09 350m: 3:47.00 33.73		
100m: 1:00.80 31.85 200m: 2:06.70 33.29 300m: 3:13.27 33.48 400m: 4:19.59 32.59		
11. DUPUY ESTEVEZ, Lucas	11 C.D. N. Bentacu-Laguna	4:21.03 23,00
50m: 28.59 28.59 150m: 1:33.53 33.04 250m: 2:40.30 33.43 350m: 3:47.68 33.95		
100m: 1:00.49 31.90 200m: 2:06.87 33.34 300m: 3:13.73 33.43 400m: 4:21.03 33.35		
12. SANTANA SARMIENTO, Miguel	83 C.N..Faynagua C. Telde	4:22.20 22,00
50m: 31.62 31.62 150m: 1:38.62 33.44 250m: 2:44.83 33.23 350m: 3:51.08 32.98		
100m: 1:05.18 33.56 200m: 2:11.60 32.98 300m: 3:18.10 33.27 400m: 4:22.20 31.12		
13. CABRERA WINTER, Alvaro	01 C.N..Faynagua C. Telde	4:22.22 21,00
50m: 29.68 29.68 150m: 1:33.71 32.36 250m: 2:39.66 33.13 350m: 3:48.04 34.61		
100m: 1:01.35 31.67 200m: 2:06.53 32.82 300m: 3:13.43 33.77 400m: 4:22.22 34.18		
14. SANTANA RAMIREZ, Adrian	08 Cn.Salinas Sta.Lucia	4:24.80 20,00
50m: 28.85 28.85 150m: 1:34.65 33.72 250m: 2:43.09 34.49 350m: 3:52.93 34.66		
100m: 1:00.93 32.08 200m: 2:08.60 33.95 300m: 3:18.27 35.18 400m: 4:24.80 31.87		

Prueba 44, Masc., 400m Libre, Absoluto Masculino

Clasificación	AN								Tiempo	
15.	LECUONA GIL-ROLDAN, Raul	86	A.D. Santa Cruz						4:26.18	19,00
	50m: 30.20 30.20 150m: 1:36.05		33.33 250m: 2:44.21	34.23	350m: 3:53.27	34.48				
	100m: 1:02.72 32.52 200m: 2:09.98		33.93 300m: 3:18.79	34.58	400m: 4:26.18	32.91				
16.	IZAGUIRRE NESSI, Anthony Xavier	11	C.D. N. Bentacu-Laguna						4:26.68	18,00
	50m: 28.96 28.96 150m: 1:34.25		33.25 250m: 2:42.75	34.37	350m: 3:53.51	43.31				
	100m: 1:01.00 32.04 200m: 2:08.38		34.13 300m: 3:10.20	27.45	400m: 4:26.68	33.17				
17.	TAVIO MEDINA, Emilio Jose	02	A.D. Santa Cruz						4:26.87	17,00
	50m: 30.29 30.29 150m: 1:36.63		33.47 250m: 2:44.59	34.12	350m: 3:53.25	34.29				
	100m: 1:03.16 32.87 200m: 2:10.47		33.84 300m: 3:18.96	34.37	400m: 4:26.87	33.62				
18.	RAMIREZ RODRIGUEZ, Enrique	01	R.C. Naut. Tenerife						4:28.34	16,00
	50m: 29.30 29.30 150m: 1:35.85		33.73 250m: 2:45.14	34.62	350m: 3:54.31	34.45				
	100m: 1:02.12 32.82 200m: 2:10.52		34.67 300m: 3:19.86	34.72	400m: 4:28.34	34.03				
19.	TOBAL FEBLES, Gabriel	10	C.D. Herbania						4:32.18	15,00
	50m: 30.84 30.84 150m: 1:39.01		34.71 250m: 2:49.50	35.75	350m: 4:00.38	35.77				
	100m: 1:04.30 33.46 200m: 2:13.75		34.74 300m: 3:24.61	35.11	400m: 4:32.18	31.80				
20.	ALAMO ESPINO, Joaquin	09	Club Deportivo Agaeterun						4:32.30	14,00
	50m: 30.85 30.85 150m: 1:38.61		34.43 250m: 2:49.62	35.70	350m: 3:59.44	35.03				
	100m: 1:04.18 33.33 200m: 2:13.92		35.31 300m: 3:24.41	34.79	400m: 4:32.30	32.86				
21.	ESTRADA GARCIA, Borja	11	C.D. Nonadamos						4:36.79	13,00
	50m: 31.75 31.75 150m: 1:41.33		35.41 250m: 2:53.30	36.23	350m: 4:04.04	35.63				
	100m: 1:05.92 34.17 200m: 2:17.07		35.74 300m: 3:28.41	35.11	400m: 4:36.79	32.75				
22.	HENRIQUEZ HERNANDEZ, Rafael	87	C.N. Aguacan						4:38.03	12,00
	50m: 31.27 31.27 150m: 1:40.13		34.87 250m: 2:51.14	35.46	350m: 4:03.19	36.14				
	100m: 1:05.26 33.99 200m: 2:15.68		35.55 300m: 3:27.05	35.91	400m: 4:38.03	34.84				
23.	DIAZ ALAMO, Matias	11	Club Deportivo Agaeterun						4:38.20	11,00
	50m: 30.87 30.87 150m: 1:39.65		34.89 250m: 2:51.88	36.01	350m: 4:03.73	35.91				
	100m: 1:04.76 33.89 200m: 2:15.87		36.22 300m: 3:27.82	35.94	400m: 4:38.20	34.47				
24.	CEDRES YANES, Eduardo	09	R.C. Naut. Tenerife						4:38.62	10,00
	50m: 29.80 29.80 150m: 1:37.98		35.38 250m: 2:51.27	36.93	350m: 4:03.18	35.82				
	100m: 1:02.60 32.80 200m: 2:14.34		36.36 300m: 3:27.36	36.09	400m: 4:38.62	35.44				
25.	PEREZ CERVILLA, Daniel	07	C.D. Nonadamos						4:41.88	9,00
	50m: 31.98 31.98 150m: 1:40.85		34.78 250m: 2:52.65	36.42	350m: 4:06.21	36.60				
	100m: 1:06.07 34.09 200m: 2:16.23		35.38 300m: 3:29.61	36.96	400m: 4:41.88	35.67				
26.	ESTEVEZ GALVEZ, Carlos	08	C.B. Dominicas Vistabella						4:43.82	8,00
	50m: 29.44 29.44 150m: 1:38.09		35.11 250m: 2:50.87	36.43	350m: 4:06.14	38.15				
	100m: 1:02.98 33.54 200m: 2:14.44		36.35 300m: 3:27.99	37.12	400m: 4:43.82	37.68				
27.	FDEZ DIAZ, Santiago	06	Esna Lanzarote						4:44.22	7,00
	50m: 31.55 31.55 150m: 1:41.28		35.44 250m: 2:53.76	36.31	350m: 4:07.71	37.37				
	100m: 1:05.84 34.29 200m: 2:17.45		36.17 300m: 3:30.34	36.58	400m: 4:44.22	36.51				
28.	CABALLERO RODRIGUEZ, Joel	09	C.N. Los Cristianos						4:53.28	6,00
	50m: 30.58 30.58 150m: 1:40.45		35.84 250m: 2:56.82	38.98	350m: 4:16.02	39.66				
	100m: 1:04.61 34.03 200m: 2:17.84		37.39 300m: 3:36.36	39.54	400m: 4:53.28	37.26				
29.	HERNANDEZ PEREZ, Abian	09	C.N. Valleverde						5:01.71	5,00
	50m: 34.33 34.33 150m: 1:50.94		38.95 250m: 3:08.47	38.40	350m: 4:21.60	38.50				
	100m: 1:11.99 37.66 200m: 2:30.07		39.13 300m: 3:43.10	34.63	400m: 5:01.71	40.11				
30.	CASTAÑEDA QUINTERO, Juan	12	C.N. Martianez Coral Hotels						5:04.46	4,00
	50m: 33.22 33.22 150m: 1:49.15		38.89 250m: 3:07.89	39.20	350m: 4:26.35	39.33				
	100m: 1:10.26 37.04 200m: 2:28.69		39.54 300m: 3:47.02	39.13	400m: 5:04.46	38.11				
31.	SUAREZ BAEZ, Eloy	09	Cn.Salinas Sta.Lucia						5:07.01	3,00
	50m: 34.52 34.52 150m: 1:49.92		38.51 250m: 3:08.80	40.47	350m: 4:26.44	38.91				
	100m: 1:11.41 36.89 200m: 2:28.33		38.41 300m: 3:47.53	38.73	400m: 5:07.01	40.57				
32.	DIAZ CRUZ, Cayetano	06	C.P.Santa Mª De Guia						5:07.64	2,00
	50m: 33.26 33.26 150m: 1:49.13		38.99 250m: 3:08.42	39.88	350m: 4:28.75	40.27				
	100m: 1:10.14 36.88 200m: 2:28.54		39.41 300m: 3:48.48	40.06	400m: 5:07.64	38.89				

Prueba 44, Masc., 400m Libre, Absoluto Masculino

Clasificación					AN					Tiempo				
33.	MACHIN CABRERA, Roberto				93	C.N. Valleverde					5:11.70	1,00		
	50m:	34.46	34.46	150m:	1:51.53	38.80	250m:	3:11.71	40.28	350m:	4:33.90	40.82		
	100m:	1:12.73	38.27	200m:	2:31.43	39.90	300m:	3:53.08	41.37	400m:	5:11.70	37.80		
34.	HERNANDEZ SANTANA, Erik				11	C.N. Carucagua					5:14.41	-		
	50m:	34.99	34.99	150m:	1:54.52	40.11	250m:	3:15.28	41.59	350m:	4:32.03	35.69		
	100m:	1:14.41	39.42	200m:	2:33.69	39.17	300m:	3:56.34	41.06	400m:	5:14.41	42.38		
35.	RODRIGUEZ DE LA SIERRA GARCIA, 08or					C.N. Reales					5:16.47	-		
	50m:	33.50	33.50	150m:	1:51.92	40.07	250m:	3:13.11	40.44	350m:	4:35.26	40.60		
	100m:	1:11.85	38.35	200m:	2:32.67	40.75	300m:	3:54.66	41.55	400m:	5:16.47	41.21		
36.	GONZALEZ DIAZ, Raul				10	C.N. Reales					5:20.79	-		
	50m:	34.61	34.61	150m:	1:52.81	40.05	250m:	3:15.78	42.03	350m:	4:39.11	41.90		
	100m:	1:12.76	38.15	200m:	2:33.75	40.94	300m:	3:57.21	41.43	400m:	5:20.79	41.68		
37.	MATO VAZQUEZ, Rodrigo				13	C.D. Herbania					5:46.08	-		
	50m:	39.48	39.48	150m:	2:06.47	43.45	250m:	3:38.15	46.70	350m:	5:05.46	42.96		
	100m:	1:23.02	43.54	200m:	2:51.45	44.98	300m:	4:22.50	44.35	400m:	5:46.08	40.62		
38.	DIAZ MERCADO, Teo				12	C.N. Carucagua					5:55.39	-		
	50m:	40.44	40.44	150m:	2:12.36	46.29	250m:	3:44.41	46.27	350m:	5:15.00	44.23		
	100m:	1:26.07	45.63	200m:	2:58.14	45.78	300m:	4:30.77	46.36	400m:	5:55.39	40.39		
NP	GONZALEZ ALONSO, Airam				95	A.D. Santa Cruz						-		
NP	MARRERO DELGADO, Eduardo Alberto				99	C.N. Los Cristianos						-		

Prueba 45
23/11/2025

Fem., 4 x 100m Estilos

Absoluto Femenino
Resultados

Clasificación							Tiempo		
1.	C.N. Las Palmas 1			C.N. Las Palmas			4:19.54	76,00	
	,		30.30	1:03.07	,	0.00	29.79	1:04.48	
	,	0.00	35.45	1:15.84	,	0.00	27.06	56.15	
2.	C.N. Teneteide 1			C.N. Teneteide			4:26.99	68,00	
	MORENO ARMAS, Ainara	07	32.38	1:09.94	PORRERO MARTIN, Lucia	08	28.85	1:03.12	
	BASILI, Eleonora	06	35.27	1:15.95	BASILI, Veronica	08	27.42	57.98	
3.	C.N. Aguacan 1			C.N. Aguacan			4:35.24	62,00	
	HERNANDEZ CASTRILLO, Yessica		33.44	1:09.09	GONZALEZ GONZALEZ, Janeth	0.00	48.43	1:24.60	
	CERPA CABALLERO, Xiomara M	0.00	35.12	1:00.23	SARMIENTO OJEDA, Andrea	0.00	29.34	1:01.32	
4.	C.B. Dominicas Vistabella 1			C.B. Dominicas Vistabella			4:39.96	60,00	
	ORTEGA GUTIERREZ, Eugenia	11	34.62	1:11.36	DUQUE BROUARD, Elena	10	30.80	1:07.34	
	GONZALEZ QUINTANA, Valeria	08	36.55	1:20.37	NUÑEZ CATALAN, Maria	96	29.30	1:00.89	
5.	C.N. Los Cristianos 1			C.N. Los Cristianos			4:44.68	58,00	
	SAIZ PEREZ, Mar	08	34.63	1:13.01	RODRIGUEZ COLMENARES, Bella	09	33.32	1:09.67	
	MOURE GAO, Natalia	11	38.32	1:21.54	VICTORES DOMINGUEZ, Maria Carl	08		1:00.46	
6.	Cn.Salinas Sta.Lucia 1			Cn.Salinas Sta.Lucia			4:45.47	56,00	
	,		33.70	1:09.22	,	0.00	33.52	1:12.99	
	,	0.00	35.86	1:17.94	,	0.00	30.86	1:05.32	
7.	C.N. Martianeze Coral Hotels 1			C.N. Martianeze Coral Hotels			4:49.71	54,00	
	WOLGESCHAFFEN FERNANDEZ, So	34.65	1:13.31	SCARPA, Barbara	08	32.06	1:11.32		
	DIAZ PEREZ, Leyla	13	37.24	1:21.79	SOSA HERNANDEZ, Andrea Esthe	04	29.40	1:03.29	
8.	C.D. N. Bentacu-Laguna 1			C.D. N. Bentacu-Laguna			4:52.18	52,00	
	RODRIGUEZ FERRERA, Diana	12	36.99	1:15.50	HERNANDEZ ALMENARA, Nerea	07	31.69	1:10.52	
	IZAGUIRRE NESSI, Kassandra Isab	08	36.89	1:19.76	UHEROVA DIAZ-MASA, Carmen	12	31.53	1:06.40	
9.	Esna Lanzarote 1			Esna Lanzarote			4:54.89	50,00	
	,		35.70	1:14.48	,	0.00	33.34	1:11.65	
	,	0.00	38.10	1:22.06	,	0.00	33.12	1:06.70	

Prueba 45, Fem., 4 x 100m Estilos, Absoluto Femenino

Clasificación

Tiempo

10.	A.D. Santa Cruz 1				A.D. Santa Cruz			4:58.87	48,00
	HERNANDEZ SANCHEZ, Lara	02	35.56	1:13.74	FERNANDEZ AGUIRRE, Lola	12	35.74	1:18.13	
	CALVICHE FERNANDEZ, Nazaret	87	38.21	1:21.77	CABRERA SUAREZ, Julia	09	30.63	1:05.23	
11.	Club Deportivo Agaeterun 1				Club Deportivo Agaeterun			5:04.59	46,00
	ALAMO SANTOS, Rocio		40.37	1:21.69	QUINTILLA MODREGO, Laia	0.00	31.35	1:07.27	
	ALAMO HERRERA, Julia	0.00	41.74	1:29.77	QUINTANA SUAREZ, Miriam	+0,41	31.70	1:05.86	
12.	C.D. Nonadamos 1				C.D. Nonadamos			5:08.12	44,00
	,		36.35	1:14.81	,	0.00	36.20	1:19.54	
	,	0.00	39.15	1:24.35	,	0.00	32.72	1:09.42	
13.	C.N. Carucagua 1				C.N. Carucagua			5:10.00	42,00
	,		36.36	1:14.77	,	0.00	36.49	1:19.31	
	,	0.00	41.27	1:26.24	,	0.00	33.30	1:09.68	
14.	C.D. Herbania 1				C.D. Herbania			5:18.60	40,00
	,		37.25	1:17.53	,	0.00	40.08	1:28.51	
	,	0.00	37.26	1:21.63	,	0.00	33.82	1:10.93	
15.	R.C. Naut. Tenerife 1				R.C. Naut. Tenerife			5:22.05	38,00
	DIAZ DE LOSADA BUJAN, Silvia	0.00	34.73	1:12.54	IBAÑEZ MARTINEZ, Beatriz	0.00	38.47	1:29.15	
	GONZALEZ ALONSO, Silvia	0.00	41.85	1:32.30	DELGADO BARDON, Alicia	0.00	32.16	1:08.06	
16.	C.N..Faynagua C. Telde 1				C.N..Faynagua C. Telde			5:22.16	36,00
	,		38.91	1:19.44	,	0.00	33.16	1:12.87	
	,	0.00	44.47	1:35.45	,	0.00	35.62	1:14.40	
17.	C.N. Valleverde 1				C.N. Valleverde			5:31.72	34,00
	TABARES HERNANDEZ, Daniela		40.03	1:22.87	PERCANNELLA, Giada	0.00	35.61	1:18.44	
	DE MARCO CASTAÑO, Natalia	0.00	42.38	1:31.84	GONZALEZ MARRERO, Isabel	De0.00	36.68	1:18.57	
DSQ	C.N. Metropole 1				C.N. Metropole				-
	BATISTA RIOS, Marta, WOOD MESA, Maria, CABALLERO RUIZ, Elena, PEREZ RAMOS, Alba								
DSQ	C.N. Reales 1				C.N. Reales				-
	<i>DVI - Desc Viraje Irregular</i>								
	HERNANDEZ RODRIGUEZ, Mabel, CABRERA HERNANDEZ, Eva, ROMERO LOPEZ, Leire, DIETRICH, Katerina								
Baja	C.N. Villa De Agüimes 2016 1				C.N. Villa De Agüimes 2016				-

Prueba 46
23/11/2025

Masc., 4 x 100m Estilos

Absoluto Masculino
Resultados

Clasificación

Tiempo

1.	C.N. Teneteide 1				C.N. Teneteide			3:52.83	76,00
	BELAMENDIA COTORRUELO, Gera	07	27.70	58.61	GONZALEZ NEGRIN, Aquiles	08	26.08	57.02	
	SEGARRA SANMARTIN, Jorge	99	30.89	1:06.11	PORRERO MARTIN, Jorge	07	24.06	51.09	
2.	C.N. Aguacan 1				C.N. Aguacan			3:58.56	68,00
	MARTIN SUAREZ, Alejandro		29.17	1:00.65	MAÑOJIL CABRERA, Sergio	0.00	25.70	56.13	
	CERPA CABALLERO, Jonay	Salv0.00	31.58	1:07.63	SALUTREGUI GOMEZ, Nicolas	0.00	26.20	54.15	
3.	R.C. Naut. Tenerife 1				R.C. Naut. Tenerife			3:58.59	62,00
	TALLO PEREZ, Bruno	10	29.87	1:01.47	CAPLLONCH DE UÑA, Ismael	07	27.05	58.75	
	KHILKO, Sergiy	86	29.09	1:03.19	ESTRELLA PADRON, Javier	01	26.12	55.18	
4.	C.N. Metropole 1				C.N. Metropole			3:58.96	60,00
	GARCIA CARRETERO, Nicolas		29.85	1:01.25	VACCARI MARCHETTI, Federico	0.00	26.87	58.22	
	SANCHEZ MEDINA, Ian	0.00	29.33	1:03.02	ACOSTA ARMAS, Agoney	0.00	27.38	56.47	
5.	A.D. Santa Cruz 1				A.D. Santa Cruz			3:59.68	58,00
	PRIETO RODRIGUEZ, Daniel	00	28.13	58.05	GARCIA LOPEZ, Javier	99	27.28	1:00.73	
	AFANASEV, Vadim	03	30.87	1:07.30	GUADALUPE NEGRIN, Jorge	Rams03		53.60	

Prueba 46, Masc., 4 x 100m Estilos, Absoluto Masculino

Clasificación

Tiempo

6.	C.N. Los Cristianos 1				C.N. Los Cristianos	4:02.36	56,00
	SANCHEZ FERNANDEZ, Gregory	09	30.06	1:02.63	PEREZ KANDRATOVICH, Lenin Rai	08	27.07 58.47
	AFONSO SUAREZ, Ivan	96	30.87	1:07.00	AMATI, Nicolo	10	25.85 54.26
7.	C.B. Dominicas Vistabella 1				C.B. Dominicas Vistabella	4:04.54	54,00
	MORENO ALVAREZ, Alexis	08	29.86	1:01.89	DUQUE BROUARD, Daniel	08	28.00 1:01.59
	RAVELO SUAREZ, Antonio Jesus	09	31.04	1:05.08	ESTEVEZ GALVEZ, Carlos	08	26.36 55.98
8.	C.N. Martianez Coral Hotels 1				C.N. Martianez Coral Hotels	4:07.10	52,00
	MARTIN GARCIA, Mario	04	29.40	1:00.74	HOLZENDORF DIONIS, Thomas	97	27.54 1:00.14
	GONZALEZ SUAREZ, Ivan	92	33.01	1:11.44	RAMOS DELGADO, Gabriel	05	26.18 54.78
9.	C.D. N. Bentacu-Laguna 1				C.D. N. Bentacu-Laguna	4:09.30	50,00
	QUIJADA PEREZ, Saul Alejandro	10	29.40	1:00.76	KEY RAMIREZ, Octavio Jose	10	28.18 1:01.22
	GONZALEZ BAIK, Angel Nuri	04	33.07	1:10.02	IZAGUIRRE NESSI, Anthony Xavier	11	27.52 57.30
10.	Esna Lanzarote 1				Esna Lanzarote	4:10.57	48,00
	COLODRERO MUÑOZ, Ivan		30.94	1:04.86	MANZATTO VACCARO, Nicolas	0.00	27.77 1:01.09
	ALVAREZ VALENCIA, Nestor	0.00	31.40	1:08.10	BETANCORT RODRIGUEZ, Javier	0.00	26.97 56.52
11.	Cn.Salinas Sta.Lucia 1				Cn.Salinas Sta.Lucia	4:18.11	46,00
	LOPEZ GARCIA, Andreas		31.33	1:03.75	OUBIÑA CORVALAN, Marcos A	0.00	29.21 1:03.67
	CARDONA RAMIREZ, Jose Migue	0.00	35.65	1:17.19	VILLANUEVA JODKO, Aleksandr	0.00	25.31 53.50
12.	C.D. Nonadamos 1				C.D. Nonadamos	4:25.34	44,00
	,		32.52	1:06.90	,	+0,18	29.52 1:04.09
	,	0.00	33.04	1:13.56	,	+0,62	29.10 1:00.79
13.	Club Deportivo Agaeterun 1				Club Deportivo Agaeterun	4:32.05	42,00
	MONZON HENRIQUEZ, Hugo	10	31.86	1:05.96	DAMIANI, Giorgio	12	31.78 1:09.10
	BENITEZ SUAREZ, Jorge	09	36.19	1:18.19	ALAMO ESPINO, Joaquin	09	28.56 58.80
14.	C.N..Faynagua C. Telde 1				C.N..Faynagua C. Telde	4:32.88	40,00
	CAMPANALUNGA MORALES, Enzo		33.68	1:10.44	CARAMES HUERTAS, Oriol	0.00	30.91 1:07.53
	CABRERA WINTER, Alvaro	0.00	36.03	1:17.73	SANTANA SARMIENTO, Miguel	0.00	28.15 57.18
15.	C.D. Herbania 1				C.D. Herbania	4:33.08	38,00
	TOBAL FEBLES, Gabriel		34.29	1:09.36	AVERO RODRIGUEZ, Angel	0.00	30.18 1:04.03
	CARRERO SERRANO, Marcos D	0.00	33.00	1:11.13	MICO FERNANDEZ, Pedro	0.00	31.84 1:08.56
16.	C.N. Carucagua 1				C.N. Carucagua	4:35.73	36,00
	,		33.72	1:10.04	,		31.45 1:08.71
	,		35.39	1:15.83	,		29.23 1:01.15
17.	C.N. Valleverde 1				C.N. Valleverde	4:41.48	34,00
	SOSA LA CAMERA, Daniel Nauzet	10	34.24	1:12.23	HERNANDEZ PEREZ, Abian	09	33.21 1:14.59
	BEDOYA OTERO, Omar	81	34.88	1:13.96	MATEO HERNANDEZ, Alexis	10	28.89 1:00.70
18.	C.P.Santa Mª De Guia 1				C.P.Santa Mª De Guia	4:54.56	32,00
	,		37.03	1:15.81	,		29.00 1:03.12
	,		38.60	1:23.62	,		34.80 1:12.01
19.	C.N. Villa De Agüimes 2016 1				C.N. Villa De Agüimes 2016	5:18.29	30,00
	,		35.44	1:12.81	RODRIGUEZ SANTANA, Mario	13	33.84 1:14.25
	SUAREZ ORTEGA, Aaron	13	47.62	1:40.09	CARRETERO LLARENA, Yeron	10	32.62 1:11.14
DSQ	C.N. Reales 1				C.N. Reales		-
	DNI - Desc Nado Irregular						
	RODRIGUEZ DE LA SIERRA GARCIA, Aitor, GONZALEZ DIAZ, Raul, CARBALLO DE ARA, Jorel, MELIAN HERNANDEZ, Kenay						